

# January 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> NO SCHOOL	<b>3</b> Willink RR 2:50-5pm	<b>4</b>	<b>5</b> Willink RR 2:50-5pm	<b>6</b>	<b>7</b> Willink RR 8-9am (Webster Park)
<b>9</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>10</b> Willink RR 2:50-5pm	<b>11</b>	<b>12</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>13</b> Spry RR 3:15-5:15pm	<b>14</b> ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
<b>16</b> NO SCHOOL M L King Day	<b>17</b> Willink RR 2:50-5pm	<b>18</b>	<b>19</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>20</b> Spry RR 3:15-5:15pm	<b>21</b> ALL RR 8-9:15am (Brueggers)
<b>23</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>24</b> Willink RR 2:50-5pm	<b>25</b>	<b>26</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>27</b> Spry RR 3:15-5:15pm	<b>28</b> ALL RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
<b>30</b> Willink RR 2:50-5pm Spry RR 3:15-5:15pm	<b>31</b> Willink RR 2:50-5pm				

# February 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	3 Spry RR 3:15-5:15pm	4 ALL RR 8-9am (Webster Park)
6 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	7 Willink RR 2:50-5pm	8	9 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	10 Spry RR 3:15-5:15pm	11 ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
13 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	14 Willink RR 2:50-5pm Valentine's Day	15	16 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	17 Spry RR 3:15-5:15pm	18 ALL RR 8-9:15am (Brueggers)
20 NO SCHOOL NO PRACTICE Presidents' Day	21 NO SCHOOL NO PRACTICE	22 NO SCHOOL NO PRACTICE	23 NO SCHOOL NO PRACTICE	24 NO SCHOOL NO PRACTICE	25 NO PRACTICE
27 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	28 Willink RR 2:50-5pm				

# March 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	3 Spry RR 3:15-5:15pm	4 ALL RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
6 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	7 Willink RR 2:50-5pm	8	9 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	10 Spry RR 3:15-5:15pm	11 ALL RR 8-9am (Webster Park)
13 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	14 Willink RR 2:50-5pm	15	16 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	17 Spry RR 3:15-5:15pm	18 ALL RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
20 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	21 Willink RR 2:50-5pm	22	23 Willink RR 2:50-5pm Spry RR 3:15-5:15pm	24 Spry RR 3:15-5:15pm	25 ALL RR 8-9:15am (Brueggers)
27 <b>ALL CLUBS ON BREAK</b>	28 <b>ALL CLUBS ON BREAK</b>	29 <b>ALL CLUBS ON BREAK</b>	30 <b>ALL CLUBS ON BREAK</b>	31 <b>ALL CLUBS ON BREAK</b>	

# April 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 ALL CLUBS ON BREAK
3 Willink RR 2:45-3:15 Spry RR 3:30-5:30	4 Willink RR 2:45-3:15	5 Spry RR 3:30-5:30	6 Willink RR 2:45-3:15	7 Spry RR 3:30-5:30	8 Spry/Willink RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick-up)
10 Willink RR 2:45-3:15 Spry RR 3:30-5:30	11 Willink RR 2:45-3:15	12 Spry RR 3:30-5:30	13 Willink RR 2:45-3:15	14 NO PRACTICE Good Friday	15 NO PRACTICE
17 NO PRACTICE	18 NO PRACTICE	19 NO PRACTICE	20 NO PRACTICE	21 NO PRACTICE	22 NO PRACTICE
24 Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	25 Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	26 Spry RR 3:30-5:30	27 Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North)	28 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	29 Spry/Willink RR 8-9:00am (Webster Park)

# May 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>2</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>3</b> Spry RR 3:30-5:30	<b>4</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>5</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>6</b> Spry/Willink RR 8-9:15am (Dunkin Donuts – Rte. 250 location)
<b>8</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>9</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>10</b> Spry RR 3:30-5:30	<b>11</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>12</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>13</b> Spry/Willink RR 8-9:15am (Brueggers)
<b>15</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>16</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>17</b> Spry RR 3:30-5:30	<b>18</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>19</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>20</b> Spry/Willink RR 8-9:15am (Panera – North Ponds Drop-off, Panera Pick- up)
<b>22</b> Willink RR 2:45-3:15 Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>23</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>24</b> Spry RR 3:30-5:30	<b>25</b> Willink RR 2:45-3:15 <b>Elementary RR 3:30-4:45</b> (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>26</b> Spry RR 3:30-5:30 State Rd. RR 3:30-4:45	<b>27</b> Spry ONLY RR 8-9:15am (TBA)
<b>29</b> <b>NO PRACTICE</b> Memorial Day	<b>30</b> Elementary RR 3:30-4:45 (Schlegel, KN, KS, Plank North, DeWitt)	<b>31</b> RR Track Club 3:00- 5:00pm			

# June 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>2</b> State Rd. RR 3:30-4:45  RR Track Club 3:00- 5:00pm	<b>3</b> RR Track Club 8:00- 9:00pm
<b>5</b> State Rd. RR 3:30-4:45  RR Track Club 3:00- 5:00pm	<b>6</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>7</b> RR Track Club 3:00- 5:00pm	<b>8</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, Klem South, Plank North, DeWitt)	<b>9</b>	<b>10</b> Elementary RR 1- mile Fun Run (TBA)
<b>12</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>13</b>	<b>14</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>15</b>	<b>16</b>	<b>17</b>
<b>19</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>20</b> PENFIELD TRACK MEET, 6PM PENFIELD HS	<b>21</b> RR Track Club 3:00- 5:00pm  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>22</b>	<b>23</b> RR Track Club 3:00- 5:00pm	<b>24</b> USATF NIAGARA ASSOCIATION TRACK MEET 10AM, PENFIELD HS
<b>26</b> RR Track Club 8:00- 9:00am  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>27</b> PENFIELD TRACK MEET, 6PM PENFIELD HS	<b>28</b> RR Track Club 8:00- 9:00am  Ridge Runner Youth Track 5- 6pm @ Thomas Track	<b>29</b>	<b>30</b> RR Track Club 8:00- 9:00am	

# July 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Ridge Runner Youth Track 9:15-10:15am @ Thomas Track
3 No Practice	4 Independence Day	5 RR Track Club 8:00- 9:00am Ridge Runner Youth Track 5- 6pm @ Thomas Track	6	7 RR Track Club 8:00- 9:00am	8 USATF Region 2 Track Meet (SAT. AND SUN.) 8am, SUNY Brockport (qualifiers only)
10 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	11 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	12 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	13 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	14 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	15
17 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	18 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	19 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	20 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	21 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	22
24 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	25 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	26 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	27 Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	28 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	29
31 Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)					

# August 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	<b>2</b> Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	<b>3</b> Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	<b>4</b> Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	5
<b>7</b> Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	<b>8</b> Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	<b>9</b> Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	<b>10</b> Ridge Runner High School XC Club(5:30-7:30pm) – Webster Park (Holt Rd. Entrance)	<b>11</b> Youth Running Club 9-10am, Thomas Track Ridge Runner MS XC Club(8- 9am) – Webster Park (Holt Rd. Entrance)	12
<b>14</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	<b>15</b>	<b>16</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	<b>17</b>	<b>18</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	19
<b>21</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	<b>22</b>	<b>23</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	<b>24</b>	<b>25</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	26
<b>28</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	<b>29</b>	<b>30</b> There is no Ridge Runner MS XC Club this morning	<b>31</b>		

# September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Ridge Runner MS XC Club(8-9am) – Webster Park (Holt Rd. Entrance)	2
<b>4</b>  Labor Day	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>11</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North)	<b>12</b> Elementary RR 3:30-4:45 (DeWitt, Klem South, Plank North)	<b>13</b> Elementary RR 3:30-4:45 (Schlegel)	<b>14</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>15</b>	<b>16</b> Willink RR 8-9am (Webster Park)
<b>18</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North)	<b>19</b> Elementary RR 3:30-4:45 (DeWitt, Klem South, Plank North)	<b>20</b> Elementary RR 3:30-4:45 (Schlegel)	<b>21</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>22</b>	<b>23</b> Willink RR 8-9:15am (North Ponds drop-off, Panera pick-up)
<b>25</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North)	<b>26</b> Elementary RR 3:30-4:45 (DeWitt, Klem South, Plank North)	<b>27</b> Elementary RR 3:30-4:45 (Schlegel)	<b>28</b> Willink RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>29</b>	<b>30</b> Willink RR 8-9:15am (Brueggers Bagels)

# October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> Willink, Spry RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North)	<b>3</b> Elementary RR 3:30-4:45 (DeWitt, Klem South, Plank North)	<b>4</b> Elementary RR 3:30-4:45 (Schlegel)	<b>5</b> Willink, Spry RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>6</b> <b>NO SCHOOL</b>	<b>7</b> Willink, Spry RR 8-9:15am (Dunkin Donuts on Rte 250)
<b>9</b> Columbus Day <b>NO SCHOOL</b> <b>No Practices</b>	<b>10</b> Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>11</b> Elementary RR 3:30-4:45 (Schlegel)	<b>12</b> Willink, Spry RR 2:45-3:15 Elementary RR 3:30-4:45 (Klem North, DeWitt, Klem South, Plank North)	<b>13</b>	<b>14</b> Willink, Spry RR 8-9:15am (Webster Park)
<b>16</b> Willink, Spry RR 2:45-3:15 Elementary RR 3:30-4:45 (Schlegel, Klem North, DeWitt)	<b>17</b> Elementary RR 3:30-4:45 (Klem South, Plank North)	<b>18</b> Elementary RR 3:30-4:45 (Schlegel, Klem North, DeWitt, Plank North, Klem South)	<b>19</b> Willink, Spry RR 2:45-3:15 <i>Elementary Parent/Teacher Conferences (school half-day)</i>	<b>20</b>	<b>21</b> <b>RR 1-Mile Open Fun Run 10:00am at Willink</b>
<b>23</b> Spry RR 2:45-3:15 <b>Willink 6<sup>th</sup> Grade Pumpkin Run (tentative)</b> Elementary RR 3:30-4:45 (Schlegel)	<b>24</b>	<b>25</b> Elementary RR 3:30-4:45 (Schlegel)	<b>26</b> Willink RR 2:45-3:15 <b>Spry 6<sup>th</sup> Grade Pumpkin Run (tentative)</b>	<b>27</b>	<b>28</b> Willink, Spry RR 8-9:15am (North Ponds drop-off, Panera pick-up)
<b>30</b> Willink, Spry RR 2:45-3:15	<b>31</b> <b>No Practice</b> Halloween				

# November 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Willink, Spry RR 2:45-3:15	3	4 Willink, Spry RR 8-9:15am (Brueggers Bagels)
6 Willink, Spry RR 2:45-3:15	7 <b>No Practice</b>	8	9 <b>No Practice</b>	10 <b>NO SCHOOL</b>	11 Willink, Spry RR 8-9:15am (Dunkin Donuts on Rte 250)  Veterans Day
13 Willink, Spry RR 2:45-3:15	14	15	16 Willink, Spry RR 2:45-3:15	17	18 Willink, Spry RR 8-9:15am (Webster Park)
20 Willink, Spry RR 2:45-3:15	21	22 <b>NO SCHOOL No practices</b>	23 Thanksgiving Day	24 <b>NO SCHOOL No practices</b>	25 Willink, Spry RR 8-9:15am (North Ponds drop-off, Panera pick-up)
27 Willink, Spry RR 2:45-3:15	28	29	30 Willink, Spry RR 2:45-3:15		

# December 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Willink, Spry RR 8-9:15am (Brueggers Bagels)
4 Willink, Spry RR 2:45-3:15	5	6	7 Willink, Spry RR 2:45-3:15	8	9 Willink, Spry RR 8-9:15am (Dunkin Donuts on Rte 250)
11 Willink, Spry RR 2:45-3:15	12	13	14 Willink, Spry RR 2:45-3:15	15	16 Fleet Feet Reindeer Run 5k (registration not included)
18 NO PRACTICES	19 NO PRACTICES	20 NO PRACTICES	21 NO PRACTICES	22 NO PRACTICES	23 NO PRACTICES
25 NO PRACTICES	26 NO PRACTICES	27 NO PRACTICES	28 NO PRACTICES	29 NO PRACTICES	30 NO PRACTICES