## **Personality Test**

Taken from Florence Littauer's Personality Plus: How to Understand Others by Understanding Yourself

Directions: In each of the following rows of four words across, choose the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

If you are filling out the PDF version, mark your boxes with the number 1 to auto-calculate your totals.

## **Strengths** Animated Analytical 1. Adventurous Adaptable 2. Playful Peaceful Persistent Persuasive 3. Submissive Self sacrificing Sociable Strong willed 4. Considerate Controlled Competitive Convincing Refreshing Respectful Reserved Resourceful 5. Spirited Satisfied Sensitive Self reliant 6. 7. Planner Patient Positive Promoter 8. Sure Spontaneous Scheduled Shy 9. Orderly Obliging Outspoken Optimistic 10. Friendly Faithful **Funny** Forceful Diplomatic Detailed 11. Daring Delightful 12. Cheerful Consistent Cultured Confident Idealistic Independent Inoffensive Inspiring 13. Dry Humor Demonstrative Decisive Deep 14. Musical Mover Mixes easily Mediator 15. Thoughtful **Tenacious** Talker Tolerant 16. 17. Listener Loyal Leader Lively Contented Chief Chart maker Cute 18. Perfectionist Pleasant Productive **Popular** 19. Behaved Balanced 20. Bouncy Bold Weaknesses 21. Blank Bashful **Brassy Bossy** 22. Undisciplined Unsympathetic Unenthusiastic Unforgiving Repetitious Reticent Resentful Resistant 23. Fearful Frank 24. Fussy Forgetful Indecisive **Impatient** Insecure Interrupts 25. Unpopular Uninvolved Unpredictable Unaffectionate 26. Headstrong Hard to please Hesitant 27. Haphazard 28. Plain Pessimistic Proud Permissive 29. Angered easily Aimless Argumentative Alienated Naive Negative attitude Nervy Nonchalant 30. Withdrawn Workaholic Wants credit 31. Worrier Timid 32. Too sensitive **Tactless** Talkative Doubtful Disorganized Domineering Depressed 33. Indifferent 34. Inconsistent Introvert Intolerant 35. Messy Moody Mumbles Manipulative Slow Stubborn Show-off Skeptical 36. 37. Loner Lord over others Lazy Loud Sluggish Short tempered Scatterbrained 38. Suspicious 39. Revengeful Restless Reluctant Rash

Compromising

40.

Critical

Crafty

Changeable

## Personality Scoring Sheet

Transfer all your marks from the first sheet to this sheet and add up your totals.

The words are in a different order on the profile and scoring sheets

Strengths

	<b>Popular Sanguine</b>	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1.	Animated	Adventurous	Analytical	Adaptable
2.	Playful	Persuasive	Persistent	Peaceful
3.	Sociable	Strong Willed	Self sacrificing	Submissive
4.	Convincing	Competitive	Considerate	Controlled
5.	Refreshing	Resourceful	Respectful	Reserved
6.	Spirited	Self reliant	Sensitive	Satisfied
7.	Promoter	Positive	Planner	Patient
8.	Spontaneous	Sure	Scheduled	Shy
9.	Optimistic	Outspoken	Orderly	Obliging
10.	Funny	Forceful	Faithful	Friendly
11.	Delightful	Daring	Detailed	Diplomatic
12.	Cheerful	Confident	Cultured	Consistent
13.	Inspiring	Independent	Idealistic	Inoffensive
14.	Demonstrative	Decisive	Deep	Dry humor
15.	Mixes easily	Mover	Musical	Mediator
16.	Talker	Tenacious	Thoughtful	Tolerant
17.	Lively	Leader	Loyal	Listener
18.	Cute	Chief	Chart maker	Contented
19.	Popular	Productive	Perfectionist	Pleasant
20.	Bouncy	Bold	Behaved	Balanced
Weaknesses				
21.	Brassy	Bossy	Bashful	Blank
22.	Undisciplined	Unsympathetic	Unforgiving	Unenthusiastic
23.	Repetitious	Resistant	Resentful	Reticent
24.	Forgetful	Frank	Fussy	Fearful
25.	Interrupts	Impatient	Insecure	Indecisive
26.	Unpredictable	Unaffectionate	Unpopular	Uninvolved
27.	Haphazard	Headstrong	Hard to please	Hesitant
28.	Permissive	Proud	Pessimistic	Plain
29.	Angered easily	Argumentative	Alienated	Aimless
30.	Naive	Nervy	Negative attitude	Nonchalant
31.	Wants credit	Workaholic	Withdrawn	Worrier
32.	Talkative	Tactless	Too sensitive	Timid
33.	Disorganized	Domineering	Depressed	Doubtful
34.	Inconsistent	Intolerant	Introvert	Indifferent
35.	Messy	Manipulative	Moody	Mumbles
36.	Show-off	Stubborn	Skeptical	Slow
37.	Loud	Lord over others	Loner	Lazy
38.	Scatterbrained	Short tempered	Suspicious	Sluggish
39.	Restless	Rash	Revengeful	Reluctant
40.	Changeable	Crafty	Critical	Compromising
Totals:				

This test is very easy to interpret. Once you've transferred your answers to the scoring sheet, added your totals in each of the four columns, you'll know your dominant personality type (and least dominant type). You'll also know what combination you are.

\*\*Note: As Christians, and especially as Christian leaders, we should use personality tests to better understand ourselves and others. They are not intended to lock us in to one particular personality. i.e. We are not allowed to blame our sin on our personality type. We are not slaves to our personality, we are slaves to Christ. If Christ is changing us day by day, He will sand away our rough edges so that we will become more like Him.