



April 2025

LUNCH & SNACK MENU

| GF – Gluten Free | DF – Dairy Free | V – Vegetarian | EF – Egg free | |
|---|---|---|--|---|
| <p>All Veggies in PM snacks Infants – 2's will be steamed</p> | <p>1 Cottage Cheese /Fruit GF V EF Soft Beef Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean Nut Free Snack Balls GF DF V EF</p> | <p>2 Sweet Potato Sausage Hash GF EF Roast Pork Broccoli DF GF V EF Mac N Cheese V EF Fruit *Field Roast Chicken Salad & Crackers</p> | <p>3 Crescent Roll with Pear Butter Tomato Soup GF DF V EF Hot Turkey Sandwich EF Fruit *Tofurkey Hummus & Pita GF DF V EF</p> | <p>4 Carrot Muffin V Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Ranch dip with veggie straws GF DF V EF</p> |
| <p>7 Overnight oats GF DF V EF Chicken DF EF Broccoli GF DF V EF Quinoa GF DF V EF Fruit *Mushroom Pretzels & Spinach Dip V</p> | <p>8 Yogurt & Fruit V EF Cheese Enchiladas V EF Rice & Beans GF DF V EF Fruit White Bean Dip with Veggie straws GF DF V EF</p> | <p>9 Veggie Frittata V Waffles V DF Sausage GF DF EF Hashbrowns fruit Spinach & Turkey Pinwheel DFEF</p> | <p>10 Chia Fruit Pudding GF DF V EF Turkey Meatloaf Mashed Potatoes GF V EF Green Beans GF DF V EF Fruit *Tofurkey Loaf Apple Sauce & Cheese GF V EF</p> | <p>11 Blueberry Muffin V BBQ Brisket Sandwich EF Tater Tots GF DF V EF Coleslaw GF DF V EF Fruit *Jackfruit Fruit & Trail mix DF V EF</p> |
| <p>14 Cereal & Fruit Swedish Meatballs Mashed Potatoes V GF EF Peas GF DF V EF Fruit *Tofu Stew Graham Crackers with Fruit</p> | <p>15 Cottage Cheese /Fruit GF V EF Chicken Quesadillas EF Guacamole Salad GF DF V EF Fruit *Cheese Hummus & Veggies GF DF V EF</p> | <p>16 Breakfast Taco V EF Falafel GF DF V EF Hummus GF DF V EF Tomatoes & Cucumbers Fruit Fruit & Cheese GF V EF</p> | <p>17 Berry Smoothie Bowl GF V EF Veggie Soup GF EF Grilled Cheese EF V Fruit Soft Fruit Granola Bar V EF</p> | <p>18 Lemon Poppysseed V Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Apples & Sunbutter GF DF V EF</p> |
| <p>21 Overnight Oats GF DF V EF Pasta with Meat sauce DF Broccoli GF DF V EF Fruit *Marinara Cucumber & Cream Cheese Sandwiches</p> | <p>22 French toast & fruit GF DF V EF Bean & Cheese Taco V EF Guacamole Salad GF DF V EF Fruit Rice Cakes & Sunbutter GF DF V EF</p> | <p>23 Veggie Frittata GF V Baked Chicken GF DF EF Buttered Noodles V EF Zucchini GF DF V EF Fruit *Baked Mushroom Graham Crackers & Fruit DF V EF</p> | <p>24 Chia Fruit Pudding GF DF V EF Pork Stir Fry GF DF EF Rice GF DF V EF Egg Roll DF V Fruit *Veggie Apple Sauce & Cheese GF V EF</p> | <p>25 Mixed Berry Muffin V Fish Sticks DF Mac N Cheese V Peas GF DF V EF Fruit *Veggie Sticks Cheese, Crackers, & fruit V EF</p> |
| <p>28 Rice Chex & Fruit King Ranch Chicken GF EF Cornbread V Fruit *Tofu Sunbutter Sandwiches V EF</p> | <p>29 Cottage Cheese /Fruit GF V EF Soft Beef Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean *Soft Fruit Granola Bar V EF</p> | <p>30 Sweet Potato Sausage Hash GF EF Cheese Ravioli V Broccoli GF DF V EF Fruit Fruit & Cheese GF V EF</p> | | |