

Rockdale Swim League

2018 Season Information Package

For more information visit our website at

www.rockdaleswimleague.com

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2018 Rockdale Swim League Information Package

Introduction

The Rockdale Swim League is comprised of swim teams associated with neighborhoods, subdivisions, or athletic clubs located within and around Rockdale County, GA. The purpose of the Rockdale Swim League is to provide and operate a summer league swim program. The Rockdale Swim League adheres to the USA Swimming Rules and Regulations where appropriate unless specifically outlined herein. Swim League membership is open to any team who makes formal application to, accepts the By-Laws and abides by the Rules and Regulations of the Rockdale Swim League, and is approved by a majority vote of the Rockdale Swim League Board. These Rules and Regulations have been established in order to provide a fair and equitable atmosphere for competitive swimming.

2018 Executive Board Members:

Erin Pitts, President
Stephanie Anderson, Vice President
Karyn Brock, Treasurer
Lizzie Rogers, Secretary
Lashawn Middleton, Board Member
Reggie Murray, Board Member

GRPA/RCPR Liaison: Cooper Watts

Mission Statement:

The intent of the Rockdale Swim League (RSL) is to provide a recreational summer swim program for children and youth ages 5-18 with an emphasis on enhancing individual swim techniques and strokes, water safety, and sportsmanship.

The league members are made up of qualifying swim club/communities. Each swim team in the league participates in dual meets during the summer. Through a partnership with the Rockdale County Parks and Recreation Department, swimmers may extend their swim experience by participating in the District and State swim meets hosted and organized by the Georgia Recreation and Parks Association (GRPA). All dual meets and the County Championship meet are organized and managed by the Rockdale Swim League Board, a volunteer board comprised of at least one voting representative from each participating swim community and is governed by its Bylaws and Rules and Regulations.

2018 Rockdale Swim League Swim Teams

Swim Team	# of Lanes	Team Representative(s) & Coach(es)
Brentwood Barracudas 1601 Brentwood Crossing SE Conyers, GA 30013	5	Coach/Rep: Reggie Murray 404-379-3291 murrayreg1@comcast.net Representative: La Shawn Middleton lashawn.middleton@comcast.net
Covington YMCA Piranhas 2140 Newton Drive Covington, GA 30014	5	Coach: Liz Simpson 470-505-6316 lizzyfob@gmail.com Coach: Mary Schlueter 678-578-9039 mgschlueter@bellsouth.net Representative: Erin Pitts 770-787-3908 ering@ymcaatlanta.org
Deer Run Dolphins 5275 East Shore Drive SE Conyers, GA 30094	4	Coach: Sara Jo Greer 678-381-3779 sarajogreer@gmail.com Representative: Karyn Brock 770-337-8198 deerrunswimteam@gmail.com
Honey Creek Splash 65 Clubhouse Drive SE Conyers, GA 30094	5	Coach: Ryan Curry 305-202-1634 ryan10499@aol.com Representative: Lizzie Rodgers 678-542-7463 missanneshirley@hotmail.com

Participating teams are supported through a partnership with the

Rockdale County Parks and Recreation Department

Cooper Watts 770-278-7529 charles.watts@rockdalecounty.org

2018 Rockdale Swim League Meet Schedule

CYST = Covington YMCA
BWST = Brentwood Barracudas
MBST = Meadowbrook Marlins

DRST = Deer Run Dolphins
HCST = Honey Creek Splash

Dual Meets begin 6:00pm*
 Home Team warm up time: **5:00pm**
 Visiting Team warm up time : **5:30pm**

*Dual Meets with two large teams have the option to start at 5:30pm if coaches agree prior to meet date.
 In this case, the home team will warm up at 5:00pm and the visiting team will warm up at 5:15pm.

Meets in *italics* are tentative (contingent on Meadowbrook fielding a team this season).

<p><u>Tuesday June 5, 2018</u> <i>MBST @ DRST</i></p> <p><u>Tuesday June 12, 2018</u> CYST @ DRST HCST @ BWST</p> <p><u>Tuesday, June 19, 2018</u> HCST @ DRST CYST @ BWST</p>	<p><u>Thursday June 7, 2018</u> CYST @ HCST DRST @ BWST</p> <p><u>Thursday June 14, 2018</u> <i>BWST @ MBST</i></p> <p><u>Thursday June 14, 2018</u> <i>CYST @ MBST</i></p>
<p><u>Saturday June 23, 2018</u> County Championship Meet at Johnson Park (all teams)</p>	

Honey Creek (HCST)
 65 Clubhouse Drive SE
 Conyers, GA 30094

Brentwood (BWST)
 1601 Brentwood Crossing SE
 Conyers, GA 30013

Deer Run (DRST)
 5275 East Shore Drive SE
 Conyers, GA 30094

Meadowbrook (MBST)
 5143 Lake Forest Drive
 Conyers, GA 30094

ROCKDALE SWIM LEAGUE

RULES and REGULATIONS

I. Health and Safety of Participants

- a. **Alcohol and Tobacco Products:** The Rockdale Swim League adheres to USA Swimming Rules and Regulations which states that sale and use of any alcohol, tobacco, or controlled substances is prohibited in all areas of the venue, including, but not limited to, the pool deck, locker rooms, spectator seating or standing areas, and all areas used by swimmers, during the meet or during warmup periods in connection with the meet. The Rockdale Swim League understands and respects that some of its events take place on private property. While the Rockdale Swim League cannot prevent the sale or consumption of alcohol on private property, the League does not condone the consumption of alcohol at its events and asks that those consuming alcohol act responsibly and keep the safety of all children a top priority.
- b. **Open Wounds or Blood:** The Rockdale Swim League prohibits the participation in any event of a swimmer who has a bleeding wound or open sore. Before a swimmer is allowed to participate, the wound must be dressed with a waterproof bandage. The dressing of the wound must not delay the meet or the swimmer will be disqualified for delay of meet.
- c. **Inclement Weather Policy:** Coaches and board representatives from both teams will be involved in all weather-related decisions. If they cannot come to a unanimous consensus, the host team makes the final decision. In case of thunder/lightning, pool deck must be cleared. Swim families are urged to wait in their vehicle or a designated safe location during delays.
Early call: Up until 4p.m. the day of the meet, coaches can choose to reschedule.
Late call: If meet is not cancelled by 4 p.m., all coaches, officials, Board representatives, and lifeguards who are present will determine if the meet should be postponed due to thunder/lightning or cancelled immediately. This group will take safety of all participants into account (which may vary by location depending on pool amenities). The start of meet can be postponed to a start time of no later than 6:45pm. In this situation, there will be no warm-ups. If the meet cannot start by 6:45pm, the meet must be cancelled/rescheduled. Coaches and representatives should decide that night if and when the makeup/rescheduled meet will be so families can be notified as soon as possible. Meets must be made up before the County Championship Meet.
Mid-Meet Inclement Weather: If thunder or lightning occurs while a meet is already underway, all officials (coaches, representatives, lifeguards) should take the proper steps to ensure safety of all participants. This group should follow the same procedure outlined under “Late call” to determine whether or not the meet should be postponed or cancelled/rescheduled. Meets should not be postponed for more than 30 minutes.
- d. **Meet Completion Deadline:** All swim events will cease at 10:00pm. Officials may choose to end the meet sooner at their discretion due to safety concerns (ex. improper lighting in and around pool).
- e. **Lifeguards:** At least one lifeguard must be present at all meets. Lifeguards may be acting as coaches or participating members of a competing swim team.

- f. **Background Checks**: All head coaches will complete a criminal background check through a local law enforcement agency. Individual teams are responsible for providing results of these background checks to GRPA.
- g. **Coaches Safety Training**: All head coaches will complete the American Red Cross Safety Training for Swim Coaches online course. Individual teams are responsible for providing results of this course to RSL and if applicable, GRPA.
- h. **Coaches Concussion Training**: All head coaches will complete the CDC's Heads Up Concussion in Youth Sports course. This free course is available at <http://www.cdc.gov/headsup/youthsports/coach.html>. Individual teams are responsible for providing results of this course to RSL and if applicable, GRPA.

II. Swimmer Eligibility

- i. **Team Membership**: Swimmers may only participate on one team in the Rockdale Swim League. Each swimmer must pay a registration fee of \$10.00 to the Rockdale Swim League. The fees will be collected by each swim team (and are included in regular team fees) and will be submitted to the Rockdale Swim League. Teams should make every effort to pay their swimmer dues to the Rockdale Swim League as soon as possible, but final payment is due June 23rd.

Swim teams may accept "Swim Team Only" memberships from swimmers who live outside that community, provided the respective community association or homeowners' associations sanction such memberships. The swimmer seeking a "Swim Team Only" membership shall not live in a community/neighborhood that has a swim team involved in the Rockdale Swim League. Paid coaches are not required to be members of the club, but may swim as athletes for their team, provided that they meet the age requirements.

- j. **Age Group/Eligibility**: The minimum age for participation by a swimmer in the Rockdale Swim League is five (5) as of June 1, 2018. A swimmer's age-group for the entire season will be based on the swimmer's age on June 1, 2018. This rule complies with the ruling from GRPA (Georgia Recreation and Parks Association). Final rosters and swimmers fees are due to the Rockdale Swim League by June 4, 2018.

In individual events, a swimmer may swim up one age group, but must stay in that age group for the entire meet. In relay events, a swimmer may move up an unlimited number of age-groups; however, at least one swimmer on the relay team must be in the correct age group for that relay event (i.e. four 5-6 year olds cannot make up a 13-14 relay, at least one swimmer on that relay must be 13 or 14 years old). If a swimmer moves up for a relay, he/she does not have to move up to that age group for the entire meet. These rules apply to dual meets and the county meet.

The age groups for swimmers in the Rockdale Swim League are as follows:
6 & under, 7-8, 9-10, 11-12, 13-14, 15 to 18.

These age groups apply for both dual meets and county meet.

Swimmers in the 6 and under age group who choose to swim long free or IM at dual meets will swim this event in the "8 and under" category. This only applies for the long event at each meet. All other individual and relay events will be swum in a "6 and under" category.

III. Dual Swim Meets

- k. **Meet Format:** It is the responsibility of the visiting team to provide meet entries by email or to the home team **by 12pm on the day prior to the scheduled meet**. A violation of this rule could result in a forfeiture of the meet by the offending team. Scratches and late entries will be accepted if made at least 30 minutes prior to the start of the meet. Late entries will only be accepted if open lanes are available and at the discretion of the home team. No new heats will be created for late entries. Swimmers are not allowed to change events once the meet is seeded.

l. **Meet Volunteers**

- ***Timers:*** The hosting and visiting team will each provide one timer per lane. It is the Rockdale Swim League Dual Meet policy to use one timer per lane for each heat. At the completion of each event, a head timer will collect times from each lane timer.
- ***Finish Judge:*** The hosting and visiting team will each provide one finish judge for the meet. The role of the finish judge is to judge the finish order of the swimmers in each race. Each judge will have copy of the meet program including a line for results. The finish judge will be required to list the order of the finish by lanes. In the event of a tie in times, the finish judges' determination of order of finish will determine the outcome of a tied or time contested race and, therefore, the winner of the race. In the event the finish judges do not agree, the race will result in a tie.
- ***Stroke and Turn Official:*** Each team will provide one stroke and turn judge who has attended the RSL Stroke and Turn clinic or who has been certified as an official through USA Swimming.
- ***Clerk of Course:*** The home team will provide one clerk of course to supervise the meet.
- ***Ribbons:*** The home and visiting teams will each provide person(s) to work at the scorer's table to collect and label the appropriate ribbons for their respective team.
- ***Starter:*** The hosting team will provide a starter who has attended the RSL Starter's Clinic. The starter may use a bullhorn, electronic starting device, or whistle to start each heat.

NOTE: Stroke and Turn Officials must attend preseason training to be certified for summer league. If a team does not have a certified official available for a meet, the opposing team may provide both. If two certified officials are not available, the meet must be swum as exhibition only. Swimmers' times earned will not be considered official times and may not be submitted as county seed times. Ribbons may still be awarded for 1st, 2nd, and 3rd place in each event.

- m. **Order of Events:** The Rockdale Swim League will incorporate two long events per meet, the **100 yard Individual Medley** (one lap of each stroke: butterfly, backstroke, breaststroke, and freestyle) and the **Long-Distance Freestyle** (50 yards for 10 & under age groups, 100 yards for 11 & over age groups).

The order of events for each dual meet is as follows:

- Long Free
- Medley Relay
- Freestyle
- Butterfly
- Backstroke
- Individual Medley
- Breaststroke
- Free Relay

The 10 & under age-groups will swim the four basic strokes in lengths of 25 yards, or one length of the pool. The 11 year olds & over will swim the four basic strokes in lengths of 50 yards, or two lengths of the pool.

The Individual Medley will be 100 yards for all age groups. The relays will be 100 yards for ages 10 & under and 200 yards for ages 11 & over.

Each swimmer is limited to 3 individual events and 2 relays per dual meet. All age-groups will start at the deep end of the pool. (Timers will change ends of the pool as needed).

n. Scoring

	<u>Individual Event Points</u>	<u>Relay Points</u>
1 st Place	5	7
2 nd Place	3	0 (ribbons are awarded)
3 rd Place	1	0 (ribbons are awarded)

Exhibition swimmers must be listed on the swim meet roster and they cannot earn points for their team. No heats will be created to accommodate exhibition swimmers.

- o. Awards:** Ribbons awarded for 1st, 2nd, and 3rd place in each event. Exhibition and heat winner ribbons may be given out at home team's discretion.
- p. Technical Rules:** The Rockdale Swim League will adhere to USA Swimming technical rules except as specifically contradicted herein.

Starts: The Rockdale Swim League will incorporate whistle starts for each dual meet, and the County Championship Meet as outlined in USA Swimming Rules. The referee/starter will use the following format to signal the “start” of each heat:

Short series of whistles (4 or 5 short whistle blasts) – signals swimmers to prepare to swim.

One long whistle blast – signals swimmers to step-up on the blocks. In the case of individual backstroke, the swimmer will enter the water and grasp the starting bar or side of the pool. Once the swimmer is in the water and has taken his/her starting position, a second long whistle blast will be sounded by the starter/referee to signal the swimmer to “Place Your Feet.”

“Take Your Mark” (Voice command from starter) – signals swimmers to get into start position.

Single Blast from Starting Device – electronic starting device, bullhorn or whistle indicates start.

False starts: All age-groups will be allowed one false start charged to the field. There will be a disqualification for the 2nd false start.

Any child may start from the blocks, on the pool deck next to the blocks, or in the water at the deep end of the pool. Any swimmer diving into the shallow end of the pool (i.e. in a 7-8 relay) will be disqualified unless the pool meets minimum depth standards for diving at both ends.

Eligibility: Each coach is responsible for determining that each swimmer on the team is capable of swimming ONE length of the pool without assistance. **NO** swimmer should be entered in the meet without meeting this requirement. “Without assistance” means that no one can assist the swimmer

during the lap and no floatation device may be worn. Any swimmer in trouble may grab the rope or will be assisted if necessary to avoid harm.

Head Buffering: Timers or parents are allowed to "buffer" the heads of 6-and-under swimming backstroke if necessary; however, if such "buffering" causes a rule infraction then the swimmer will be disqualified. This is true for the dual meets and county meet. In any other age group, buffering is not allowed and will result in a disqualification of the swimmer.

Relays: For the relay events, the swimmer's names may be changed at any time prior to the event being called to the blocks as long as they meet the age group qualification for the relay that is entered. The 6-and-under and 15-18 relay events are divided into "girls" and "mixed" instead of "girls" and "boys". Both boys and girls can be combined in a mixed relay, so long as at least one swimmer on the relay team is a boy. If not, the relay team must compete in the "girls" event.

No swimmer shall swim outside of his/her assigned event, heat, and lane at any time during the meet. The meet starter/referee may combine heats to expedite the meet but will not do so to accommodate the needs of any individual swimmer.

IV. Rockdale County Championship Meet

- a. **Eligibility:** Each team must submit a final roster to the Rockdale Swim League on June 14th. The county meet is open to all swimmers who are included on a final team roster.
- b. **Technical Rules:** Age group and technical rules are the same for the County Championship Meet as are stipulated for the dual meets except as noted herein. The county meet entries and timing are administered using the league-approved software package.
- b. **Entry Requirements:** The entries timeline is outlined on page 15 of this handbook. Late meet entries will not be accepted. Swimmers will not be allowed to change events after the psych sheet has been distributed to coaches.
- c. **Meet Requirements:** The Rockdale Swim League is responsible for planning and conducting the County Championship Meet. The meet is held at Johnson Park, which is the Rockdale County Parks and Recreation Department's indoor pool. Each participating team is required to furnish volunteers to work at the meet. The volunteer services are as follows: Timers, Finish Judges, Stroke & Turn Judges, Starters, Bullpen, Clerks of Course, Awards, Computer Entry, and Sales of Concessions, T-shirts, and Heat Sheets. Sales vendors may be outsourced/contracted as the RSL Board sees fit.
- d. **Meet Scoring:** The scoring for the county meet will include the top eight (8) finishers for individual events and the top three (3) finishers for relay events. The points awarded for each place is as follows:

Place	<u>Individual Event Points</u>	<u>Relay Event Points</u>
1 st	10	7
2 nd	8	5
3 rd	6	4
4 th	5	
5 th	4	
6 th	3	
7 th	2	
8 th	1	

- e. **Order of Events:** The individual events and the relay events for the Rockdale County Championship Meet may be swum in separate shorter sessions or may be swum together as a single session. It is the responsibility of the RSL Board to determine the order of events and distribute the order to all coaches prior to the entry deadline for the meet. The meet starter/referee may combine heats to expedite the meet but will not do so to accommodate the needs of any individual swimmer.

The order of individual events for the 2018 County Championship Meet will be as follows:

Long Freestyle (50 yards for 10 & under, 100 yards for 11 & over)
Medley Relay (100 yards for 10 & under, 200 yards for 11 & over)
Short Freestyle (25 yards for 10 & under, 50 yards for 11 & over)
100 IM
Butterfly
Backstroke
Breaststroke
Free Relay (100 yards for 10 & under, 200 yards for 11 & over)

The 6 & Under age group will only compete in the Long Freestyle, Short Freestyle, Backstroke, and Free Relay events. Swimmers in the 6 & Under age group may also compete in the 8 & Under 100 IM event. If a 6 & Under swimmer desires to swim in the Butterfly or Breaststroke events, he/she must compete in the 7-8 age group for the entire meet. Swimmers in the 6 & Under age group may swim up for the 7-8 (or higher) Medley Relay.

- f. **Relays:** Relay teams must submit a card to the bullpen clerk with the names of each swimmer. The names may be changed at any time prior to the event being called to the bullpen as long as they meet the age group qualification for the relay that is entered. Once the event has been called to the bullpen, no substitutions may occur. Relay events for the 6-and-under and 15-&-over age groups will be swum using the same co-ed rules as for dual meets (girls and mixed events).
- g. **Awards:** Awards will be presented following the Rockdale County Championship Meet:
- | | |
|--------------------|---|
| Team: | First, Second, Third place trophies |
| Individual: | High Point trophies for each age group for boys and girls |
| Individual Events: | 1 st - 8 th Place Ribbons |
| Relays: | 1 st - 3 rd Place Ribbons |
- h. **County Swim Meet T-Shirts:** The County Meet T-shirts will be provided by a vendor approved by the RSL board. The t-shirt company will have various graphic options, including an official Rockdale Swim League County Championship Meet design and the names of all swimmers participating from each team. T-shirts will be sold on site the day of the County Meet.

Rockdale Swim League
Dual Meet Order of Events

<u>Event # Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Event # Boys</u>
1	8 & Under	50 Yd Free	2
3	9-10	50 Yd Free	4
5	11-12	100 Yd Free	6
7	13-14	100 Yd Free	8
9	15-18	100 Yd Free	10
11	6 & Under	100 Yd Medley Relay	12
13	7-8	100 Yd Medley Relay	14
15	9-10	100 Yd Medley Relay	16
17	11-12	200 Yd Medley Relay	18
19	13-14	200 Yd Medley Relay	20
21	15-18	200 Yd Medley Relay	22
23	6 & Under	25 Yd Freestyle	24
25	7-8	25 Yd Freestyle	26
27	9-10	25 Yd Freestyle	28
29	11-12	50 Yd Freestyle	30
31	13-14	50 Yd Freestyle	32
33	15-18	50 Yd Freestyle	34
35	6 & Under	25 Yd Butterfly	36
37	7-8	25 Yd Butterfly	38
39	9-10	25 Yd Butterfly	40
41	11-12	50 Yd Butterfly	42
43	13-14	50 Yd Butterfly	44
45	15-18	50 Yd Butterfly	46
47	6 & Under	25 Yd Backstroke	48
49	7-8	25 Yd Backstroke	50
51	9-10	25 Yd Backstroke	52
53	11-12	50 Yd Backstroke	54
55	13-14	50 Yd Backstroke	56
57	15-18	50 Yd Backstroke	58
59	8 & Under	100 Yd Individual Medley	60
61	9-10	100 Yd Individual Medley	62
63	11-12	100 Yd Individual Medley	64
65	13-14	100 Yd Individual Medley	66
67	15-18	100 Yd Individual Medley	68
69	6 & Under	25 Yd Breaststroke	70
71	7-8	25 Yd Breaststroke	72
73	9-10	25 Yd Breaststroke	74
75	11-12	50 Yd Breaststroke	76
77	13-14	50 Yd Breaststroke	78
79	15-18	50 Yd Breaststroke	80
81	6 & Under	100 Yd Freestyle Relay	82
83	7-8	100 Yd Freestyle Relay	84
85	9-10	100 Yd Freestyle Relay	86
87	11-12	200 Yd Freestyle Relay	88
89	13-14	200 Yd Freestyle Relay	90
91	15-18	200 Yd Freestyle Relay	92

Rockdale Swim League
County Championship Meet Order of Events

----- SESSION 1 -----

<u>Event # Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Event # Boys</u>
1	6 & Under	50 Yd Free	2
3	7-8	50 Yd Free	4
5	9-10	50 Yd Free	6
7	7-8	100 Medley Relay	8
9	9-10	100 Medley Relay	10
11	6 & Under	25 Yd Freestyle	12
13	7-8	25 Yd Freestyle	14
15	9-10	25 Yd Freestyle	16
17	8 & Under	100 Yd Individual Medley	18
19	9-10	100 Yd Individual Medley	20
21	7-8	25 Yd Butterfly	22
23	9-10	25 Yd Butterfly	24
25	6 & Under	25 Yd Backstroke	26
27	7-8	25 Yd Backstroke	28
29	9-10	25 Yd Backstroke	30
31	7-8	25 Yd Breaststroke	32
33	9-10	25 Yd Breaststroke	34
35	6 & Under	100 Free Relay	36
37	7-8	100 Free Relay	38
39	9-10	100 Free Relay	40

----- SESSION 2 -----

<u>Event # Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Event # Boys</u>
41	11-12	100 Yd Free	42
43	13-14	100 Yd Free	44
45	15-18	100 Yd Free	46
47	11-12	200 Medley Relay	48
49	13-14	200 Medley Relay	50
51	15-18	200 Medley Relay	52
53	11-12	50 Yd Freestyle	54
55	13-14	50 Yd Freestyle	56
57	15-18	50 Yd Freestyle	58
59	11-12	100 Yd Individual Medley	60
61	13-14	100 Yd Individual Medley	62
63	15-18	100 Yd Individual Medley	64
65	11-12	50 Yd Butterfly	66
67	13-14	50 Yd Butterfly	68
69	15-18	50 Yd Butterfly	70
71	11-12	50 Yd Backstroke	72
73	13-14	50 Yd Backstroke	74
75	15-18	50 Yd Backstroke	76
77	11-12	50 Yd Breaststroke	78
79	13-14	50 Yd Breaststroke	80
81	15-18	50 Yd Breaststroke	82
83	11-12	200 Yd Free Relay	84
85	13-14	200 Yd Free Relay	86
87	15-18	200 Yd Free Relay	88

Post-Season Timeline

ROCKDALE COUNTY CHAMPIONSHIP MEET – 6/23/18 AT JOHNSON PARK, CONYERS, GA

- Each team coach will send the team's psych sheet to team parents no later than 6/18/18
- Any corrections are due to team coach by 5pm 6/19/18
- Final team entries due to RSL by 5pm 6/20/18
- County Meet Heat Sheet will be posted on Rockdale Swim League website 6/21/18
- After Heat Sheet is posted, there are no changes or corrections. No exceptions.

GRPA DISTRICT 6 CHAMPIONSHIP – 6/30/18 AT MORGAN COUNTY AQUATICS CENTER, MADISON, GA

Top 8 from Rockdale County Championship (individual events ONLY) qualify for District.

- 9th and 10th place qualifiers in each event are alternates.
- Each swimmer can only compete in 2 individual events at District (even if they qualify in three).
- Commitment to District (copy of birth certificate and payment of \$25 District swimmer fee) due by the completion of the County Championship Meet on 6/23/18.

GRPA CLASS A STATE CHAMPIONSHIP – 7/20-7/21/18 AT CUMMING AQUATICS CENTER

- Top 3 from District 6 Championship (individuals AND relays) qualify for State.
- Commitment to State (\$25 State swimmer fees TBA) due by the completion of the District Meet on 6/30/18.

District and State Meet Dates are set by GRPA and are subject to change.

District and State practices will be held at Johnson Park.

Parent Code of Conduct

- **I will set an example of good sportsmanship for my child.**
- **I will conduct myself in a respectful manner at all swim practices and meets.**
- **I will not approach any coach or official in a negative or disrespectful manner.**
- **I will place the emotional and physical well being of my child ahead of my desire to win.**
- **I will accept meet results and will not criticize the actions of the coaches, officials, or other league and team representatives.**
- **I will do my best to make swim team a fun and enjoyable experience for my child.**
- **I will treat other teams, swimmers, parents, volunteers, coaches, and officials with respect.**
- **I will provide support for all coaches and officials working with my child.**
- **I will respect and honor the Rockdale Swim League’s “24 Hour Rule,” allowing for a waiting period before I approach a Coach or other parent to discuss a swim meet, swim meet situation, or practice situation, particularly pertaining to details which may become inflammatory, emotional or confrontational. I know that all swim team coaches will be held to this same standard. This will allow for a “cooling off” period and will take the discussion away from the other players, coaches, and parents.**

I understand that by agreeing to each of the above statements, I am helping to create a positive and fun environment that fosters learning and growth for my child. I agree to only behave in a way that supports this type of environment. I understand that I will be held to these standards by governing officials and I may be asked to leave an event if I cannot comply.

Parent/Guardian Printed Name

Parent/Guardian Signature

Date

Swim Team
2018 Registration Form

Parents' Names: _____

Address: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____

Parent Work Phone Number(s): _____

Emergency Name & Phone: _____

Paid Amount: _____ Check #: _____

	<i>Swimmer Name</i>	<i>Age (as of 6/1/16)</i>	<i>Date of Birth</i>	<i>Gender</i>
1	_____	_____	_____	_____
2	_____	_____	_____	_____
3	_____	_____	_____	_____
4	_____	_____	_____	_____

Records and Photo Release Permission: *(Please check)* _____ YES _____ NO:

My child's/children's photograph and swim records may be displayed in local newspapers and on the website and social media pages of an individual team and the Rockdale Swim League.

2018 Rockdale Swim League Rules and Regulations Waiver Statement

I have received and read the 2018 Rockdale Swim League Rules and Regulations. I understand that these Rules and Regulations will be followed during each dual meet and the final County swim meet. I understand the Rockdale Swim League and its Board are volunteer organizations which exist for the sole purpose of providing fun, recreational and competitive swimming. In the event of an accident, misinterpretation of the Rules and Regulations, misunderstanding or other similar circumstance, I agree to hold blameless the Rockdale Swim League, the Rockdale Swim League Board members, the individual Swim Team Representatives, Coaches and Team Volunteers during any swim team practice, dual meet, or authorized Rockdale Swim League event. I also agree that, in the event of an emergency, the Rockdale Swim League, the Rockdale Swim League Board members, the individual Swim Team Representatives, Coaches, and Team Volunteers may seek emergency assistance for my child/children.

Parent Signature _____ Date _____