

## **Food and Nutrition Policy**

This school follows the guidelines set forth in the Florida Department of Health's Bureau of Childcare Food Program Crediting Guide.

Within these regulations it states: Serving safe food to children is as important as serving well-balanced and appetizing meals. Preventing foodborne illness must be a top priority for staff that prepare and serve meals to young children.

Improper food handling, preparation, or storage can cause food to become contaminated with bacteria or germs that could result in children becoming sick if contaminated food is eaten. Foundations will maintain their refrigerators and freezers at the level required (Bacteria multiply quickly at temperatures between 41°F and 135°F.) Keeping foods out of the danger zone is critical to keeping food safe and children healthy.

Food Allergies: If a child has a food allergy, we will work with the family to find the appropriate substitute to keep that child safe.

Attached please find the CCFP Meal Pattern for Children.

For additional information regarding food safety, please go to

[www.flhealth.gov/ccfp/](http://www.flhealth.gov/ccfp/) or [www.foodsafety.gov](http://www.foodsafety.gov)