



# Emergency Medical Technician Psychomotor Examination

## PATIENT ASSESSMENT/MANAGEMENT – MEDICAL

Skill Sheet 1  
TESTED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
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Takes or verbalizes appropriate PPE precautions	1	
<b>SCENE SIZE-UP</b>		
Determines the scene/situation is safe	1	
Determines the mechanism of injury/nature of illness	1	
Determines the number of patients	1	
Requests additional EMS assistance if necessary	1	
Considers stabilization of the spine	1	
<b>PRIMARY SURVEY/RESUSCITATION</b>		
Verbalizes the general impression of the patient	1	
Determines responsiveness/level of consciousness (AVPU)	1	
Determines chief complaint/apparent life-threats	1	
Assesses airway and breathing		
-Assessment (1 point)      -Assures adequate ventilation (1 point)      -Initiates appropriate oxygen therapy (1 point)	3	
Assesses circulation		
-Assesses/controls major bleeding (1 point)      -Checks pulse (1 point)	3	
-Assesses skin [either skin color, temperature or condition] (1 point)		
Identifies patient priority and makes treatment/transport decision	1	
<b>HISTORY TAKING</b>		
History of the present illness		
-Onset (1 point)      -Quality (1 point)      -Severity (1 point)		
-Provocation (1 point)      -Radiation (1 point)      -Time (1 point)	8	
-Clarifying questions of associated signs and symptoms related to OPQRST (2 points)		
Past medical history		
-Allergies (1 point)      -Past pertinent history (1 point)      -Events leading to present illness (1 point)	5	
-Medications (1 point)      -Last oral intake (1 point)		
<b>SECONDARY ASSESSMENT</b>		
Assesses affected body part/system		
-Cardiovascular      -Neurological      -Integumentary      -Reproductive	5	
-Pulmonary      -Musculoskeletal      -GI/GU      -Psychological/Social		
<b>VITAL SIGNS</b>		
-Blood pressure (1 point)      -Pulse (1 point)      -Respiratory rate and quality (1 point each)	4	
States field impression of patient	1	
Interventions [verbalizes proper interventions/treatment]	1	
<b>REASSESSMENT</b>		
Demonstrates how and when to reassess the patient to determine changes in condition	1	
Provides accurate verbal report to arriving EMS unit	1	
<b>Actual Time Ended:</b> _____	<b>TOTAL</b>	<b>42</b>

### CRITICAL CRITERIA

- \_\_\_ Failure to initiate or call for transport of the patient within 15 minute time limit
- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to determine scene safety before approaching patient
- \_\_\_ Failure to voice and ultimately provide appropriate oxygen therapy
- \_\_\_ Failure to assess/provide adequate ventilation
- \_\_\_ Failure to find or appropriately manage problems associated with airway, breathing, hemorrhage or shock
- \_\_\_ Failure to differentiate patient's need for immediate transportation versus continued assessment or treatment at the scene
- \_\_\_ Performs secondary examination before assessing and treating threats to airway, breathing and circulation
- \_\_\_ Orders a dangerous or inappropriate intervention
- \_\_\_ Failure to provide accurate report to arriving EMS unit
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

**You must factually document your rationale for checking any of the above critical items on the reverse side of this form.**



Emergency Medical Technician Psychomotor Examination

PATIENT ASSESSMENT/MANAGEMENT – MEDICAL  
Oral Glucose Administration

Skill Sheet  
Supplement 1  
TESTED/VERIFIED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Perform blood glucose check		
Prepare glucometer and supplies	1	
Cleanse site	1	
Lance site	1	
Apply blood test strip	1	
Apply direct pressure to site	1	
Read and interpret results	1	
Determine appropriate indications for glucose administration		
Level of consciousness	1	
Pertinent past medical history	1	
Contact Medical Command if patient condition indicates	1	
Confirm expiration date of oral glucose	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure to the patient	1	
Place oral glucose between cheek and gum	1	
Recheck patient's blood glucose level within 5 minutes of administration	1	
If no improvement contact medical command and request ALS back up	1	
Document the procedure	1	

Actual Time Ended: \_\_\_\_\_

TOTAL      21

**CRITICAL CRITERIA**

- \_\_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_\_ Failure to consult medical command at appropriate times
- \_\_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_\_ Failure to determine blood glucose level prior to, or following, oral glucose administration
- \_\_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_\_ Uses or orders a dangerous or inappropriate intervention

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# Emergency Medical Technician Psychomotor Examination

## PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Nitroglycerin Administration

Skill Sheet  
Supplement 2  
TESTED/VERIFIED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Determine appropriate indications for glucose administration		
Confirm patient allergies	1	
Determine if the patient has self-administered nitroglycerine prior to EMS arrival	1	
Confirm patient's blood pressure is $\geq$ 100 systolic	1	
Contact Medical Command	1	
Confirm expiration date of nitroglycerine	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Place the patient in a comfortable position	1	
Place one nitroglycerine tablet or administer one pump of liquid nitroglycerine under the tongue	1	
Instruct the patient to allow the medication to absorb	1	
Recheck the patients blood pressure within 3 – 5 minutes of administration	1	
If no improvement contact medical command and repeat procedure as directed	1	
Document the procedure	1	
Actual Time Ended: _____	<b>TOTAL</b>	18

### CRITICAL CRITERIA

- \_\_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_\_ Failure to consult medical command at appropriate times
- \_\_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_\_ Failure to determine patient's blood pressure prior to, or following, oral glucose administration
- \_\_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_\_ Uses or orders a dangerous or inappropriate intervention

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**Emergency Medical Technician Psychomotor Examination**

**PATIENT ASSESSMENT/MANAGEMENT – MEDICAL  
Nebulized Medication Administration**

Skill Sheet  
Supplement 3  
**TESTED/VERIFIED**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for nebulized medications	1	
Assess the patient's ability to utilize a nebulizer	1	
Confirm patient allergies	1	
Confirm patient's heart rate is ≤ 130 for adults and ≤ 150 in pediatrics	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
<b>Prepare the Nebulizer</b>		
Assemble Nebulizer	1	
Add appropriate medication	1	
Connect the mouthpiece	1	
Attach oxygen to the nebulizer flowing at 8 – 10 liters per minute	1	
Explain the procedure and possible side effects to the patient	1	
Place the patient in a sitting up position	1	
<b>Administer Medication</b>		
Instruct the patient to hold the nebulizer with lips sealed around the mouthpiece	1	
Instruct the patient to breath as deeply as possible at a normal rate	1	
Continue administration until all medication has been utilized	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command for additional treatment as directed	1	
Document the procedure	1	
<b>Actual Time Ended: _____</b>	<b>TOTAL</b>	<b>23</b>

**CRITICAL CRITERIA**

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to consult medical command at appropriate times
- \_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_ Failure to administer all medication
- \_\_\_ Failure to monitor the patient's condition and vital signs
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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# Emergency Medical Technician Psychomotor Examination

## PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Epinephrine Auto-Injector Administration

Skill Sheet  
Supplement 4  
TESTED/VERIFIED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Consults with Medical Command	1	
Confirm patient allergies	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Remove the cap from the Auto-Injector	1	
Expose the thigh area (may verbalize)	1	
Cleanse the area	1	
In a smooth, firm fashion push the auto injector into the thigh until a click is heard	1	
Hold the auto injector against the thigh for 10 seconds	1	
Properly dispose of the auto injector in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement, contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	<b>TOTAL</b>	20

### CRITICAL CRITERIA

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to consult medical command at appropriate times
- \_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_ Failure to monitor the patient's condition and vital signs
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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# Emergency Medical Technician Psychomotor Examination

## PATIENT ASSESSMENT/MANAGEMENT – MEDICAL Epinephrine 1:1000 Ampule Administration

Skill Sheet  
Supplement 5  
TESTED/VERIFIED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Properly determines the need for medication	1	
Consults with Medical Command for orders	1	
Confirm patient allergies	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explain the procedure and possible side effects to the patient	1	
Selects proper medication and concentration	1	
Checks medication for cloudiness or discoloration	1	
Selects proper needle and syringe	1	
Confirm expiration date of medication	1	
Cleans the neck of the ampule	1	
Opens ampule properly snapping it at the break line while directing the action away from the patient and others	1	
Withdraw the medication utilizing the prepared syringe and needle	1	
Verify the correct dosage of medication once its withdrawn from the ampule	1	
Tap the barrel of the syringe to remove excess air bubbles	1	
Select and cleanse the appropriate administration site	1	
Penetrates the muscle at a 90° angle	1	
Aspirated for blood return prior to injection	1	
Injects medication and removes needle in the same 90° motion	1	
Properly disposes of needle in a sharps container	1	
Monitor patient's condition and vital signs after administration	1	
If no improvement contact medical command for additional treatment as directed	1	
Document the procedure	1	
Actual Time Ended: _____	<b>TOTAL</b>	27

### CRITICAL CRITERIA

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to consult medical command at appropriate times
- \_\_\_ Failure to appropriate medication and concentration
- \_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_ Failure to select appropriate needle and syringe
- \_\_\_ Failure to properly cleanse injection site
- \_\_\_ Failure to aspirate for blood return prior to medication administration
- \_\_\_ Failure to monitor the patient's condition and vital signs
- \_\_\_ Failure to properly dispose of needle
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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**Emergency Medical Technician Psychomotor Examination**

**Skill Sheet 3  
TESTED**

**BLEEDING CONTROL/SHOCK MANAGEMENT**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Applies direct pressure to the wound	1	
<b>NOTE: The examiner must now inform candidate that the wound continues to bleed.</b>		
Applies tourniquet	1	
<b>NOTE: The examiner must now inform candidate that the patient is exhibiting signs and symptoms of hypoperfusion.</b>		
Properly positions the patient	1	
Administers high concentration oxygen	1	
Initiates steps to prevent heat loss from the patient	1	
Indicates the need for immediate transportation	1	

Actual Time Ended: \_\_\_\_\_

TOTAL 7

**CRITICAL CRITERIA**

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to administer high concentration oxygen
- \_\_\_ Failure to control hemorrhage using correct procedures in a timely manner
- \_\_\_ Failure to indicate the need for immediate transportation
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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**AIRWAY MANAGEMENT**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_  
Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Checks responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
<b>NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and has a weak pulse of 60."</b>		
Opens airway properly	1	
Ventilates the patient at a proper volume and rate via BVM	1	
Directs assistant to take over BVM ventilation and pre-oxygenate patient	1	
Selects appropriate size Supraglottic Airway	1	
Inspects and prepares Supraglottic Airway for insertion	1	
Positions head properly	1	
Displace the tongue and jaw	1	
Advance the Supraglottic Airway to the proper depth recommended by the manufacturer	1	
Insert orogastric tube if required	1	
Secure tube in place	1	
Confirm placement via auscultation and secondary detection method	1	
Reassess patient	1	
Document procedure	1	
<b>Actual Time Ended: _____</b>	<b>TOTAL</b>	<b>17</b>

**CRITICAL CRITERIA**

- \_\_\_\_ Failure to take or verbalize appropriate PPE
- \_\_\_\_ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- \_\_\_\_ Failure to ventilate the patient at the appropriate rate
- \_\_\_\_ Failure to select proper size Supraglottic Airway
- \_\_\_\_ Failure to secure tube
- \_\_\_\_ Failure to confirm placement
- \_\_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_\_ Uses or orders a dangerous or inappropriate intervention

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Emergency Medical Technician Psychomotor Examination

Skill Sheet 5  
VERIFIED

CARDIAC ARREST MANAGEMENT / AED

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_ Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Determines the scene/situation is safe	1	
Attempts to question bystanders about arrest events	1	
Checks patient responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
<b>NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and pulseless."</b>		
Immediately begins chest compressions [adequate depth and rate; allows the chest to recoil completely]	1	
Performs 2 minutes of high-quality, 1-rescuer adult CPR -Adequate depth and rate (1 point) -Correct compression-to-ventilation ratio (1 point) -Allows the chest to recoil completely (1 point) -Adequate volumes for each breath (1 point) -Minimal interruptions of no more than 10 seconds throughout (1 point)	5	
<b>NOTE: After 2 minutes (5 cycles), candidate assesses patient and second rescuer resumes compressions while candidate operates AED.</b>		
Turns on power to AED	1	
Follows prompts and correctly attaches AED to patient	1	
Stops CPR and ensures all individuals are clear of the patient during rhythm analysis	1	
Ensures that all individuals are clear of the patient and delivers shock from AED	1	
Immediately directs rescuer to resume chest compressions	1	
Actual Time Ended: _____	<b>TOTAL</b>	17

**Critical Criteria**

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- \_\_\_ Failure to immediately begin chest compressions as soon as pulselessness is confirmed
- \_\_\_ Failure to demonstrate acceptable high-quality, 1-rescuer adult CPR
- \_\_\_ Interrupts CPR for more than 10 seconds at any point
- \_\_\_ Failure to correctly attach the AED to the patient
- \_\_\_ Failure to operate the AED properly
- \_\_\_ Failure to deliver shock in a timely manner
- \_\_\_ Failure to ensure that all individuals are clear of patient during rhythm analysis and before delivering shock [verbalizes "All clear" and observes]
- \_\_\_ Failure to immediately resume compressions after shock delivered
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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**BASELINE VITAL SIGNS**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_  
 Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points	Points Awarded
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Takes or verbalizes appropriate PPE precautions	1	
<b>Blood Pressure (Palpation)</b>		
Apply BP cuff approximately 1" above the antecubital space <ul style="list-style-type: none"> <li>• Not over clothing</li> <li>• Snug fit</li> <li>• Center bladder over artery</li> </ul>	1	
Palpate radial and brachial artery	1	
Inflate cuff to a minimum of 20 mmHg above the point that the palpable pulse was lost	1	
Slowly deflate the cuff	1	
Record/report the palpable systolic blood pressure when the pulse returns (margin +/- 4mmHg)	1	
<b>Blood Pressure (Auscultation)</b>		
Apply BP cuff approximately 1" above the antecubital space <ul style="list-style-type: none"> <li>• Not over clothing</li> <li>• Snug fit</li> <li>• Center bladder over artery</li> </ul>	1	
Palpate brachial artery	1	
Place diaphragm of stethoscope over brachial artery	1	
Inflate cuff to a minimum of 20 mmHg above the point that the palpable pulse was lost	1	
Slowly deflate the cuff	1	
Record/report the palpable blood pressure (margin +/- 4mmHg)	1	
<b>Pulse</b>		
Palpate with two (2) fingers (index and middle) over the radial artery	1	
Count the palpated pulse for 30 seconds and multiply X 2	1	
Asses the following: <ul style="list-style-type: none"> <li>• Rate</li> <li>• Rhythm (Regular/Irregular)</li> <li>• Quality (Strong/Weak)</li> </ul>	1 point each	
Record/Report pulse findings (margin +/- 4 bpm)	1	
<b>Respirations</b>		
Observe rise and fall of the chest or abdomen	1	
Count respirations for 30 seconds and X 2	1	
Asses the following: <ul style="list-style-type: none"> <li>• Rate</li> <li>• Rhythm (Regular/Irregular)</li> <li>• Quality (Strong/Weak)</li> </ul>	1 point each	
Record/Report pulse findings (margin +/- 4 bpm)	1	
<b>Skin</b>		
Skin Color: Normal, Cyanotic, Jaundice, Ashen, Pale, Flushed	1	
Skin Temperature: Normal, warm, cool, hot	1	
Skin Condition: Normal, moist, diaphoretic	1	
<b>Actual Time Ended:</b> _____	<b>TOTAL</b>	<b>27</b>

**CRITICAL CRITERIA**

- Failure to take or verbalize appropriate PPE precautions
- Failure to manage the patient as a competent EMT
- Exhibits unacceptable affect with patient or other personnel
- Uses or orders a dangerous or inappropriate intervention

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**Emergency Medical Technician Psychomotor Examination**

Skill Sheet 7 <b>VERIFIED</b>
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**SPINAL IMMOBILIZATION (SEATED PATIENT)**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Directs assistant to place/maintain head in the neutral, in-line position	1	
Directs assistant to maintain manual stabilization of the head	1	
Reassesses motor, sensory and circulatory functions in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device behind the patient	1	
Secures the device to the patient's torso	1	
Evaluates torso fixation and adjusts as necessary	1	
Evaluates and pads behind the patient's head as necessary	1	
Secures the patient's head to the device	1	
Verbalizes moving the patient to a long backboard	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
<b>Actual Time Ended: _____</b>	<b>TOTAL</b>	<b>12</b>

**CRITICAL CRITERIA**

- \_\_\_ Failure to immediately direct or take manual stabilization of the head
- \_\_\_ Failure to properly apply appropriately sized cervical collar before ordering release of manual stabilization
- \_\_\_ Released or ordered release of manual stabilization before it was maintained mechanically
- \_\_\_ Manipulated or moved patient excessively causing potential spinal compromise
- \_\_\_ Head immobilized to the device **before** device sufficiently secured to the torso
- \_\_\_ Device moves excessively up, down, left or right on the patient's torso
- \_\_\_ Head immobilization allows for excessive movement
- \_\_\_ Torso fixation inhibits chest rise, resulting in respiratory compromise
- \_\_\_ Upon completion of immobilization, head is not in a neutral, in-line position
- \_\_\_ Failure to reassess motor, sensory and circulatory functions in each extremity after voicing immobilization to the long backboard
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

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# Emergency Medical Technician Psychomotor Examination

Skill Sheet 8  
**VERIFIED**

## SPINAL IMMOBILIZATION (SUPINE PATIENT)

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

**Possible Points**      **Points Awarded**

Takes or verbalizes appropriate PPE precautions	1	
Directs assistant to place/maintain head in the neutral, in-line position	1	
Directs assistant to maintain manual stabilization of the head	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device appropriately	1	
Directs movement of the patient onto the device without compromising the integrity of the spine	1	
Applies padding to void between the torso and the device as necessary	1	
Immobilizes the patient's torso to the device	1	
Evaluates and pads behind the patient's head as necessary	1	
Immobilizes the patient's head to the device	1	
Secures the patient's legs to the device	1	
Secures the patient's arms to the device	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
<b>Actual Time Ended: _____</b>	<b>TOTAL</b>	<b>14</b>

### CRITICAL CRITERIA

- Failure to immediately direct or take manual stabilization of the head
- Failure to properly apply appropriately sized cervical collar before ordering release of manual stabilization
- Released or ordered release of manual stabilization before it was maintained mechanically
- Manipulated or moved the patient excessively causing potential spinal compromise
- Head immobilized to the device **before** device sufficiently secured to the torso
- Patient moves excessively up, down, left or right on the device
- Head immobilization allows for excessive movement
- Upon completion of immobilization, head is not in a neutral, in-line position
- Failure to reassess motor, sensory and circulatory functions in each extremity after immobilizing patient to the device
- Failure to manage the patient as a competent EMT
- Exhibits unacceptable affect with patient or other personnel
- Uses or orders a dangerous or inappropriate intervention

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# Emergency Medical Technician Psychomotor Examination

Skill Sheet 9  
VERIFIED

## LONG BONE IMMOBILIZATION

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Directs application of manual stabilization of the injury	1	
Assesses distal motor, sensory and circulatory functions in the injured extremity	1	
<b>NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."</b>		
Measures the splint	1	
Applies the splint	1	
Immobilizes the joint above the injury site	1	
Immobilizes the joint below the injury site	1	
Secures the entire injured extremity	1	
Immobilizes the hand/foot in the position of function	1	
Reassesses distal motor, sensory and circulatory functions in the injured extremity	1	
<b>NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."</b>		

Actual Time Ended: \_\_\_\_\_

TOTAL      10

### Critical Criteria

- \_\_\_ Failure to immediately stabilize the extremity manually
- \_\_\_ Grossly moves the injured extremity
- \_\_\_ Failure to immobilize the joint above and the joint below the injury site
- \_\_\_ Failure to immobilize the hand or foot in a position of function
- \_\_\_ Failure to reassess distal motor, sensory and circulatory functions in the injured extremity before and after splinting
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

**You must factually document your rationale for checking any of the above critical items on the reverse side of this form.**



# Emergency Medical Technician Psychomotor Examination

Skill Sheet 10  
VERIFIED

## JOINT IMMOBILIZATION

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Directs application of manual stabilization of the injury	1	
Assesses distal motor, sensory and circulatory functions in the injured extremity	1	
<b>NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."</b>		
Selects the proper splinting material	1	
Immobilizes the site of the injury	1	
Immobilizes the bone above the injury site	1	
Immobilizes the bone below the injury site	1	
Secures the entire injured extremity	1	
Reassesses distal motor, sensory and circulatory functions in the injured extremity	1	
<b>NOTE: The examiner acknowledges, "Motor, sensory and circulatory functions are present and normal."</b>		
Actual Time Ended: _____	<b>TOTAL</b>	9

### Critical Criteria

- \_\_\_ Failure to immediately stabilize the extremity manually
- \_\_\_ Grossly moves the injured extremity
- \_\_\_ Failure to immobilize the bone above and below the injury site
- \_\_\_ Failure to reassess distal motor, sensory and circulatory functions in the injured extremity before and after splinting
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.





# Emergency Medical Technician Psychomotor Examination

Skill Sheet 11  
**VERIFIED**

## 12 LEAD EKG ACQUISITION

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
Takes or verbalizes appropriate PPE precautions	1	
Identifies Indications for 12 Lead EKG acquisition	1	
Prepares monitor and connects electrodes to the patient cable	1	
Explains procedure to patient	1	
Exposes patient's chest and preps as necessary	1	
Properly applies chest leads (V1, V2, V3, V4, V5, V6, and limb leads) V1: Right 4 <sup>th</sup> intercostal space beside sternum V2: Left 4 <sup>th</sup> intercostal space beside sternum V4: Left 5 <sup>th</sup> intercostal space, midclavicular V3: Halfway between V2 and V4 V5: Horizontal to V4, anterior to axillary line V6: Horizontal to V5, Mid-axillary line	1 point each	
Properly applies Limb Leads (RA, LA, LA, LL)	1	
Instructs patient to remain as still as possible	1	
Acquires 12 lead EKG per manufacturer's instructions	1	
Transmits EKG to receiving facility	1	
Reassess patient	1	
Confirm transmission of 12 lead has completed	1	
Document the procedure	1	
Actual Time Ended: _____	<b>TOTAL</b>	18

### Critical Criteria

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to identify the need for 12 lead EKG acquisition
- \_\_\_ Failure to appropriately apply leads
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

*You must factually document your rationale for checking any of the above critical items on the reverse side of this form.*



# Emergency Medical Technician Psychomotor Examination

Skill Sheet 12  
**VERIFIED**

## CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP)

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

	Possible Points	Points Awarded
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Takes or verbalizes appropriate PPE precautions	1	
Performs initial assessment	1	
Applies initial high flow oxygen	1	
Identifies indications for CPAP utilization	1	
Identifies any contraindications for CPAP	1	
Explains the procedure to the patient	1	
Assembles CPAP correctly per manufacturer's directions	1	
Sets device parameters per protocol	1	
Applies device to patient obtaining a good face seal	1	
Adjusts pressure as required	1	
Comforts/coaches patient through the use of CPAP	1	
Reassess patient	1	
If no improvement contact medical command and request ALS back up	1	
Document the procedure	1	
<b>Actual Time Ended: _____</b>	<b>TOTAL</b>	<b>14</b>

### CRITICAL CRITERIA

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to assemble device appropriately
- \_\_\_ Failure to confirm a good face seal
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

*You must factually document your rationale for checking any of the above critical items on the reverse side of this form.*



# Emergency Medical Technician Psychomotor Examination

Skill Sheet 13  
**VERIFIED**

## NALOXONE ADMINISTRATION

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Identify the need for administration of Naloxone based on PPMH, vital, signs and symptoms, and presentation	1	
Support respirations as needed	1	
Assess blood glucose level	1	
Verbalize signs of opioid use	1	
Select the proper medication and check concentration, color, and clarity	1	
Selects the appropriate syringe and draw up medication if not prefilled	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Place a nebulizer on the end of the syringe	1	
Place atomizer against nostril and administer 1mg (0.5 dose) of medication	1	
Repeat the procedure delivering the remainder of the medication in the opposite nostril	1	
Reassess patient	1	
If no improvement, contact medical command and request ALS back up	1	
Document the procedure	1	

Actual Time Ended: \_\_\_\_\_

**TOTAL**      19

### CRITICAL CRITERIA

- \_\_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_\_ Failure to select appropriate medication or concentration of medication
- \_\_\_\_ Failure to support respirations as needed
- \_\_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_\_ Uses or orders a dangerous or inappropriate intervention

*You must factually document your rationale for checking any of the above critical items on the reverse side of this form.*



# Emergency Medical Technician Psychomotor Examination

Skill Sheet 14  
**VERIFIED**

## TETRACAINE OPHTHALMIC ADMINISTRATION / MORGAN LENS IRRIGATION

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Identifies indications for use of Morgan Lens	1	
Determines no contraindications for use of Morgan Lens	1	
Confirm patient allergies	1	
Confirm expiration date of medication	1	
Confirm the rights of drug administration: Right Patient <input type="checkbox"/> Right Route <input type="checkbox"/> Right Drug <input type="checkbox"/> Right Dose <input type="checkbox"/> Right Time <input type="checkbox"/>	1 point each	
Explains the procedure to patient	1	
Administers two (2) drops of tetracaine per eye being irrigated	1	
Attached macro-drop IV tubing to IV Bag	1	
Attach Morgan Lens delivery set to IV tubing and confirm fluid flowing through device	1	
With patient looking downward, retract upper eye lid and insert Morgan Lens under upper eye lid	1	
Have patient look upward, retract lower eye lid and place Morgan Lens	1	
Adjust flow to irrigate the eye	1	
Completes irrigations and removes Morgan Lens by retracting lower eye lid and sliding the lens out	1	
Terminates IV Flow	1	
Reassess Patient	1	
Document the procedure	1	
Actual Time Ended: _____	<b>TOTAL</b>	21

### CRITICAL CRITERIA

- \_\_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_\_ Failure to confirm expiration date of the medication
- \_\_\_\_ Failure to confirm at least three of the "Rights" of medication administration
- \_\_\_\_ Failure to provide continuous flow while irrigating patient's eye
- \_\_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_\_ Uses or orders a dangerous or inappropriate intervention

*You must factually document your rationale for checking any of the above critical items on the reverse side of this form.*



# Emergency Medical Technician Psychomotor Examination

## OXYGEN ADMINISTRATION BY NON-REBREATHER MASK

Skill Sheet 15  
**VERIFIED**

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Gathers appropriate equipment	1	
Cracks valve on the oxygen tank	1	
Assembles the regulator to the oxygen tank	1	
Opens the oxygen tank valve	1	
Checks oxygen tank pressure	1	
Checks for leaks	1	
Attaches non-rebreather mask to correct port of regulator	1	
Turns on oxygen flow to prefill reservoir bag	1	
Adjusts regulator to assure oxygen flow rate of at least 10 L/minute	1	
Attaches mask to patient's face and adjusts to fit snugly	1	

Actual Time Ended: \_\_\_\_\_

**TOTAL**      11

### CRITICAL CRITERIA

- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to assemble the oxygen tank and regulator without leaks
- \_\_\_ Failure to prefill the reservoir bag
- \_\_\_ Failure to adjust the oxygen flow rate to the non-rebreather mask of at least 10 L/minute
- \_\_\_ Failure to ensure a tight mask seal to patient's face
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention



# Emergency Medical Technician Psychomotor Examination

Skill Sheet 16  
**VERIFIED**

## BVM VENTILATION OF AN APNEIC ADULT PATIENT

Candidate: \_\_\_\_\_ Examiner: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Actual Time Started: \_\_\_\_\_

Possible Points      Points Awarded

Takes or verbalizes appropriate PPE precautions	1	
Checks responsiveness	1	
Requests additional EMS assistance	1	
Checks breathing and pulse simultaneously	1	
<b>NOTE: After checking responsiveness, then checking breathing and pulse for no more than 10 seconds, examiner informs candidate, "The patient is unresponsive, apneic and has a weak pulse of 60."</b>		
Opens airway properly	1	
<b>NOTE: The examiner must now inform the candidate, "The mouth is full of secretions and vomitus."</b>		
Prepares rigid suction catheter	1	
Turns on power to suction device or retrieves manual suction device	1	
Inserts rigid suction catheter without applying suction	1	
Suctions the mouth and oropharynx	1	
<b>NOTE: The examiner must now inform the candidate, "The mouth and oropharynx are clear."</b>		
Opens the airway manually	1	
Inserts oropharyngeal airway	1	
<b>NOTE: The examiner must now inform the candidate, "No gag reflex is present and the patient accepts the airway adjunct."</b>		
**Ventilates the patient immediately using a BVM device unattached to oxygen [**Award this point if candidate elects to ventilate initially with BVM attached to reservoir and oxygen so long as first ventilation is delivered within 30 seconds.]	1	
<b>NOTE: The examiner must now inform the candidate that ventilation is being properly performed without difficulty.</b>		
Re-checks pulse for no more than 10 seconds	1	
Attaches the BVM assembly [mask, bag, reservoir] to oxygen [15 L/minute]	1	
Ventilates the patient adequately -Proper volume to cause visible chest rise (1 point) -Proper rate [10 – 12/minute (1 ventilation every 5 – 6 seconds)] (1 point)	2	
<b>Note: The examiner must now ask the candidate, "How would you know if you are delivering appropriate volumes with each ventilation?"</b>		
Actual Time Ended: _____	<b>TOTAL</b>	16

### CRITICAL CRITERIA

- \_\_\_ After suctioning the patient, failure to initiate ventilations within 30 seconds or interrupts ventilations for greater than 30 seconds at any time
- \_\_\_ Failure to take or verbalize appropriate PPE precautions
- \_\_\_ Failure to suction airway **before** ventilating the patient
- \_\_\_ Suctions the patient for an excessive and prolonged time
- \_\_\_ Failure to check responsiveness, then check breathing and pulse simultaneously for no more than 10 seconds
- \_\_\_ Failure to voice and ultimately provide high oxygen concentration [at least 85%]
- \_\_\_ Failure to ventilate the patient at a rate of 10 – 12/minute (1 ventilation every 5 – 6 seconds)
- \_\_\_ Failure to provide adequate volumes per breath [maximum 2 errors/minute permissible]
- \_\_\_ Insertion or use of any adjunct in a manner dangerous to the patient
- \_\_\_ Failure to manage the patient as a competent EMT
- \_\_\_ Exhibits unacceptable affect with patient or other personnel
- \_\_\_ Uses or orders a dangerous or inappropriate intervention

You must factually document your rationale for checking any of the above critical items on the reverse side of this form.