# **Sports Enhancement** & the HOCATT™

## LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could increase your athletic performance simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the  $HOCATT^{TM}$  it s true! And it's not just good — it's great!

### SO WHAT IS THE HOCATT™?

Hyperthermic Ozone & Carbonic Acid Transdermal Technology: The HOCATT™ is a bio-chamber that delivers a combination of modalities perfectly sequenced to give a gentle, but incredibly powerful session, that boosts energy and detoxes your body down to cellular level. The main modality is Transdermal Ozone, which is generated from pure Oxygen.

# SO WHAT DOES IT DO?

Using Hyperthermia together with Transdermal Ozone:

- \* Ensures optimal athletic performance.
- 'Increases energy levels.
- \* Builds strength, endurance and speed without fatigue!
- \* Enhances weight loss burns up to 600 calories per session!
- 'Turns fat into muscle!
- \* Speeds up recovery post-exercise.
- \* Enhances healing for sports injuries.
- \* Reduces physical and emotional stress.

### HOW DOES IT DO THIS?

- ' Increases metabolism and heart rate, which simulates a cardiovascular workout.
- 'Improves oxygen utilization and respiratory efficacy.
- ' Cleans veins and arteries by dissolving plaque, and also dilates arteries.
- Increases blood and lymph circulation throughout the entire body, thereby improving oxygen delivery down to cellular level! This enhances mitochondrial function and increases ATP production which means MORE ENERGY!
- Excretes toxins, stimulates the immune system and promotes healing:
  - Regenerates damaged tissue.
  - Enhances the elimination of lactic acid, which facilitates faster recovery after exercise.
  - Reduces the stress your body undergoes with exercise and relieves tension.
  - Reduces inflammation/swelling and pain, and also reduces chronic joint pain.

For the athlete, it's all about increasing energy and improving the way you use oxygen. Because the HOCATT<sup>TM</sup> floods your body with ozone (which you can think of as a Super-Oxygen) all the way down to cellular level, it's the ideal tool for any sports enthusiast!

