



# A Day in the Life of Preschool

## September-June

7:30	Preschool families are welcomed Free play activities
8:00	Snack is served
8:45	Snack is put away Bathroom routine
9:15	Cloakroom
9:30	Outdoor play (weather permitting)
10:30	Developmental play (cognitive, dramatic, reading, creative, sensory/science, manipulative toys, blocks, etc)
11:20	Tidy up playroom
11:30	Group time – stories, songs, finger plays
11:45	Lunch time
12:15	Bathroom routine Get ready for nap
12:30	Nap time and quiet activities
2:30	Wake up Bathroom routine
2:45	Developmental play (cognitive, dramatic, reading, creative, sensory/science, manipulative toys, blocks, etc)
3:30	Tidy up playroom
3:40	Group time – stories, songs, finger plays,
4:00	Snack time
4:30	Bathroom routine
4:45	Cloakroom
5:00	Outdoor play (weather permitting)
5:30	Late snack
6:00	Daycare closes

*Preschool children participate in structured gym program once per week*

## Preschool Summer schedule

7:30	Families are greeted in room 107 Free play (creative, table activities, blocks/puzzles) Prepare for the day's activities (sunscreen, swim suits) Snack is served
10:00	Programmed activities <b>(See calendar &amp; program plan for arrival times)</b>
10:30	Outdoor activities (arts and crafts, bikes, books, organized games, etc)
11:35	Group time - (stories, finger plays, books, etc)
11:50	Lunch
12:30	Story time/Washroom routine
1:00	Quiet/Rest time
2:00	Free play and programmed activities
3:30	Snack
4:00	Outdoor activities (arts and crafts, bikes, books, organized games, etc)
5:00	Group time – (stories, finger plays, songs, etc)
4:30	Free play and programmed activities
5:30	Late Snack Quiet time (books, puzzles, manipulative toys, colouring, etc)
5:50	Tidy up & home preparation
6:00	Daycare closes

*During inclement weather days, alternative gross motor/body movement activities are implemented in the classroom, hallways or the gym.*