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## Needs List

The PHCH pantry provides essential food and household items for the PHCH children. PHCH is licensed to care for up to 48 children from birth to age 17. Gallon size cans are needed for the M-F meals which are served in the campus dining hall. Individual size cans are needed for the weekend meals which are served in each of the four individual cottage homes.

**Texas state law prohibits PHCH from using expired food.** Please note the expiration dates of cans and packages when donating goods. Any meat donation must be USDA processed and stamped. Thank you!

### **AFTER SCHOOL & BEDTIME SNACKS**

Fruit Roll Ups	Cookies	Nuts
Fruit Snacks	Snack Cakes	Raisins
Trail Mix	Fresh Fruit	Jello/Pudding
Pop Tarts	Granola Bars	Popcorn ( <i>Microwavable</i> )
Chips	Chex Mix	Crackers (Assorted)

### **CANNED FOOD: (both gallon and small size needed)**

Green Beans	Corn	Mixed Vegetables	Peas
Potatoes	Spinach	Black-eyed Peas	Carrots
Ravioli	Tomato Sauce	Tomato Paste	Rotel
Spaghetti O-s	Beef Stew	Refried Beans	Chili
Black Beans	Applesauce	Canned Fruit (Peaches, Pears, etc.)	
Tuna, Chicken, Spam, Vienna Sausage			

### **SOUP:**

Tomato	Chicken Noodle	Beef/Chicken Broth
Ramen Noodles	Vegetable	Cheddar Cheese
Cream of Mushroom, Chicken or Celery		

### **GROCERY FOOD:**

Cereal	Jelly	Peanut Butter	Bread
Kool-Aid	Coffee	Coffee Creamer	Tea
Hot Cocoa	Oatmeal	Pancake Mix	Grits
Crackers	Tortilla Chips	Spaghetti Sauce	Rice
Rice Dishes	Noodles	Macaroni & Cheese	
Pasta Dishes	Rice Dishes	Hamburger Helper	
Taco Shells	Stuffing Mix	Instant Potatoes	

### **DESSERT AND BAKING INGREDIENTS:**

Flour	Cooking Spray	Vegetable/Canola Oil
Cake Mixes	Cookie Mixes	Brownie Mixes
Muffin Mixes	Icing	Chocolate Chips
Brown Sugar	Powdered Sugar	Granulated Sugar
Baking Soda	Baking Powder	Vanilla Extract
Shortening	Pecans	Fruit (pie filling)
Cornmeal	Lemon Juice	Evaporated Milk
Marshmallows	Ice Cream Cones	Sprinkles

Pleasant Hills Children's Home is supported by your donations.  
Your help in providing for the PHCH children is greatly appreciated!

### **CONDIMENTS:**

Ketchup	Mustard	Ranch Dressing
A-1 Sauce	Soy Sauce	Miracle Whip / Mayo
Pickles/Relish	Salad Dressing	Barbeque Sauce
Salsa	Bacon Bits	Velveeta Cheese
Honey	Pancake Syrup	Chocolate Syrup

### **SPICES:**

Salt	Black Pepper	Taco Seasoning
Season Salt	Chili Pepper	Italian Seasoning
Lemon Pepper	Cinnamon	Garlic Powder/Salt
Chicken/Beef Bouillon		Onion Powder/Salt

### **TOILETRY ITEMS:**

Deodorant	Toothpaste	Baby Wipes
Pull-Ups	Mouthwash	Baby Powder & Lotion
Shampoo	Conditioner	Baby Shampoo
Razors	Shaving Cream	Dental Floss
Hair Accessories	Hairbrush/Combs	Hair Spray, Gel, Mousse
Hand Soap	Body Wash	Bar Soap
Q-Tips	Cotton Balls	Feminine Products
Tweezers	Pink (African American Hair Moisturizer)	

### **MEDICINE/FIRST AID: (for children and teens)**

Ibuprofen	Tylenol	Sinus Cold Medicine
Emitrol	Antacids	Sore Throat Spray
Benadryl	Neosporin	Multi-Vitamins
Peroxide	Band-Aids	Rubbing Alcohol
Thermometers	Acne Medicine	Cough Drops/Sore Throat Drops
Carmex/Blistex	Lip Balm	Gauze & First Aid Tape
Calamine Lotion	Insect Repellent	Sunscreen

### **CLEANING SUPPLIES AND PAPER GOODS:**

Paper Towels	Toilet Paper	Kleenex
Aluminum Foil	Plastic Wrap	Ziploc Bags
Bathroom Cleaner	Napkins	Clorox Wipes
Furniture Polish	Floor Cleaner	Comet
Disinfectant Spray	Multi-Purpose Cleaner	Bleach
Dishwashing Liquid	Dishwasher Detergent	Dryer Sheets
Fabric Softener	Laundry/Stain Remover	Light Bulbs
Trash Bags (30 & 50 gal)	High-Efficiency Laundry Detergent	