

**2022 CASCADE CLASS 1A STATE QUALIFIER**

Cascade, IA  
 Fillmore Fairways Golf Course  
 Host: Cascade  
 Thursday, October 21, 2021

**MEET OFFICIALS**

**Meet Director:**  
 Adam Kedley  
**Timing:**  
 Scheckel - Kauder Racing, LLC



**OFFICIAL MEET REPORT**  
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**Race #2**  
**Boys 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Cascade Western Dubuqu	61	4-9-12-16-20(46)(47)	1:32:28	18:30	1:43.8
2 Clayton Ridge Guttenberg	90	5-7-15-31-32(53)(54)	1:34:20	18:52	2:15.1
3 Maquoketa Valley Delhi	115	6-10-13-41-45(49)	1:35:58	19:12	3:01.0
4 South Winneshiek	131	22-23-25-27-34(40)(63)	1:38:35	19:43	0:34.7
5 Postville Community	140	3-11-33-43-50(55)(61)	1:37:38	19:32	3:24.0
6 Calamus-Wheatland	149	18-19-24-29-59(73)	1:39:25	19:53	2:37.3
7 MFL MarMac	168	2-26-28-30-82	1:41:37	20:20	7:53.3
8 Alburnett	189	21-37-39-44-48(51)(70)	1:41:45	20:21	1:27.7
9 Prince of Peace Catholic Cl	192	1-17-38-64-72(78)	1:40:58	20:12	5:27.3
10 Central Elkader	256	14-35-62-71-74(76)(77)	1:46:12	21:15	4:22.8
11 Marquette Catholic Bellevu	280	42-56-57-60-65(75)(84)	1:47:14	21:27	1:14.4
12 North Cedar Stanwood	281	36-52-58-67-68(80)(81)	1:46:58	21:24	1:53.7
13 Kee Lansing	305	8-66-69-79-83(85)	1:51:38	22:20	7:16.4

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 BLOUNT, Marcus	SR	Prince of Peace Cat	1	17:11.20	5:32.6	3:26.7
2 SCHELLHORN, Jacob	SO	MFL MarMac	2	17:11.22	5:32.7	3:26.7
3 IBRAHIM, Abdiaziz	JR	Postville Communit	3	17:36.26	5:40.7	3:31.7
4 KNEPPER, Adam	SR	Cascade Western D	4	17:42.65	5:42.8	3:33.0
5 REIMER, Keaton	SR	Clayton Ridge Gutt	5	17:44.90	5:43.5	3:33.4
6 SCHAUL, Matthew	SO	Maquoketa Valley D	6	17:45.98	5:43.9	3:33.6
7 MOSER, Gavin	SR	Clayton Ridge Gutt	7	17:53.42	5:46.3	3:35.1
8 WAGNER, Justin	FR	Kee Lansing	8	17:56.87	5:47.4	3:35.8
9 NADEAU, Max	SR	Cascade Western D	9	17:57.56	5:47.6	3:35.9
10 ROBERTSON, Evan	SR	Springville	-	17:58.01	5:47.7	3:36.0
11 NIEMAN, Russell	JR	Turkey Valley Jacks	-	18:10.78	5:51.9	3:38.6
12 LIVINGSTON, George	JR	Maquoketa Valley D	10	18:13.96	5:52.9	3:39.2
13 HASHI, Mohamed	SR	Postville Communit	11	18:16.48	5:53.7	3:39.7
14 COOK, Lane	SO	Cascade Western D	12	18:35.63	5:59.9	3:43.6
15 RAVE, Arion	SO	Maquoketa Valley D	13	18:36.31	6:00.1	3:43.7
16 STAMP, Jack	SO	Springville	-	18:41.92	6:01.9	3:44.8
17 HOLST, Gavin	SO	Central Elkader	14	18:42.56	6:02.1	3:45.0
18 FLORES, Erik	SR	Clayton Ridge Gutt	15	18:45.04	6:02.9	3:45.5
19 GEHL, Ben	SR	Cascade Western D	16	18:45.22	6:03.0	3:45.5
20 SKINNER, Caleb	JR	Cedar Valley Christi	-	18:52.04	6:05.2	3:46.9
21 RUDEN, Tate	SO	Prince of Peace Cat	17	18:57.26	6:06.9	3:47.9
22 RIEDESEL, Logan	SO	Calamus-Wheatlan	18	19:01.01	6:08.1	3:48.7
23 RIEDESEL, Jackson	JR	Calamus-Wheatlan	19	19:18.10	6:13.6	3:52.1
24 KAALBERG, Andrew	SO	Cascade Western D	20	19:26.42	6:16.3	3:53.8
25 GUSTAFSON, Hayden	FR	Alburnett	21	19:26.84	6:16.4	3:53.8
26 CONWAY, Abe	JR	South Winneshiek	22	19:31.31	6:17.8	3:54.7
27 FLORES, Omar	SR	South Winneshiek	23	19:34.14	6:18.8	3:55.3

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**Boys 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
28 MOHR, Mason	FR	Calamus-Wheatlan	24	19:35.00	6:19.0	3:55.5
29 WAGNER, Hunter	SR	South Winneshiek	25	19:36.21	6:19.4	3:55.7
30 KOETHER, Will	SR	MFL MarMac	26	19:37.04	6:19.7	3:55.9
31 DONOVAN, John	SO	South Winneshiek	27	19:46.71	6:22.8	3:57.8
32 RUFF, Tucker	SO	MFL MarMac	28	19:50.81	6:24.1	3:58.6
33 YADDOF, Aidan	FR	Calamus-Wheatlan	29	19:52.35	6:24.6	3:58.9
34 KEEHNER, Sawyer	JR	MFL MarMac	30	19:53.13	6:24.9	3:59.1
35 TABORA-LARA, Jesus	SO	Clayton Ridge Gutt	31	19:56.21	6:25.9	3:59.7
36 PATINO, Jackson	SR	Clayton Ridge Gutt	32	19:59.97	6:27.1	4:00.5
37 MARTIN, Melvin	SO	Postville Communit	33	20:04.07	6:28.4	4:01.3
38 WANGSNESS, Bo	JR	South Winneshiek	34	20:05.93	6:29.0	4:01.7
39 JASTER, Collin	FR	Central Elkader	35	20:06.89	6:29.3	4:01.9
40 WIGGINS, Jaydon	JR	North Cedar Stanw	36	20:12.72	6:31.2	4:03.0
41 BEMER, Ben	FR	Alburnett	37	20:15.13	6:32.0	4:03.5
42 POWELL, Hakael	SO	Prince of Peace Cat	38	20:18.42	6:33.0	4:04.2
43 ABEL, Trenton	SO	Alburnett	39	20:21.58	6:34.1	4:04.8
44 CHRISMAN, Grant	JR	Springville	-	20:24.23	6:34.9	4:05.3
45 DAHL, Brad	FR	South Winneshiek	(40)	20:26.10	6:35.5	4:05.7
46 NICODEMUS, Jeremy	FR	Cedar Valley Christi	-	20:28.74	6:36.4	4:06.2
47 GRIMM, Toby	JR	Maquoketa Valley D	41	20:34.75	6:38.3	4:07.4
48 SMITH, Milo	SR	Midland Wyoming	-	20:36.80	6:39.0	4:07.9
49 SCHMIDT, Andrew	JR	Marquette Catholic	42	20:38.38	6:39.5	4:08.2
50 PETERS, Karl	FR	Postville Communit	43	20:40.81	6:40.3	4:08.7
51 KRUCKENBERG, Noah	JR	Alburnett	44	20:46.13	6:42.0	4:09.7
52 BAKER, Kenyon	FR	Maquoketa Valley D	45	20:46.97	6:42.2	4:09.9
53 MANTERNACH, Nathaniel	JR	Cascade Western D	(46)	20:53.48	6:44.3	4:11.2
54 TOPPING, Trenten	SO	Cascade Western D	(47)	20:54.45	6:44.7	4:11.4
55 KEENEY, Gunnar	SR	Alburnett	48	20:54.53	6:44.7	4:11.4
56 EIKE, Brady	SO	Maquoketa Valley D	(49)	20:56.76	6:45.4	4:11.9
57 IBRAHIM, Abdikhalq	JR	Postville Communit	50	21:00.22	6:46.5	4:12.5
58 SCHECHINGER, Austin	SO	Alburnett	(51)	21:01.02	6:46.8	4:12.7
59 VANOORT, Clancey	FR	North Cedar Stanw	52	21:05.06	6:48.1	4:13.5
60 HOEGER, Colton	FR	Clayton Ridge Gutt	(53)	21:14.79	6:51.2	4:15.5
61 MEIER, Nate	SR	Clayton Ridge Gutt	(54)	21:15.14	6:51.3	4:15.5
62 GONZALEZ, Natanael	JR	Postville Communit	(55)	21:31.29	6:56.5	4:18.8
63 KETTMANN, Caden	JR	Marquette Catholic	56	21:31.42	6:56.6	4:18.8
64 ROEDER, Spencer	SO	Marquette Catholic	57	21:32.95	6:57.1	4:19.1
65 TROUGHTON, James	FR	North Cedar Stanw	58	21:34.94	6:57.7	4:19.5
66 RICKERTSEN, Alex	FR	Calamus-Wheatlan	59	21:38.28	6:58.8	4:20.2
67 DESOTEL, Ethan	SR	Marquette Catholic	60	21:38.28	6:58.8	4:20.2
68 HUFFMAN, Gregory	FR	Easton Valley	-	21:42.83	7:00.3	4:21.1
69 MUXIN, Deyby	SO	Postville Communit	(61)	21:45.82	7:01.2	4:21.7
70 SKINNER, Josh	FR	Cedar Valley Christi	-	21:47.93	7:01.9	4:22.1
71 ZITTERGRUEN, Vaughn	SO	Central Elkader	62	21:47.95	7:01.9	4:22.1
72 WENTHOLD, Dawson	SR	South Winneshiek	(63)	21:48.48	7:02.1	4:22.2
73 SISNEROS, Sam	FR	Prince of Peace Cat	64	21:52.01	7:03.2	4:22.9

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74 KLEIN, trevor	SR	Marquette Catholic	65	21:52.69	7:03.4	4:23.1
75 JONES, Brendan	SO	Kee Lansing	66	21:53.63	7:03.8	4:23.3
76 DIRCKS, Weston	FR	North Cedar Stanw	67	21:57.98	7:05.2	4:24.1
77 DIES, Eli	FR	North Cedar Stanw	68	22:06.36	7:07.9	4:25.8
78 WAGNER, Isaiah	FR	Kee Lansing	69	22:08.69	7:08.6	4:26.3
79 SCOTT, Brady	FR	Alburnett	(70)	22:08.70	7:08.6	4:26.3
80 FETTE, Caden	FR	Central Elkader	71	22:28.41	7:15.0	4:30.2
81 DEHNER, Brody	SR	Prince of Peace Cat	72	22:38.47	7:18.2	4:32.2
82 SANDS, Kaiser	SO	Calamus-Wheatlan	(73)	22:41.64	7:19.2	4:32.9
83 RULEY, Jayson	SO	Midland Wyoming	-	22:41.89	7:19.3	4:32.9
84 STRAUB, Slayton	JR	Springville	-	23:04.67	7:26.7	4:37.5
85 KRUGER, Carter	SO	Central Elkader	74	23:05.30	7:26.9	4:37.6
86 GREGORICH, Wyatt	FR	Marquette Catholic	(75)	23:22.56	7:32.4	4:41.1
87 HELLER, Bryce	FR	Central Elkader	(76)	23:24.86	7:33.2	4:41.5
88 BERNS, Tate	SR	Central Elkader	(77)	23:25.20	7:33.3	4:41.6
89 DARSIDAN, Liam	SO	Prince of Peace Cat	(78)	24:09.98	7:47.7	4:50.6
90 HAMANN, Dakota	JR	Edgewood-Colesbu	-	24:14.78	7:49.3	4:51.5
91 PORTZ, John	JR	Easton Valley	-	24:23.93	7:52.2	4:53.4
92 VERTHEIN, Carter	FR	Kee Lansing	79	24:25.28	7:52.7	4:53.6
93 TURNER, Soren	SO	North Cedar Stanw	(80)	24:27.26	7:53.3	4:54.0
94 HELMRICHS, Cael	FR	Edgewood-Colesbu	-	24:29.25	7:54.0	4:54.4
95 ROBINSON, Charles	JR	North Cedar Stanw	(81)	24:38.31	7:56.9	4:56.3
96 ROSS, Logan	SO	MFL MarMac	82	25:04.52	8:05.3	5:01.5
97 BENTLEY, Jay	SR	Midland Wyoming	-	25:10.86	8:07.4	5:02.8
98 KOLSRUD, Andrew	JR	Kee Lansing	83	25:13.22	8:08.1	5:03.3
99 PATZNER, Reiter	SR	Marquette Catholic	(84)	25:39.41	8:16.6	5:08.5
100 MAUSS, Kyle	FR	Kee Lansing	(85)	25:57.01	8:22.3	5:12.0
101 CONN, Landon	FR	Cedar Valley Christi	-	26:33.47	8:34.0	5:19.3