

St. Clare Chapel

60 Compton Road ▪ Cincinnati, OH ▪ 45215
513-761-9040 Ext. 101 www.franciscansistersofthepoor.org

November—2024

All Are Welcome!

Sunday Liturgy—10:00 am
Celebrant—Fr. Frank Jasper & Guest Celebrants

The weekday Liturgy schedule may change during the month.
Please, check the daily schedule in the back of the Chapel
Or on our website at: www.franciscansistersofthepoor.org



St. Clare Chapel Bulletin is published the first Sunday of the month.
If you'd like a copy email: Office@FranciscanSistersofthePoor.org
or call 513-761-9040 X-101



Gratitude

unlocks the fullness of life.
It turns what we have
into enough and more.
It turns denial to acceptance,
chaos to order,
confusion to clarity.
It can turn a meal into a feast,
a house into a home,
a stranger into a friend.
Gratitude makes sense of our past,
brings peace for today
and creates a vision for tomorrow.

- Melody Beattie

Giving Thanks

For the expanding grandeur of creation,
worlds known and unknown, galaxies beyond galaxies,
filling us with awe and challenging our imaginations:
We give thanks this day.



For this fragile planet earth, its times and tides, its sunsets and seasons:
We give thanks this day.

For the joy of human life, its wonders and surprises,
its hopes and achievements:
We give thanks this day.

For our human community, our common past and future hope,
our oneness transcending all separation, our capacity to work for
peace
and justice in the midst of hostility and oppression:
We give thanks this day.

For high hopes and noble causes, for faith without fanaticism,
for understanding of views not shared:
We give thanks this day.

For all who have labored and suffered for a fairer world,
who have lived so that others might live in dignity and freedom:
We give thanks this day.

For human liberty and sacred rites;
for opportunities to change and grow, to affirm and choose:
We give thanks this day.

We pray that we may live not by our fears but by our hopes,
not by our words but by our deeds.
We give thanks this day.



- O. Eugene Pickett

Centering Prayer

EVERY TUESDAY

3:30 PM

Peace Center—Garden Room
513-761-9040 Ext. 156

Listen. Honor. Share.

NATIONAL LISTENING DAY

Friday, November 29th

There is something deep inside each of us that longs to be listened to, longs to be heard. A yearning.

Something powerful happens when we are heard. It makes us feel known. It makes us feel seen. It makes us feel important. It gives us a sense of dignity. It makes us feel respected and worthy . . . worthy to be listened to. It makes us feel like we matter, like we exist.

Listening is one of the greatest gifts we can receive and give to others. Listening well is a way of loving well. It is an act of generosity. Listeners share their presence, and their minds and hearts.

Listening well is the most important part of any conversation. It assures others that we genuinely care about them and what they have to say. It provides a safe space for others to explore their feelings and thoughts so that we understand more fully who they are and what they are experiencing. And as we know others better, we can honor them by responding in ways that are empathetic, supportive, and meaningful to them.

As we walk with others on their journeys, listening well may not only be deeply comforting and healing, but it may be life changing! We don't always realize it, but the space where listening occurs can be a sacred place of loving compassion and transformation. When a person experiences having truly been listened to and understood, often they are open to reveal more of what's in their heart, creating deeply meaningful relationships with others.

There are great rewards for all involved when listening becomes a mutually valued core essential in our relationships.

So during the month of November, may we put aside our "purpose" driven lives and practice "presence" driven lives by intentionally choosing to listen deeply to others as we gather with family, friends and loved ones. As St. Francis advises, "Let us seek not 'To be understood as to understand'".



Listening to Autumn

Autumn is slipping through summer's branches and I am listening.
I am listening to the dying flowing forth from autumn's being.
I am listening to the life hidden in the dying.
I am listening.

I am listening to the trees taking off their lush green garments.
I am listening to the leaves turning, turning, ever turning.
I am listening to the burning bush of autumn.
I am listening to the falling of this season.
I am listening.

I am listening to the song of transformation,
to the wisdom of the season,
to the losses and the grieving, to the turning loose and letting go.
I am listening to the surrender of autumn.
I am listening.

I am listening to the music of the forest's undergrowth'
to the crunch of leaves beneath my feet,
to the miracle of crumbling leaves becoming earth again.
I am listening to the beauty and fragility of aging.
I am listening.

I am listening to the wheel of the year turning,
to the cycle of the seasons,
to the call for harmony and balance.
I am listening to the circle of life.
I am listening.

I am listening to days growing shorter,
to the air turning crisp and cool, to the slow waning of the light,
to the stars that shine in cold, dark nights.
I am listening to the growing harvest moon.
I am listening.

I am listening to happy harvest cries,
to hearts overflowing with thanksgiving,
to tables laden with gifts from the earth to baskets overflowing.
I am listening to the bountiful gift of autumn.
I am listening.

I am listening to a call for inner growth,
to my need to let go of material possessions,
to my need to reach out for invisible gifts
I am listening to a call for transformation
I am listening.

I am listening to the death of old ways.
I am listening to the life force turning inward.
I am listening to the renewal of the earth as it readies to sleep.
I am listening.



DECEMBER 3RD

#GIVINGTUESDAY

@FRANCISCANMINISTRIESINC.ORG



“The cry of the poor rises up to God.”

**Third World Day of the Poor
Sunday, November 17th**

Our donations on this date will go to direct service for the women of Tamar’s Center

**Eighth Annual World Day of the Poor.
November 17th**

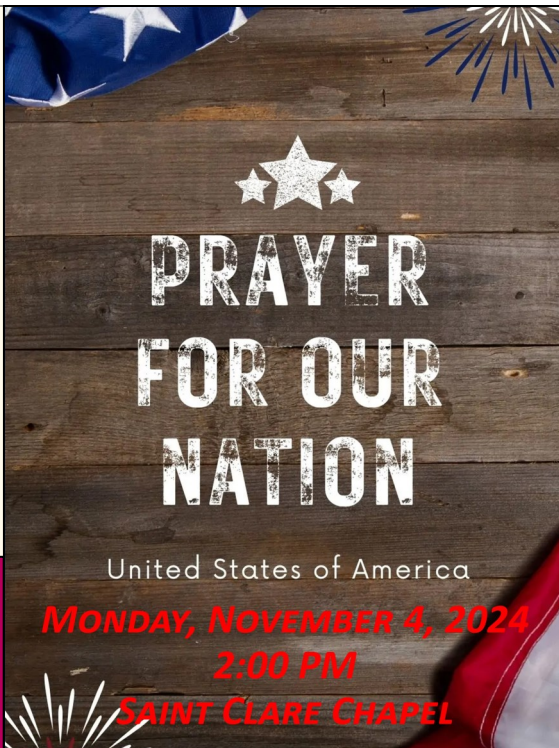
In 2017, Pope Francis established that the Catholic Church set aside one day each year to “reflect on how poverty is at the very heart of the Gospel.” He designated this day as the World Day of the Poor, to be celebrated on the 33rd Sunday in Ordinary Time each year.

“The prayer of the poor rises up to God” is the theme for this year, selected by Pope Francis based on the Book of Sirach.

Ben Sira, the author of Sirach, discovered that the poor hold a privileged place in God’s heart. “God knows the sufferings of his children because he is an attentive and caring father,” said the Pope. “As a father, he takes care of those who are most in need: the poor, the marginalized, the suffering and the forgotten. No one is excluded from His heart, for in His eyes, we are all poor and needy”.

Pope Francis challenges us to be authentic witnesses of Christian hope and to accompany the poor through a personal and constant commitment over time by:

- Offering financial support to the poorest and most vulnerable people worldwide.
- Leading the way through prayer and action to a more just world.



Wisdom Wednesday
A Monthly Dose of Inspiration
Every second Wednesday of the Month

Join us & Invite a Friend to explore

Unsung Heroes

November 13, 2024
6:30—8:00 pm

Schervier Hall & Zoom
Zoom Meeting ID:626-230-3616



St. Clare Chapel

Is there a wedding in your future?
Contact our **Wedding Coordinator**
Mary Langenbrunner
Call 761-9040 Ext-176
Weddings@FranciscanSistersofthePoor.org



 **The Franciscan Peddler Thrift Store**

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SATURDAYS
10:00 am—1:00 pm

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Nov 22
BLACK FRIDAY Sale

If the only prayer you ever say in your entire life is

THANK YOU!

it will be enough
Meister Eckhart

