



Wednesday, January 8, 2020

6:30 PM—8:00 PM

St. Clare Campus —Schervier Hall

60 Compton Road, 45215

513-761-9040 Ext. 101

Email: office@franciscansistersofthepoor.org

TRUSTING BODY, MIND & SPIRIT

JULIE MURRAY

Julie will share some of the principles and learnings her years in private practice as a holistic Spiritual Director have offered her about the unity of the human person as a unique mystery of the body-mind-emotion-spirit unity.

She will offer participants actual experiences of that unity which participants may take with them to enrich

their own sense of themselves to support their desires for deeper awareness and health on every level of their being.