

Education: MSW from NYU, BA from The College of William and Mary, psychoanalytically trained at the William Alanson White Institute of Psychoanalysis.

Experience: Behavioral Health Counselor at Cornerstone Family Healthcare; Counselor at The Institute for Community Living; Counselor at Choices Women's Medical Center.

Areas of Focus: Individual therapy for preteens, adolescents, and adults. Specializing in work with LGBTQ+ individuals through gender-affirming and transitional therapy, in addition to women's health and women's issues, pregnancy, sexual abuse, and mood disorders. Practice psychoanalytic, feminist, strength-based, and trauma-focused therapy.