

Class meets Mondays, 6:00 - 7:30 pm, PST via Zoom.

To get the most out of this experiential training, please do your best to be at each class. Classes will be recorded if you are unable to attend.

## October 2020

5 • 12 • 26

## November 2020

9 • 16 • 30

## December 2020

7 • 14 • 28

## January 2021

11 • 18 • 25