



Level 3 Award Paediatric First Aid (RQF) -Sample Course Overview

Unit 1 – Emergency Paediatric first aid	
0900-0915	Assembly and introductions
0915-0950	Role and responsibilities of paediatric first aider: Role, responsibilities, definition of an infant and a child, infection control, accident report/incident record reports, and personal protection equipment
0950-1015	Incident and casualty assessment: Scene survey, primary survey and calling for help
1015-1050	CPR and AED (continued after break): An infant and a child who is unresponsive and not breathing normally
1050-1105	Break
1105-1215	CPR and AED (continued): An infant and a child who is unresponsive and not breathing normally
1215-1245	Lunch
1245-1310	Unconscious casualty: An infant and a child who is breathing normally: Recovery position Management of a seizure
1310-1335	Choking casualty: Recognition and treatment
1350-1400	Break
1400-1555	External bleeding, minor injuries and bites and stings: Types and treatment, shock, tourniquets and haemostatic dressings
1555-1620	Multiple choice question paper/theory/written assessment
1620-1630	Course evaluation for Learners only undertaking 1 day Emergency Paediatric First Aid, issue any homework reading and closure

Unit 2 – Managing paediatric illness, injuries and emergencies

0900-0910	Assembly and recap
0910-1010	Fractures: Recognition and treatment
1010-1110	Head, neck and back injuries: Types, recognition, treatment and Manual Inline Stabilisation (MILS)
1110-1125	Break
1125-1135	Eyes, ears and nose conditions: Recognition and treatment
1135-1305	Chronic medical conditions or sudden illness: Recognition and management Diabetes (30 mins), asthma (40 mins), meningitis (10 mins) and febrile convulsions (10 mins)
1305-1335	Lunch
1335-1400	Body temperature: Recognition and management of extremes of heat and cold (hypo and hyperthermia)
1400-1410	Electric shock: Dangers and management
1410-1440	Burns and scalds: Types, recognition and management
1440-1455	Poisonous substances: Types, recognition and treatment
1455-1510	Break
1510-1540	Allergic reaction and anaphylaxis: Recognition and treatment
1540-1620	Multiple choice question paper/written assessment
1620-1630	Course evaluation and closure