



## Life Skills Academy Registration Information

Dear Parent or Caregiver,

Thank You for your interest in allowing your child to attend the Caleb's Kids Life Skills Academy.

Caleb's Kids is a Detroit Area nonprofit that creates a transformative educational experience for youth grades 6 – 12, and families focused on mental wellness. Caleb's Kids provide tools, resources, educational materials, workshops, on call trauma support, individual therapy, group therapy, and other support for mental wellness. Caleb's Kids overall programming focuses on four pillars: mental health awareness, suicide prevention, resiliency, and coping skills.

The Caleb's Kids Life Skills Academy offers youth grades 6 - 12 an opportunity to learn valuable hands-on life skills that aid in character development, self-esteem, positive identity/self-worth, confidence, mental health, and resilience. The academy will meet one time per week for one and a half hours. In addition to hands on components weekly, participants will also receive a wellness package that contains a shirt, resources, trinkets, and other support for mental wellness.

Please understand that you are the most important part of your child's success. Parents must be committed to the Life Skills Academy as much as their child. Throughout the program, we will engage your feedback and satisfaction. The only investment we ask of you is a little bit of your time and positive influence.

To register your child, please visit [www.calebskids.org/programs](http://www.calebskids.org/programs) . Additionally, after registering, we would like to invite you and your child to an informational meeting! Attending this meeting is a mandatory component in order for your child to attend the Life Skills Academy. You will be provided two options for this 30min meeting. You and your child will only need to attend one session.

Questions? Please do not hesitate to contact us at [info@calebskids.org](mailto:info@calebskids.org) or 313.437.1609.