



November 2024

LUNCH MENU

The Girls School of Austin

GF – Gluten Free		DF – Dairy Free		V – Vegetarian		EF– Egg free	
							1 Student Holiday
4 Vegetable Soup GF DF V EF Cornbread Fruit Green Goddess Turkey & Cheese	5 Soft Chicken Tacos DF EF Corn Salad GF DF V EF Fruit Taco Salad Chicken Wrap	6 Turkey Tetrzzini Noodles V Peas GF DF V EF Fruit Fall Buddha Bowl Roast Beef Bento	7 Fish Sticks DF Mac N Cheese V Green Beans GF DF V EF Fruit Kale Salad Ham & Cheese	8 Meatball Subs Veggie Sticks GF DF V EF Fruit *Veggie Sub Cobb Salad			
11 Student Holiday	12 Cheese Quesadilla GF V EF Rice GF DF V EF Black Beans GF DF V EF Fruit Taco Salad Tomato Basil Mozzarella Bento	13 Turkey Meatloaf DF Scalloped Potatoes GF V EF Peas & Carrots GF DF V EF Fruit *Veggie Loaf Greek Salad Ham & Cheese	14 Brisket Sandwich DF Chips DF V EF Fruit *Veggie Italian Misto Salad	15 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Caesar Salad Egg Salad Bento			
18 Chicken GF DF EF Broccoli GF DF V EF Rice GF DF V EF Fruit Green Goddess Salad Turkey & Cheese Bento	19 Bean & Cheese Taco V EF Spanish Rice GF DF V EF Fruit Taco Salad Chicken Wrap	20 Pasta Marinara DF V EF Mixed Veggies GF DF V EF Breadstick DF V EF Fruit Spinach Salad w/Strawberries Ham & Cheese Bento	21 Hot Italian Beef Sub DF EF Veggie Straws GF DF V EF Fruit *Veggie Sub Italian Misto Salad	22 BBQ Pork Sandwich Tater Tots DF GF V EF Fruit *Veggie BBQ Cobb Salad			
25 	26 Happy	27 Thanksgiving!!!	28 	29 