

Please join us on June 11th for

THE LONGEST DAY

alzheimer's  association®

You are invited to take part in an event that recognizes the long hours spent by people who are caring for loved ones with Alzheimer's and other dementia.

Every year, on or around the longest day of the year, this event is held as a fundraiser for the Alzheimer's Association to provide caregiver support and education, as well as funding for research to find a cure. This year we invite you to join us for Sunset Yoga at the lakefront. All are welcome to our event, and we simply ask that you make a free will donation at the event or by using the link below beforehand.

WHAT we are doing: Sunset Yoga - for people of all ages and abilities. We will have some other activities to make it fun and relaxing for everyone, even those who prefer an alternative to yoga.

After Yoga we will "cool down" with our third annual "Silly Walk" contest! Bring your silliest walk and a great attitude! Kids are welcome (and they usually win!)

WHEN: June 11th, 2019. Gather anytime between 6-7 pm to share friendship and games. Yoga will begin at 7 p.m., and the "Silly Walk" contest right after that. We will end with a "Sunset Ceremony" where we honor caregivers and people living with the challenge of Alzheimer's.

WHERE: Rotary Park in Port Washington. This is right on the lakefront in downtown Port Washington, WI.

CAN'T MAKE IT BUT STILL WANT TO HELP? Please visit our team web page at <http://act.alz.org/goto/OzaukeeCountyIsDementiaFriendly> if you would like to join the team and do an activity of your own, or to make a donation.

Questions? Please call Carol Wessels, Wessels & Liebau LLC.

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