

## 2 Instructions for Deliverance

FOR GOD DID NOT CALL US TO UNCLEANNES,  
BUT IN HOLINESS.  
THEREFORE HE WHO REJECTS THIS  
DOES NOT REJECT MAN, BUT GOD.  
1 Thessalonians 4:7,8

The following seven prayers are seven steps suggested to take you through deliverance. These prayers are anointed by the Holy Spirit. The Lord will hear these prayers if you are truly seeking Him. But the Lord does not hear the prayers of every man.

**But your iniquities have separated you from your God;  
And your sins have hidden His face from you,  
So that He will not hear.**

Isa.59:2

**Now we know that God does not hear sinners;  
But if anyone is a worshiper of God and does His will,  
He hears him.**

Jo.9:31

However, you will know very soon that the Lord has heard you, if you put these prayers into action.

## 1. PRAYER FOR INWARD CLEANSING

Dear Heavenly Father,  
 You are the deliverer of my soul,  
 You are the Father God  
 Who forgives forever all my iniquities,  
 Who healeth all my diseases (Ps.103:3).  
 Father, You said, "If I regard iniquity in my heart,  
 You will not hear me" (Ps.66:18).  
 For You, Father, desire truth in my inward parts,  
 And in the hidden part  
 You shall make me to know Your wisdom (Ps.51:6).  
 For I know that the sacrifices that You require  
 To be acceptable unto repentance, O God,  
 Are a broken spirit,  
 A broken and contrite heart (Ps:51:17).  
 Try me and know my thoughts,  
 And see if there be any iniquity found in my hidden parts  
 And lead me in the way of the everlasting (Ps.139:23).

I ask You now, Father God,  
 To name my iniquity and remove it  
 From the very midst of my hidden parts  
 As I name each iniquity,  
 And create in me a clean heart, O God,  
 And renew a right spirit within me (Ps.51:10).  
 (pause and listen and name your iniquities)

Father God, purge me with hyssop  
 And I shall be clean;  
 Wash me, O Lord,  
 And I shall be whiter than snow; (Ps.51:7)  
 Wash me thoroughly from mine iniquity  
 And cleanse me from my sin (Ps.51:2).

Father God, I ask that You now open my lips,  
 And let my mouth speak forth Thy praise  
 Unto all Your people (Ps.51:15).  
 Thank You, oh thank You, wonderful Heavenly Father,  
 Blessed by the Lord God of Israel  
 From everlasting unto everlasting!  
 Amen and amen (Ps.41:1).

Father God, I thank You now for hearing my prayer  
 And creating within me a clean and wonderfully new heart  
 After Your own.

In Jesus name, amen-amen

## Instructions for Deliverance

The first step in deliverance is to identify the spirit and the iniquity. They must be identified by name in most instances. Here are seven ways that the spirit and the iniquity may be identified.

**Prayer.** The Lord may reveal iniquity while you are in prayer. In the prayer above there is a place to pause and wait for the Holy Spirit to reveal iniquities. Pause after you have asked God to name your iniquities and then write them down as you receive them. (Through this prayer you may also learn to know the Lord's voice.) Repeat this prayer often until revelational knowledge is granted. Pray it several times daily as iniquity is revealed and cleansed. Your period of greatest deliverance will be in your first three years. Total cleansing of your iniquity may not happen on this earth.

**Dreams.** All dreams in deep sleep are from God (Job 33:14-18). The Lord will reveal iniquity and demons in dreams. They may be identified in the dream either by name or implication. It is a special blessing when they are identified by name. Most often they are given by implication. In such cases you must search and ask the Holy Spirit to reveal the meaning of the dream (Pr.25:2)

Animals and gangster types in a dream usually represent demons. A particularly wicked spirit is represented by a serpent. Cats usually represent control spirits (a spirit that works at controlling others). Dogs represent demons. Large animals may represent major strongholds of demons, etc. (see Ps. 22:12,13, 20, 21).

The Lord's methods of representing evil spirits are limitless. In one example, you may walk up to a person in a dream and say, "You have the spirit of arrogance". In that case the Lord never uses a lie to tell the truth. But the Lord is not trying to show you another person's spirit. He is showing you that you are that person in regards to this spirit. Through such an example you can see it and understand it, and you may pray for that person, that you might be healed (Jas.5:16). In another example the spirit may be revealed in a situation, or as a strange creature, or a word, etc. In general every person, animal or creature in your dreams represents you. And what He is showing you is not how good you are or how special you are. He is showing you what He does not like in your life. He is showing you what He wants you to get rid of. This is almost without exception, so don't fall into deception according to 2 Thessalonians 2:11. If someone,(especially a spouse),

is portrayed often in your dreams in an evil guise, you may rest assured that the person represents you. Don't fall into deception because of some hate or judgment inside toward that person and believe that the Lord is showing you someone else. The Lord may be using that person to represent you because He sees that hate inside you and wants you to hate that evil in yourself instead of in that person. He is showing you how you are that one you've hated or judged. (See Ro.2:1 and 25a,12:1-7) Nearly every dream you have will be a rebuke to you so that you may see where you are erring. But you can't discover the truth in them when you want to believe a lie.

#### GOD SPEAKS TO US IN DREAMS:

Genesis 20:3,6; 31:10,11,24; 37:5-10; 40; 41; 42:9  
 Numbers 12:6; Deuteronomy 13:1-5; Judges 7:13-15  
 1 Samuel 28:15; 1 Kings 3:5-15; Job 7:14; 33:14-18  
 Daniel 1:17; 2; 4; 7; Joel 2:28; Zechariah 4:8-13  
 Matthew 1:20; 2:12,13,19, 22; 27:19; Acts 2:17

In these numerous scriptures from throughout the Bible, God shows us that He is the one and only author of the dreams that come to us in deep sleep. Those of the Old Testament did not question that dreams come from God. But man of today does not know where his dreams come from.

As you practice this book, your dreams will reveal its contents in greater depth. They will reveal not only where you are falling short, but occasionally, when you have sought diligently, and according to your heart, you may receive Scripture references (Any number in a dream may be a veiled Scripture reference. Hint: the first part of the number may be the book number.) and messages from the Lord. You may also receive prophetic dreams. Many dreams will be warnings for the immediate days ahead. The Lord instructs your spirit so that you may not fall into danger, sin, or temptation. Most prophetic dreams are for the near future, but some may foretell events that are to fall upon all mankind during the latter and end days prophesied in Scripture.

Those who God has called and chosen and who chose to be His are usually given dreams by God to direct and correct their ways. If through stubbornness and rebellion a man fails to obey God's instructions, God may cease to instruct him through

dreams because the man has been told his sin and iniquity, yet he refuses to repent and change. Therefore God may cease the dreams and no longer deal with him as God did with King Saul and others in the Scriptures (1Sa.28:15).

Excretion, commodes, sinks and bathtubs in a dream represent the need for deliverance. If a situation in a dream is followed by a trip to the bathroom, then you need deliverance from the spirits in that situation. The Lord uses cleansing as a metaphor of deliverance in dreams, just as in Scripture. This latter fact shows clearly how only through the word can dreams be understood. And only through anointed dream interpretation, or revelation by the Holy Spirit in prayer, may they be interpreted (Da.2; Ge.40:8). The mind can make countless interpretations, but only the Spirit can reveal the meaning that God intended.

In the beginning of your deliverance, the Lord will give you many dreams showing you spirits in your life. One dream may show you many spirits. Write them down as you seek the Holy Spirit's revelation of the dream. It is not necessary to understand each and every dream. God will reveal the meaning of your dream to your spirit if you ask Him. Commit each dream to Him and ask Him to seal the instructions from the dream in your spirit.

**For God may speak in one way, or in another,  
Yet man does not perceive it.**

**In a dream, in a vision of the night,  
When deep sleep falls upon men,  
While slumbering on their beds,  
Then He opens the ears of men,  
And seals their instruction.**

**In order to turn man from his deed,  
And conceal pride from man,  
He keeps back his soul from the Pit,  
And his life from perishing by the sword.**

Job 33:14-18

Dreams will be a faithful witness that your deliverance is true, even though the enemy is unseen, because the Lord will continue to reveal spirits to you as you continue your deliverance. Then, once all the spirits are cast out in a given area, you will cease to have dreams in that area.

**Past experience.** You may know you have a spirit by your past experience. Any sin in your life, or any persistent problem is indicative of a spirit. If at any time in your past

you have lied, lusted, complained, fought, etc., then you may have that spirit of lying, lusting, complaining, fighting, etc. Even though you think you have ceased to lie or fight, the spirit will remain until the iniquity is submitted to the baptism of fire and the spirit is cast out. Until this is done, even though the spirit and desire (iniquity) are covered and hidden, they will still manifest when temptation overrides self-control. This is why such unexpected and unseemly behavior comes out of people when they are weak, tired, angry, off-guard, intoxicated, getting old, hungry, under pressure, etc. The covers of the mind are slipping down and their true spiritual self is rising up and taking over. This is true demon and foreign god worship.

**Bothers and sisters.** Spirits may also be revealed to you through others (Pr.27:6). If your spouse, your friend, or your enemy says you have a trait, or thinks you have a trait, pay attention, even if you think their motives are wrong. It may be that the Lord put those words in their mouth (2Sa.16:11-13). Or, if you have ever been called a name you don't like, it most probably is a spirit you have within or upon you. So find these things, don't ignore them!

**The refining pot for silver and the furnace for gold,  
And a man by what others say of him.**

Pr.27:21

Another way that spirits may be revealed to us is through the negative reactions that we sometimes have with others. Negative reactions can occur between people when they have a spirit in common. In this circumstance, we see in others what is in ourself. A person with an evil spirit can detect it in others because the spirit will point it out to him in his mind. Therefore, a person may think you are "conceited" because his conceited spirit is reacting to your conceited spirit, even if you are not manifesting it at the time. The same applies with any other spirit.

If you do not have any flaws in yourself, you will not look for flaws in others (Tit.1:15).

**Love thinks no evil.**

1 Co.13:5

A person judges others by himself. All that you see in others, your spouse included, is in yourself in one form or another. So the things you see in others tells you what is inside yourself.

**Therefore you are inexcusable, O man,  
Whoever you are who judge,**

**for in whatever you judge another you condemn yourself;  
for you who judge practice the same things.**

Ro.2:1

If you pray that the Lord test your heart (Ps.7:8,9), you will find yourself in situations that reveal what has been hidden in your heart. Be prepared to recognize the spirit in you, rather than what the other person did wrong. The Lord is dealing with you and He will correct the other person in His time (see Ro.14:4; La.3:38).

**The ear that hears the reproof of life  
Will abide among the wise.**

Pr.15:31

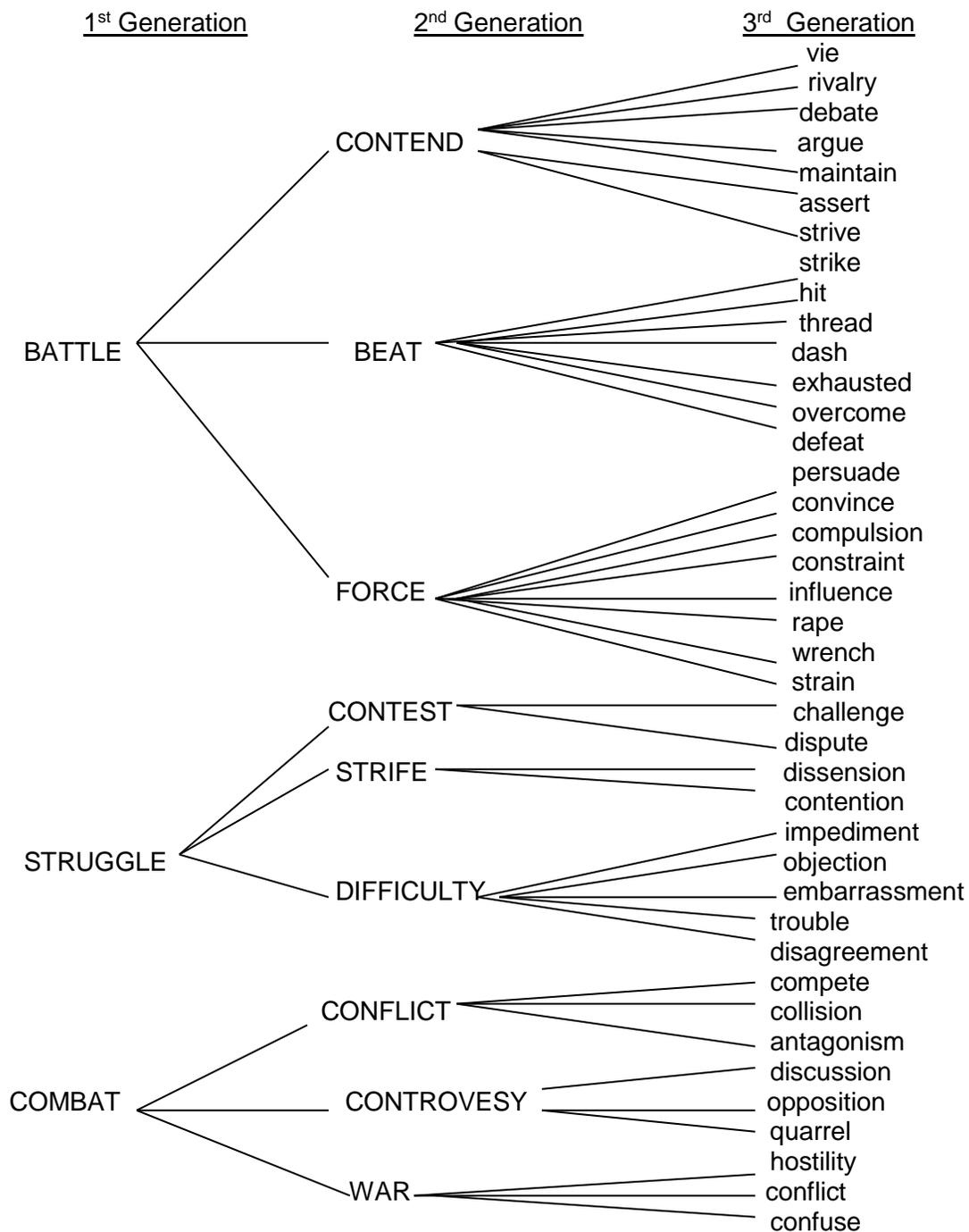
**Inheritance.** Iniquity is inherited from our father and forefathers (Ex.20:5,6). However, the Scripture says of man and woman that the two shall become one flesh. That is, the two will produce one flesh child with the characteristics and iniquities of them both. This is why man has grown more evil with each generation.

Therefore, what our parents have, we have. If our father was an alcoholic, then we will have that iniquity. Even if we do not drink, the desire is still latent and would manifest under true testing. The same holds true for any other iniquity. Inherited iniquities may go back three or four generations.

**The dictionary.** It is wise to search out all the roots and parameters of any iniquity that has been a major problem in your life. In such cases, make a “tree” or genealogy of the iniquity by tracing the dictionary definition of the iniquity through its children to the third or fourth generation. For example, if the iniquity is “fighting”, look up this word and write down all the spirits that are given to define fighting. This will give the first generation: battle, combat, struggle, contend, disagree, etc. Then look up the spirits given to define each of these. This will give the second generation. And the third generation is derived from the second generation in the same way, and so on into the fourth generation. Then name each one as you submit it for the baptism of fire and cast them out all together.

If you do not know the meanings of the names of the spirits cast out, then you have not truly identified nor confessed the spirit in your life. Your deliverance is thus incomplete and you may have to return and repeat this part of your deliverance. God does not need you to go through empty rituals for Him. He wants you to see the spirit in your life and get rid of it. He wants you to get to the bottom of the entire “tree” of an iniquity and pull it out by the roots.

“FIGHT”, TREE (example)



Use the dictionary to find out how a spirit has been operating in your life. When the Lord reveals the name of a spirit, He uses the dictionary definition for that word. Often our understanding of a word is limited and not quite accurate. Common words we think are good, like “terrific”, may turn out to be not so good in its definition. The dictionary and/or concordance will show unexpected aspects in a spirit, and its relationship to other spirits. It is like the mirror image of an area of bondage in our life.

The spirits and iniquities of your children may be identified in the same way. In God’s sight, the deliverance of your children is your responsibility. It should begin as early as possible. If you ask and pray for their cleansing, the Lord will give you dreams revealing their spirits. You may be amazed at the evil spirits such little ones have. But remember, they have received such spirits due to your iniquities. If you do not take care of their deliverance the Lord will rebuke you and call upon you to do so. And after their deliverance you must discipline your children to resist the return of these spirits (M’t.12:43-45). There is much given in the Book of Proverbs on the discipline of children. (see Eph.6:1-9)

## II. THE ANOINTING OF THE HOLY SPIRIT

After the spirit(s) has been identified, you are ready to begin the process of casting out the spirit. The first step in this process is to ask for the anointing of the Holy Spirit. One should ask for this anointing before each deliverance. One might pray for the anointing of the Holy Spirit as given in the prayer below.

In deliverance, you will need the power of the Holy Spirit (Ac.10:38), and the gifts of the Holy Spirit. The gifts of the Holy Spirit include the discerning of spirits, the word of knowledge, wisdom, and faith (1Co.12:8-11). Ask in faith and the Lord will give you the power and the gifts necessary during deliverance, because He desires that you be cleansed.

**For God did not call us to uncleanness,  
but in holiness.**

**Therefore he who rejects this  
Does not reject man, but God,  
Who have also given us His Holy Spirit.**

1Th.4:7,8

**Most Precious Heavenly Father,  
 I thank You that Your mighty hand is upon Your people  
 And that You are our defender  
 And the hope of our deliverance.  
 I am thankful that you cleanse that which is Yours  
 And that You go before us  
 To drive out the uncleanness within us.  
 I praise You for Your mighty power  
 And for the Name of Your only begotten Son, Jesus Christ,  
 Whose Name is above all names in heaven and earth.  
 In that Name, Father,  
 The Name of Your beloved Son, Jesus Christ,  
 I ask for the anointing of Your Holy Spirit,  
 As I commit myself to do Your will.  
 And I ask that with that anointing,  
 I speak with power and authority,  
 Allowing Your Holy Spirit to speak through me,  
 That in the Name of Jesus, the Word,  
 All fears and powers of darkness flee upon command.  
 I receive this anointing by faith, Father God,  
 And I praise You for being the One and only God  
 And the Creator of all the universe.  
 All blessings and all honor and all glory be Yours, Lord,  
 Forever and ever.  
 Thank you Heavenly Father. Amen.**

### **III. REPENTANCE**

You must have deep godly sorrow unto repentance on every area of iniquity and sin before you can be truly free in the area. The following prayer is a suggested format for your prayers unto repentance. When you pray, your words must correspond to God's words if you want Him to hear you.

**Jesus,**

**I have sinned, O Lord, I have sinned, and I acknowledge my iniquities: I humbly beseech You, forgive me, O Lord, forgive me, and do not destroy me with my iniquities. Do not be angry with me forever. For You are the God, even the God of them that repent; show me Your goodness and save me, that am unworthy, according to Your great mercy, that I may praise You forever all the days of my life: for all the powers of the heavens do praise You, for Yours is the glory forever....**

#### IV. THE BAPTISM OF FIRE

**Father God,**  
**I give you my will over the iniquity of**  
(name and describe the iniquity fully)  
**With all its roots and parameters**  
 (all its children to the fourth generation as defined in  
 Webster's and the Concordance),  
**And Father, I ask You to go back**  
**To the moment of my conception**  
**To include those iniquities I have inherited**  
**From my parents and grandparents**  
**To the fourth generation,**  
**And then, Father, go forward day by day through my life**  
**In every thought, word, deed, and action,**  
**And even the intent of the thought of my heart,**  
**And burn out by the baptism of fire**  
**All this iniquity from my body,**  
**My mind, my soul, my heart, my spirit,**  
**And from all my hidden and secret parts,**  
**So that it be found no more within me, forever,**  
**Now and throughout all eternity,**  
**Not even in the intents of my thoughts.**  
**Thank you Heavenly Father**  
**For cleansing me of this iniquity,**  
**In Jesus' name, Amen.**

(Ps.51; M't3:11; Ps.32:1; Ex.20:5; Ex.34:7; Eph.5:27)

When you submit your will over an iniquity according to this prayer to the baptism of fire, the Lord will burn it out of you (For further understanding see the chapter on the baptism of fire.) As you give the Lord your will over each iniquity, you should reflect inwardly on its meaning and its extent in your life. Desire that it be out of your life completely.

Parents may take authority of their children's will over an iniquity and give it to the Lord for the baptism of fire. As soon as the child is able, he should begin to recite the prayer.

Your entire household is part of you in the Lord's sight and must also be cleaned out. Any physical thing in your

possession that is an abomination to the Lord gives the enemy a foothold in your life and must be removed, destroyed or burned before you can find freedom (see De.7:26). Demons can remain in your household as long as these things are present. Plead the blood of Jesus over them and curse them in the name of Jesus. Then destroy them. The Lord will reveal the things He doesn't want in your house. These things include immoral paintings and music, crucifixes, rosaries, statues of "Mother Mary" (with or without a child), pictures, statues, or medals of "saints", Budhas, or any kind of religious paraphernalia. These also include such items produced in demon (Satan) worship countries such as Haiti, the West Indies, The Phillipines, and books of eastern religions, witchcraft, magic, etc. Sometimes we do not want to see these things as against God because we do not want to give them up. But God will often remind us in a dream and in our heart, until we get rid of them, if we are His people.

## **V. PROTECTION DURING DELIVERANCE**

**I plead the blood of Jesus  
Upon this entire household  
And upon all those in this vicinity,  
And upon all my physical and spiritual family members.**

**I command you evil spirits when you come out  
To go straight to the caves of the earth (Isa.2:18,19)  
Without stopping on another person  
And remain there until your day of judgment  
And never return to this soul,  
In Christ Jesus' name.**

This step is very important for the protection of your neighbors and kin during deliverance. As the spirit leaves it can enter another member of your household or your neighbors or even your pets, if they are not covered by the blood of Jesus (Ac.19:16). The protection of the blood covering of Jesus was symbolized by the Passover in Egypt. The Lord spoke to Moses and Aaron in Egypt, saying, "The lamb shall be without blemish...And they shall take some of the blood and put it on the doorpost and on the lintel of the houses...It will come to pass when you come to the land which the Lord will give you, just as He promised you, that you shall keep this service...It is the Passover of sacrifice of the

Lord, who passed over the houses of the children of Israel in Egypt when He struck the Egyptians and delivered our households” (Ex.12).

In this passage, the lamb without blemish stands for Jesus who is the Lord’s sacrifice for us. Egypt stands for the body of sin in which we dwell. Those in Egypt are those in the flesh. The Egyptians in this context represent demons holding those in the flesh in bondage.

It says later in the New Testament that, “The blood of Jesus Christ His Son cleanses us from all sin” (1Jo.1:7). “Cleanses” means in the Greek translation that it is an ongoing process.

This same protection should be applied in other circumstances as well. The head of the household could at first plead the blood of Jesus upon each member of his household each morning when he arises. It may also be prayed in confrontation with the enemy. It is total protection from Satan and all the powers of darkness. It is also wise to put on the whole armor of God each day by praying and understanding Ephesians 6:10-18.

## **VI. BINDING AND CASTING OUT THE SPIRIT**

This prayer is to be used after:

1. Repenting on the sin as necessary.
2. Asking for God’s anointing.
3. Pleading the blood of Jesus over the family.
4. Submitting the iniquity to the baptism of fire.

**I bind and rebuke you spirit of \_\_\_\_\_**  
**In the name and blood of Jesus**  
**And I command you to leave me now**  
**Totally and wholly**  
 (cough and blow it out as required).  
**Thank you Jesus.**

Speak directly to the spirit. Then cough and blow it out. Coughing is often necessary to release the spirit. Look inside and you will know when the spirit is gone. Cough as necessary until it is out. If the spirit manifests disruptively or violently, it may be commanded,

**“In the name of Jesus, hold your peace”.**

Stand fast and command the spirits. The spirit has to obey.

The spirit must leave unless somewhere in your heart you want to keep it, or unless some unforgiven sin remains in that area of your life. Do not allow the demon to speak and alter the words of this prayer. If it is altered so that it is no longer within God's word, the demon does not have to obey and knows this. You be firm and directive, letting the words of His power perform the deliverance.

## **VII. REFILLING**

**Now I ask you, Holy Spirit,  
To name the Christ-like spirits**

**To replace the spirits cast out** (wait for the Holy Spirit to give the spirits for replacing).

**I ask you Holy Spirit for the spirit of** \_\_\_\_\_ (name spirit) \_\_\_\_\_.  
(Breathe it in.)

**I receive the spirit of** \_\_\_\_\_.

**I ask you, spirit of** \_\_\_\_\_,  
**To begin to manifest within me now  
And forevermore,  
According to the word of God.**

(When they manifest, you must yield to them to keep them.)

When an evil spirit is cast out it leaves an empty place. In Jesus' words:

“When an unclean spirit goes out of a man, he goes through dry places, seeking rest; and finding none, he says, ‘I will return to my house from which I came.’ And when he comes, he finds it swept and put in order. Then he goes and takes with him seven other spirits more wicked than himself and they enter and dwell there, and the last state of that man is worse than the first.”  
(Lu.11:24-26)

These verses show that a spirit may try to return after it has been cast out. If it returns and finds the house EMPTY, it brings with it spirits even more wicked than itself, and the man's state becomes worse than before deliverance. But in a following verse, Jesus says, “More than that, blessed are those who hear the word of God and keep it!” (Lu.11:28) This is how you fill the house left empty! You must fill it with the Word. Without this, deliverance should not be undertaken. One must read the Word and keep the Word or deliverance is in vain:

“Moreover, brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand, by which also you are saved, if you hold fast that word which I preached to you—unless you believed in vain.” (1Co.15:1,2)

You may also pray and ask the Lord to fill the places left empty with His good spirits. In the Scriptures are the names of many desirable and necessary spirits of God. To walk the path that Jesus walked, you must have the same spirits that He had. Search them out and pray for them. “You do not have because you do not ask” (Jas.4:2).

All words are spirits. Cast out the evil spirit (word) and then ask God to replace it with the appropriate godly spirit (word). Ask for patience to replace complaining, and faith to replace doubt. Ask for the spirit of trust to replace the spirit of fear or suspicion. Ask for a yielding spirit to replace a hardened spirit or stubborn spirit, and so on. As you do this, your life will slowly be changed into Christ-likeness. Only then may you truly be called a Christ-ian (the Way).

**Come, and let us return to the LORD:  
For He has torn, but He will heal us;  
He has stricken, but He will bind us up.**

**After two days He will revive us;  
On the third day He will raise us up,  
That we may live in His sight.**

Ho.6:1,2

(The day here represents one year; -2Pe.3:8. Therefore God says three years are required before we are raised up and healed. The “two days” here also prophesy that two thousand years after Christ comes, God will raise up man and make him in the likeness of God; the “third day” is man living the 1000 years in the “millennium” reign of Christ, which is the Age of Truth.)

### **MARRIAGE AND DELIVERANCE**

For deliverance to proceed to any depth, husband and wife need to fully confess to each other all things that they have done against each other. This includes adultery, fornication, hate, uncleanness, and everything of this nature, whether before the marriage or after. If you have entered into a

marriage with lies and secrets, in fellowship with darkness you have not entered into a marriage of truth but a marriage of lies, and that is void before God. There is no way to get clean with God if you have something hidden from your mate or something you don't want your mate to know about. God will not accept such concealment. Your marriage prayers will be void in such a state. You can't possibly get anything from God as long as you are living a lie.

God does not necessarily require you to confess everything, but anything that comes to your mind or your thoughts must be declared to each other and you must obtain each others forgiveness. When a mate confesses a sin to you and asks forgiveness, you must be ready to fully forgive and forget, as God does. Otherwise, the guilt can and will come upon the unforgiver till it literally overpowers him/her. God teaches us to be forgivers of all people as He forgives. Do not take the confession personally, lest you judge your mate guilty and you bear the burden of the sin before God as an unforgiver. Pray and fast and seek God's strength to fully forgive and forget forever the wrong that your mate has done you. Remember how you have done also against God, and He forgave you.

If the whole truth is told, in most cases, it's going to sting. It may be a place where the highest authority in your life is revealed: the flesh nature or the word of God. Did Jesus say the way was wide and easy, and many were going to travel it? You may begin to understand why Jesus said what He did, as you overcome flesh and mind in this initial encounter with truth.

The most important area is that the wife declare to the husband. This is representative of "the bride" (Re.21:2,9) declaring all their sins, faults, and uncleanness unto the Bridegroom, Jesus (Eph.5:22-33). Any hand laid upon the wife prior to her marriage was done against her husband. Why? Because God with wisdom ordained it as such. You will find out in your own deliverance that this is true. You will find that you will not be set free from bondage in your marriage until the truth has been told to each other (Jo.8:32).

Furthermore, a woman is bound in the flesh by demons to the first man that takes her. This bondage is like an ungodly marriage and should be voided according to the word of God (Nu.30;M't.16:19) before any other marriage can truly succeed in harmony. If you cannot believe this you might ask God to reveal who your marriage partner is in His sight. Any prior legal marriage (by worldly standards) must be voided in the same way, according to the word of God (Nu.30). After the prior marriage is broken, the man must then ask God's permission to marry the woman, and if it is granted he may then

marry her properly, not under man's law, but under God's blessing and by the Spirit that unifies.

What the husband has done against the wife, he should also declare and ask her forgiveness. Without each others forgiveness you cannot have God's forgiveness. These things must be set straight before you may expect to be set free in deliverance. Such forgiveness and practice of the truth will bring washing and relief and a new start in Christ. Again, be open, be honest, be mature, be repentive, and most of all be forgiving and forgetting so that the healing may proceed.

### **FASTING AND DELIVERANCE**

The disciples fasted before and during their ministry. The man of God in the Scripture is seen to fast. Jesus said of certain kinds of demons that they come out only with prayer and fasting. Thus a man that comes into a walk with the Lord should learn about the true fasting of God.

According to Isaiah 58, the true fasting of God is "To loose the bonds of wickedness (Satan's hold in a certain area), To undo the heavy burdens (identify the spirit and confess the iniquity), to let the oppressed go free, and that you break every yoke (the law and religiosity)." (During every fast this chapter should be read aloud daily.) A fast is when you do not eat physical food for the physical body, that you may receive the spiritual food of God for the spiritual body. It is for the purpose of denying the physical body its pleasures, that you may receive the spiritual blessings of God in the way of breaking, chastening, rebuke, and the identification of iniquities, faults, and sins upon you.

A fast breaks down the power of the mind and the power of the physical body so that the iniquities within manifest and torment you. A fast breaks the body to reveal the iniquities of the "old man" which are not seen when he is strong and able to keep things covered. Then you can see where your problem is and repent on it and ask God to take it out of you. When you fast you should pray that God let your evil come against you.

Fasting is a physical action done so that you might understand the spiritual resemblance. And unless you receive and do the spiritual, you accomplish little or nothing. God honors your fasts as a baby, but then when you get a little older, He expects more of you. And unless you begin to receive what He has, and what you are supposed to do, the fast does not have as much value as when you were spiritually immature.

A proper fast is called by God. God may call you to a fast in a dream, in prayer, or in your spirit in the knowing of faith. There are three times that we may enter into a fast: when we have lost the feeling of the presence of Christ, when God tells us to, and for special reasons as God would ordain, such as deliverance from certain kinds of spirits. Aside from these reasons, you do not fast without asking permission. You may pray that you may fast for a given purpose, but then you must wait upon His permission. If you fast on your own, you may accomplish nothing. When you do begin a fast, write down everything you are fasting for and bring it before the Lord.

A fast could be called for anywhere from one to forty days. Since neither Jesus nor Moses were called to fast longer than 40 days it would be very questionable that God would call you to a fast greater than 40 days. God normally calls you to small fasts to begin with, that He may prepare you for bigger ones, where the bigger areas of your life can be revealed and seen. A man does not begin as a full fledged man of God able to step out on a 30 or 40 day fast. He begins on shorter ones: 3,7,10,15 days—later to be increased. God may reveal in the beginning how long the fast is to be, or He may not. Do not limit God to anything, but be it according to your faith. Do everything according to your faith as you know that which God is telling you.

Fasting from TV, cigarettes, coffee, or the football game is a farce. Those who practice such accomplish nothing but to prohibit themselves from that sin for that period of time. What God calls a fast is given in Isaiah 58.

For those entering into a deliverance ministry, fasting is a prerequisite. Such a ministry should not be entered unless you have first been called by God and then learned to fast. Fasting “breaks” the physical body and carnal mind when it is long enough and truly of God. Otherwise Satan has power over the physical body and carnal mind in areas of your desires and strongholds. Unless the deliverance minister has entered into proper fasting ahead of time he could end up with demons coming against him. God could call you to a fast before you begin a ministry, and maybe a long one of 30 to 40 days. Or you could be called to fasting during your own deliverance or someone else’s deliverance. A fast may precede a deliverance for that type of demon that is hard to come out, such as the one the disciples encountered (M’t.17:14-21).

Only when Jesus Christ (the Word) is formed within a man is he not called to fasting as he was in previous days. When Jesus Christ is formed within, that is when the word of God is perfected within, the days of fasting are less, or complete. Jesus said when the bridegroom is with you, you need to fast (M’k.2:19)

