

# CENTRAL ALBERTA MOUNTAIN CLUB

## BY - LAWS

The By-Laws of the Central Alberta Mountain Club may be rescinded, altered or added to by an “Extraordinary Resolution” passed by a majority of not less than three fourths (3/4) of such members entitled to vote as are present in person at a General Meeting of which one (1) month’s notice posted on the Club’s website and by email to all members in good standing specifying the intention to propose the resolution as an extraordinary resolution has been duly given.

## TRIPS BY – LAWS

### 1.1 Trip Coordinator

On Club Trips the Trip Coordinator will endeavor to facilitate decision making by the whole group discussion and consensus:

- Arrange a time and place for the group to meet prior to the start of the trip and, if necessary, arrange for permits, accommodation bookings, car pools, common and safety equipment, and personal equipment sharing.
- Contact the participants on each trip to verify they are fit for that trip and maintain a list of all members that signed up for the trip and that participated. Ensure that all participants are in good standing and have signed the waiver that is part of the application.
- Inform the Trips Chairperson of any instances where a trip participant has acted in an irresponsible manner so as to jeopardize the safety of either this trip participant, another trip participant or the group as a whole.
- Report all accidents to the Trips Chairperson as soon as possible.
- Trip coordinators for advanced longer trips have the responsibility to decide who may participate on said trip according to their assessment of the applying participant’s skills and abilities. In the event of a disagreement between a member in good standing and a trip coordinator then the final decision as to participation will rest with the Trips Chair.

## **Requirements to become a Trip Coordinator**

Successfully take the “Mountain Skills and Trip Coordination” course run by the Club

Or

Apply to the Club Executive stating what equivalent courses and experience you have that would exempt you from taking said course

Exemptions are at the sole discretion of the Club Executive and they may require further information or require the applicant to co-coordinate a trip before an exemption is granted.

### **1.2 Trip Participant Responsibilities**

It is the responsibility of all trip participants to:

- Be fully aware of the degree of difficulty of the trip, has the required expertise, proficiency and stamina to handle the rated difficulty as indicated in the trip schedule (Beginner, Intermediate, Advanced) and is aware of what equipment will be needed.
- Choose a trip suitable to their physical and mountain safety knowledge (avalanche, rock, snow & ice courses, etc., if applicable).
- Monitor weather, check avalanche/trail conditions.
- Contact the Trip Coordinator prior to the trip to confirm details of the trip.
- Be prepared to rent equipment if pooling of equipment is not possible or if certain equipment is required due to safety considerations (e.g. avalanche probes).
- Inform the group of any medical conditions, allergies or health problems prior to the commencement of the trip.
- Know the suitability and condition of your equipment and communicate any potential for problems to the group.
- Be on constant look out for the well being of the group, which includes sage route selection and monitoring the trip participants for signs of fatigue, hypothermia and frostbite. Be courteous to all and always pay special attention to the weakest member of the group. REMEMBER to ALWAYS set a pace that the weakest or slowest trip participant can handle.

- Participate in group discussions and decision-making to the best of your ability. If you feel uneasy about a situation that the group is suggesting, it is your responsibility to let the group know of your feelings.
- Respect all financial arrangements.
- Leave pets at home.

### **1.3 Waivers**

All trip participants are required to have signed the waiver attached to the member application prior to embarking on a Club trip.

### **1.4 Courses**

Some Club trips may require participants to have completed a course relevant to that particular trip. These requirements may be waived on a trip-by-trip base at the discretion of the Club Executive.

### **1.5 Trip Schedule**

The executive will approve the trip schedule before it is published on the website or made public knowledge and all trips added after this initial date must be approved by the executive before they run.

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