

***Community Resources For
Overton County-Livingston
Head Start Center
2022-2023***



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 4
Dental Providers/TennCare.....	Page # 5
Dental Providers/.....	Page # 6
Disabilities.....	Page # 6
Domestic Violence.....	Page # 7
Drug/Alcohol Abuse.....	Page # 8
Emergencies.	Page # 9
Food/Clothing& Utilities.....	Page # 10
Housing/Homeless.....	Page # 10
Insurance.	Page # 11
Legal/Gov. Assistance.....	Page # 12
Marriage/Strengthening.....	Page # 12
Marriage (Pre-Counseling).....	Page # 12
Medical Providers/TennCare.....	Page # 13
Medical Providers.....	Page # 14
Mental Health Providers/TennCare.....	Page # 14
Mental Health Providers/.....	Page # 15
Quit Tobacco Resources.....	Page# 15
Raising Children.....	Page # 16
Transportation.....	Page # 16
Youth Involvement.....	Page # 17
Language Asst.....	Page # 17

Adult Education:

Middle Tennessee School of Cosmetology

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Cookeville Higher Learning Campus

1000 Neal Street
Cookeville, TN. 38501
(931) 526-2211 or (931) 520-0551

Overton County Adult Basic Education

112 Bussell Street
Livingston, TN. 38570
(931) 823-7761

Roane State Community College

Crossville, TN 38555
931-456-9880

Tennessee Technology Center

Livingston, TN. 38570
(931) 823-5525

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888

Volunteer State Community College

Livingston, TN 38570
931-8235-7065

UCReconnect.com

931-526-2211

Youth CAN

580 S Jefferson Ave, Suite A
Cookeville, TN 38501
931-520-9538

Adult Job Training Services:

American Job Center

931-520-9502

Anthony.scionti@tn.gov

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-5981

Career Center

3300 Williams Enterprise Drive
Cookeville, TN. 38501
(931) 520-8733

Career Specialist

206 W Henson St Livingston, TN 38570
931-303-6823

Families First

Livingston, TN. 38570
Contact: Ralph Robbins
(931) 823-5525

Family Resource Center

Cookeville, TN. 38501
Contact: Beverly Dronebarger
(931) 537-6135

Goodwill Industries

575 South Jefferson
Cookeville, TN. 38501
(931) 520-8969

Genesis Career College

880-A East 10th Street
Cookeville, TN 38501
(931) 526-8735

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660

Mr. Wayne's School of Hair Design

Willow Tree Shopping Mall
Cookeville, TN. 38501
(931) 526-1478

Nashville State Community College

1000 Neal Street
Cookeville, TN. 38501
(931) 526-2211
(931) 520-0551

Social Security Administration - SSI Program

Cookeville, TN 38501
931-528-9765 & *Hotline:* 800-347-4501

Tennessee Department of Human Services - Overton County

411 W. Main St
Livingston, TN 38570
931-823-5695

Tennessee Technology Center

Livingston, TN. 38570
(931) 823-5525

UCHRA

Livingston, TN
931-823-7323

Resources for Bereavement:

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705
931-528-5133

Heart of the Cumberland

P.O. Box 717,
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com

Childcare:

Wonder Bees

1008 E Main St
Livingston, TN 38570
931-823-2782

Christine's Day Care

124 Boot Hill Road
Allons, TN 38541-0000
(931) 823-4763

Crayon Club House

1576 Hanging Limb Hwy
Monterey, TN 38574
(931) 839-2329

First Skool

111 Gore Ave
Livingston, TN 38570
931-510-1025

Livingston Head Start Center

480 Cross Ave
Livingston, TN 38570-1038
(931) 823-1757 (*Free Service*)

Ma-Ma's Kiddie Poohs

208 Zion Hill Rd
Cookeville, TN 38506
931-265-0865

Ms Angie's Playhouse

Livingston, TN 38570
(931) 823-7070

Only Little Once

2837 Celina Hwy
Allons, TN 38541
931-403-1963

Patsy Ann's Childcare

115 McAlpin Rd
Livingston, TN 38570
931-403-5950

Puddle Jumpers

Bradford Hicks Drive
Livingston, TN 38570
931-445-5020

Resources to help in Child Abuse Situations:

Child Abuse Hotline
900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Department Of Children's Services
600 Hearthwood Ct
Cookeville, TN 38506
(931) 646-3000

District Attorney General
1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Omni Community Health
Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359 & (615) 781-0688

Livingston City Police Department
North Church St
Livingston, TN. 38570
(931) 823-6496 & 911 Emergencies

**Overton County Branch
Department Of Children's Services**
Livingston, TN. 38570
(931) 823-5890

Overton County Sheriff's Department
1010 John Poindexter Drive
Livingston, TN. 38570
(931) 823-5635 & 911 Emergencies

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**
616-B North Church Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

**Tennessee Commission on
Children/Youth**
1000 Neal Street
Cookeville, TN 38501

(931) 520-4445

Livingston Chamber of Commerce
222 East Main Street
Livingston, TN 38570
(931) 823-6422

**CASA /Court Appointed Special
Advocates**
106 West Henson Street
Livingston, TN 38570
Contact = Sara Hogue
(931) 823-7479

**Dental Providers who take
TennCare:**

Castle Dental
787 B South Willow Ave
Cookeville, TN 38501
931-528-2324
Murfreesboro, TN
615-867-6360

Catherine Phillips, DDS
200 W 10th St
Cookeville, TN 38501
(931) 646-7506

Cookeville Regional Dental Clinic
327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic
1720 West Avenue Suite # 6
Crossville, TN. 38555
(931) 484-3007

**Dr. Steven Ellis –Livingston Family
Dentistry**
Livingston, TN. 38570
(931) 823-5517

**Dr. Buckie Parsons - Livingston
Family Dentistry**
Livingston, TN. 38570

(931) 823-5517

Dr. Joe Upton

415 University Street
Livingston, TN 38570
(931) 823-5653

Hermitage

4761 Andrew Jackson Pkwy
Hermitage, TN 37076
615-885-3525

Hermitage Dental Clinic //Dr. Charles Burdeshaw

107 Bonnahbrook Drive
Hermitage, TN 37076
1-800-373-3330

Providence

5000 Crossings Circle, Suite 301
Mt. Juliet, TN 37122
615-754-4444

Overton County Health Department

5880 Bradford Hicks Dr.
Livingston, TN. 38570
931-823-6260
Pickett Co 931-864-3178
Putnam Co (931) 528-2531

Snodgrass-King Pediatric Dentistry

Gateway Medical Plaza II
1747 Medical Ctr. Parkway Suite 300
Murfreesboro, TN 37129
615-225-0700

Wild About Smiles

614- E Clark Blvd
Murfreesboro, TN 37130
615-890-0885

Zoo Crew

1100 Neal St
Cookeville, TN 38501
931-349-7807

Cumberland Pediatric Dentistry & Orthodontic

Bryan Burnside, DMD
510 S. Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Dr. Manish Rana

400 West Crawford Ave
Monterey, TN 38574
(931) 839-8684

Overton County Health Department

5880 Bradford Hicks Drive
Livingston, TN 38570
931-823-6260

Resources for Persons with Disabilities:

Access Program

225 N Willow Ave
Cookeville, TN 38501
(931) 520-8465

American Manufacturing & Packaging (AMP)

Cookeville, TN. 38506
(931) 432-6997

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & **Hotline:** 931-823—
5678

Children's Special Services

Overton County Health Department
Bradford Hicks Drive
Livingston, TN 38570
931-823-6260

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247

Independent Opportunities Inc.**(I.O.I.)**

25 West Broad Street
Suite # 8
Cookeville, TN. 38501
(931) 528-7701

KIDS Putnam

Cookeville, TN 38501
931-526-5437

**Social Security Administration - SSI
Program**

Cookeville, TN 38501
931-528-9765 & **Hotline:** 800-347-4501

TN Early Intervention System (TEIS)

Education/training
(931) 372-3561 or 1-800-852-7157

**Upper Cumberland Human Resource
Agency - Overton County**

106 West Henson Street
Livingston, TN 38570
931-823-7323

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721

**Resources to help in Domestic
Violence Situations:****Alliance Against Domestic Violence**

Cookeville TN 38501
(931) 526-4730
(931) 526-5197

Domestic Violence Support Group

Sponsored by Genesis House:

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Livingston City Police Department

North Church St
Livingston, TN. 38570
(931) 823-6496
911 Emergencies

New Life Church

931-397-9500

Overton County Sheriff's Department

1010 John Poindexter Drive
Livingston, TN. 38570
(931) 823-5635
911 Emergencies

Alcohol and Drug Abuse

All Local Churches in Area

**Bradford Health Center @ Cookeville
Outreach Office**

320 East Broad Street
Suite 1-A
Cookeville, TN 38501
931-646-4674

**Bradford Health Center @ Cookeville
Regional Office**

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN 38570
(931) 823-5678

Drug Abuse Hotline

1-800-888-9383

Drug Coalition Task Force

Court Annex Building
Livingston, TN 38570
931-823-3797

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Livingston City Police Department

North Church St
Livingston, TN. 38570
(931) 823-6496 Drug Hotline: 931-
783-3743
911 Emergencies

Manna House

326 White Oak Rd
Jamestown, TN
(931) 752-7075

Meth Hotline

Spring Street
Cookeville, TN.
38501

(931) 525-6384

Meth Hotline/Statewide

1-877-866-6384

**Mothers Against Drunk Driving
/Support Group Meetings**

18 N. Madison Ave
Cookeville, TN. 38501
931-520-6233

Overton County Sheriff's Department

1010 John Poindexter Drive
Livingston, TN. 38570
(931) 823-5635 New Tips Hotline 931-
823-4631
911 Emergencies

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877)-
567-6051

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400

Teen & Adult Challenge

200 Freedom Ln
Livingston, TN 38570
1-888-688-0470

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Overton County
106 West Henson Street
Livingston, TN 38570
931-823-7323

Assistance in the event of an Emergency Situation:

Alpine Fire Department & Rescue
(931) 823-3422 911 Emergencies

Allons Fire Department & Rescue
(931) 823-9638 911 Emergencies

Air Evac Life Team
106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099 Emergency = 911

Disaster Assistance
DisasterAssistance.gov

Hilham Fire Department & Rescue
(931) 823-5635 911 Emergencies

Livingston City Police Department
North Church St
Livingston, TN. 38570
(931) 823-6496 911 Emergencies

Livingston Regional Hospital
315 Oak Street
Livingston, TN.
931-823-5611

Muddy Pond Fire Department & Rescue
Muddy Pond
Crawford, TN. 38554
(931) 445-3036
911 Emergencies

Monroe Fire Department & Rescue
Monroe, TN. 38573
(931) 823-4667 911 Emergencies

Overton County Rural Fire Department
332 Civil Defense
Livingston, TN. 38570
(931) 823-1133

Overton County Rescue Squad
125 Johnson Speck Lane
Livingston, TN 38570
(931) 823-5404

Overton County Sheriff's Department
1010 John Poindexter Drive
Livingston, TN. 38570
(931) 823-5635
911 Emergencies

Poison Control
1-800-288-9999

Rickman Fire Department & Rescue
(931) 498-4357 911 Emergencies

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676

TEMA
www.tn.gov/tema

Taylor's Crossroads Fire Department
Old Stover RD
Monroe, TN
931-823-9396

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400

106 North Chestnut Street
Monterey, TN 38574
(931) 839-2971

**Assistance with
Food/Clothing/Utilities Needs:**

Allons Baptist Church
2505 Celina Livingston Hwy
Livingston TN 38578
(931) 823-8613

**Mineral Springs Missionary Baptist
Church**
Hanging Limb Hwy
Monterey, TN 38574
(931) 839-3538

Allons Church of Christ
Allons, TN.
(931) 823-4145

Muddy Pond Baptist Church
Muddy Pond Community

**Community Education Office for the
Food Stamp Program**
*Legal Aid Society of Middle Tennessee
and the Cumberlands*
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Widow Barrel
713 E Main St.
Livingston, TN 38570
931-403-4038

Department of Human Services
616 North Church St
Livingston TN 38578
(931) 823-5695

TennCare Transportation - Cookeville
417 East Broad Street
Cookeville, TN 38501
931-372-8719 & **Hotline:** 800-483-6743

Fellowship Baptist Church
2810 Willow Grove Hwy
Allons TN 38541
(931) 823-4552

**Upper Cumberland Human Resource
Agency - Overton County**
106 West Henson Street
Livingston, TN 38570
931-823-7323

Livingston First Church
104 Robert Street
Livingston, TN 38570
(931) 823-6445

Noel's Helping Hands
1075 W Main St.
Livingston, TN 38570
931-319-8350
Free clothing/home furnishings

Monterey Church of God
Industrial Drive
Monterey, TN 38574
(Assist with food and other needs)

Women of the Well
Food Pantry
Joe L Evins Community Center
Livingston, TN 38570

Monterey Food Bank
Sponsored by: First Baptist Church

**Resources to assist with
Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555

931-707-0569

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
(931) 528-5819

Habitat for Humanity – Active in Overton County
9-4pm
931-528-1711

HART
Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Holly Hill's
15 Holly Dr
Livingston, TN 38570
931-823-1118

Livingston Housing Authority
620 E 7Th Street
Livingston, TN 38570-1204
(931) 823-6423
(Income Based)

M&E Rentals
550 N Church St. Livingston, TN 38570
931-498-2338

Mt Gove Apts (Seniors)
940 N Spring St
Livingston, TN 931-823-6626

Upper Cumberland Homeless Shelter
15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - Overton County
106 West Henson Street
Livingston, TN 38570
931-823-7323

United States Department of Agriculture
Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

41 Villa Court
Livingston, TN 38570
931-823-2164 (Tuesday/Thursday only)
(Income Based)

Willow Place
216 Fair St
Livingston, TN 38570
931-823-5290

Assistance with Insurance Needs:

Blue Cross Blue Shield
(865) 588-4612 Group Insurance
1-800-845-2738

Cotton States
107 East Broad Street
Livingston, TN 38570 **(931) 823-2885**

Farm Bureau
410 Veterans Drive
Cookeville, TN 38501
(931) 528-1571

Farm Bureau
7486 Bradford Hicks Drive
Livingston, TN 38570
(931) 823-1322

Gary Maxwell Insurance
420 East Main Street
Livingston, TN 38570

(931) 823-1251

Tennessee Justice Center
Nashville, TN
615-255-0331

Upper Cumberland Human Resource Agency - Overton County
Coverkids
106 West Henson Street
Livingston, TN 38570
931-823-7323

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville
1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598

Livingston Housing Authority
620 E 7Th Street
Livingston, TN 38570-1204
(931) 823-6423

Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation: 24 hrs. /day, 7 days a week
Phone: 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes

Tennessee 211
1-800-318-9335

Upper Cumberland-Community Services Agency
1000 England Dr. #F
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Overton County
106 West Henson Street
Livingston, TN 38570
931-823-7323

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN 38501
(931) 528-9399

Three Forks Baptist Church
Hanging Limb Rd.
Monterey, TN 38574
(931) 839-3734

The Exchange Club/Stephens Center for the Prevention of Child Abuse
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Upper Cumberland Development District
1104 England Dr.
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

Three Forks Baptist Church

Hanging Limb Rd.
Monterey, TN 38574
(931) 839-3734

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051

The River Community Church

1200 Miracle Road
Cookeville, TN 38501
931-528-3660

Volunteer

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN 38570
Telephone = 1-800-299-6197
931-823-5678

**Medical Providers who take
TennCare:**

Ashley Allred O.D

In Focus Eye Care

Livingston, TN. 38570
(931) 403-3937

Byrdstown Medical Center

8401 Hwy 111
Byrdstown, TN.
(931) 864-3187

Children's Special Services

Livingston, TN
931-823-6260

Cookeville Pediatrics Associates

345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485

Cookeville Regional Medical Center

142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541

Cumberland Physicians Group

305 South Holly Street
Monterey, TN. 38574
(931) 839-6005

Dr. Chakrabarty

225 North Willow Ave.
Cookeville, TN. 38501
(931) 528-8899

Kids Kare /Dr. Climico

758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173

Livingston Regional Hospital

315 Oak Street
Livingston, TN. 38570
931-823-5939

Livingston Family Healthcare

403 University Street
Livingston, TN.
931-403-5939

**Mid-South Allergies, Asthma & Sinus
Center**

220 N. Oak Street
Cookeville, TN. 38501
(931) 520-1010

Oasis Medical Clinic

Dr. Kenneth Colburn MD
FNP-Joshua Cooper
FNP- Jessica Randolph
4120 Bradford-Hicks Drive
Livingston, TN 38570-2301
(931) 823-5603

Overton County Health Department

1080 Bradford-Hicks Drive
Livingston, TN 38570-2301
(931) 823-6260

Pearson Family Medical Clinic

305 South Holly St/ Suite A

Monterey, TN. 38574
(931) 839-3041

Primary Care Clinic/Dr. Clough
5751 Bradford Hicks DR
Livingston, TN 38570
(931) 823-3030

Tennessee Pediatrics
435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

**The Livingston Clinic (Dr.
Langenburg)**
500 West Main Street
Livingston, TN. 38570
(931) 823-5681

Dr. Collin Smith
316 Oak St
Livingston, TN 38570
931-823-1266

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

Baxter Medical Clinic
319 West Broad Street
Baxter, TN.38544
(931) 858-2116

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555
931-707-0569

Children's Special Services
Livingston, TN
931-823-6260

Cookeville Regional Medical Center
142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541

Lion's Club
Moodyville Rd.
Byrdstown, TN. 38549
(931) 864-7342

Livingston Regional Hospital
315 Oak Street
Livingston, TN.
931-823-5611

Lion's Club- Optical Assistance
(931) 823-4724

Overton County Health Department
1080 Bradford-Hicks Drive
Livingston, TN 38570-2301
(931) 823-6260

**Partnership for Prescription
Assistance**
Phone: 1-888-477-2669
www.pparx.org

**Mental Health Providers who
take TennCare:**

Cumberland Plateau Recovery
550 North Church Street Livingston,
TN. 38570
(931) 403-3577 and (931) 265-5382

Dale Hollow Mental Health Center
501 Spruce Street Livingston, TN.
38570
(931) 823-5678

**Personal Growth and Learning
Center**
509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

**Rape and Sexual Assault Response
Center**
1519 East Spring, Suite F
Cookeville, TN 38506

Hours of operation 24 hrs. /day, 7 days a week

Phone: 931-526-5197 **Hotline:** 800-707-5197

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow or PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688 *(A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.)*

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue Cookeville
TN 38502
Phone: (931) 432-4123 **Hotline:** (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Overton County

106 West Henson Street
Livingston, TN 38570
931-823-7323

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation
Greg Williams
931-738-9211

Cookeville Regional Medical Center- Algood Room

Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-646-2693

Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco
1-800-942-5942

Nicotine Anonymous
800-642-0666

American Lung Association
Freedom from Smoking
info@lung.org
800-586-4872

American Lung Association of Tennessee
212 S. Peters Rd Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

Former Smokers
The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Overton County
317 East University Street
Suite 131
Livingston, TN 38570

Adapt Program
Cookeville, TN.
(931) 432-5966

Cumberland Counseling Services
931-528-2378

Department Of Children's Services
1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

CHANT
Upper Cumberland
Regional Office
1000 England Dr.

Cookeville, TN 38501
931-528-7531
931-520-4202

Parent's Encouraging Parents Support Group
200 Wets 10th Street
Cookeville, TN. 38501
(931) 646-7510

Relative Caregiver Program-UCDD
1104 England Dr.
Cookeville, TN. 38501
(931) 432-4111

The Exchange Club/Stephens Center for the Prevention of Child Abuse
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Upper Cumberland-Community Services Agency
1000 England Dr. #F
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Overton County
106 West Henson Street
Livingston, TN 38570
931-823-7323

Youth Villages
1420 Neal Street
Cookeville, TN. 38501
(931) 525-6905

Resources to assist with Transportation Needs:

A-1 Auto
Monterey, TN. 38574
(931) 839-3013
Contact: Bill Norrod or Tim Anderson

Arney Wrecker
701 W Main St
Livingston, TN 38570
931-397-8813
931-644-2103

Richard Pryor
388 Old Neal Rd
Livingston, TN. 38570
(931) 397-0957

TennCare Transportation - Cookeville
417 East Broad Street
Cookeville, TN 38501
931-372-8719 & **Hotline:** 800-483-6743

Upper Cumberland-Community Services Agency
1000 England Dr.
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Overton County
106 West Henson Street
Livingston, TN 38570
931-823-7323

Upper Cumberland Development District
1104 England Dr.
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

I Am Kids Connect
Sunday nights-Food, games, entertainment, held @ First Methodist Life Center Gym. All youth are welcome. Buses will pick up and return children.
Ashley 931-498-1426

4-H Youth Development Programs

Sponsored by: U.T. Extension Office
317 East University Street
Livingston, TN. 38570
(931) 823-2735

Upper Cumberland-Community Services Agency
1000 England Dr.
Cookeville, TN 38501
931-520-0200

Young Life for Teens
Livingston TN 38570

Youth Leadership Overton
Sponsored by: U.T. Extension Office
317 East University Street
Livingston, TN. 38570
(931) 823-2735

WCTE American Graduate & Ready To Learn
LWray@wcte.org
CPutman@wcte.org
931-528-2222

Language Assistance **(All Counties)**

County Health Depts. - Primary Health Care Services
County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and

*indigent residents of the community.
(Spanish Language Services)*

*grief and loss, job and life transitions,
parenting, and conflict
resolution/communication training.
(Spanish Language Services)*

**Department of Human Services,
Counties**

*A state government agency that provides
the following financial assistance and
health insurance programs to those who
qualify: Families First - temporary cash
assistance program; Food Stamp
Program/Electronic Benefit Transfer
(EBT) - nutritional assistance program,
EBT Helpline (1-888-997-9444);
Medicaid/TennCare - processes
applications for health insurance
coverage; Child Care Resource &
Referral; & Adult Protective Services -
investigates reports of abuse, neglect, or
financial exploitation of adults (1-888-
277-8366). Interpreter Services
available upon request*

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Hispanic Association
732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

Hispanic Service Ebenezer
PO Box 712
McMinnville, TN 37111
Phone: 9314741551

Omni Community Health
665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051
*Provides a variety of counseling services
such as academic and behavioral school
issues, juvenile delinquency, marriage
and family, separation and divorce,
depression, alcohol and drug
dependency & twelve step recovery,*