



Nora Mill Granary
7107 South Main Street
Helen, GA 30545

706-878-2375
noramill.com

Chattahoochee Cereal

1 Cup Nora Mill Chattahoochee Cereal
3 1/2 Cups water
1 tsp. salt
2 T. butter

Bring water salt and butter to a rapid boil. Add Nora Mill Chattahoochee Cereal and return to a boil. Reduce heat and cover. Simmer for 15 minutes, stirring occasionally. Let stand covered for 5 minutes before serving. If desired, add white or brown sugar, cinnamon, nuts, blueberries, raisins, bananas, vanilla, milk, etc.
Makes 4 generous servings.

INGREDIENTS: Cracked wheat, barley, corn, millet, oats, rye, triticale, brown rice & soy.

**To maintain the flavor
and nutritive qualities of whole
grains, they should be kept
in airtight containers in the
refrigerator or freezer.**

