



Mission Trip Packing List

Travel Documents

Valid Passport or Resident Card (along with extra copy of picture page)

Personal Use Items

Toiletries

Hand towel

Hand Sanitizers

Hand-held fan and extra batteries

Flashlight & batteries

Your medications (if applicable)

Gear-up

Hat (Keep the sun out of your eyes and protect yourself)

Bathing Suit/Sun tan lotion

Mosquito Repellent

Long sleeves to cover up from mosquitos

Camera

Cash

Foot Wear

Sneakers

Dress shoes

Trip Guidelines

Do's:

- Wear your name badges every day
- Drink only bottled water
- Use bottled water to wash your fruits
- Practice universal precaution at all times
- Lock your suitcases when you are not in your room
- Have a fanny pack or alternative to secure/carry valuables
- Travel in your organization's T-shirt
- Wear suitable clothing at worksite

Don'ts

- Do not use tap water to brush your teeth
- Do not accept monetary gift for our services rendered
- Do not wear sandals at the worksite
- Do not leave group without notifying the team leaders
- Do not go swimming/shopping unaccompanied
- Do not use room phone to make calls
- Do not bill any charges to room
- Do not pet any animals