

Female Teams

Place	Team	Code	Points
1	St. Ambrose	STAM	253
2	Grand View	GRAN	193
3	Mount Mercy	MOIA	171
4	Clarke	CLIA	135.5
5	William Penn	WIIA	55.5
6	Viterbo	VITE	37

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5	Browne, Alile	FR	Viterbo	27.59	4
6	Perez, Mary	FR	St. Ambrose	27.67	3
7	Albert, Lindsay	SO	Grand View	28.34	2
8	Dalton, Courtney	FR	William Penn	28.56	1

Women's 100 Meters Final

MCC: Jenna Higgins Mount Mercy 11.84 2012

PL	Athlete	Yr.	Team	Final	Pts	Note
1	King, Kayla	FR	Viterbo	12.15	10	
2	Smith, Molly Jo	SO	St. Ambrose	12.21	8	
3	Carradine, Erica	FR	Clarke	12.70	6	
4	LaBrecque, Hannah	FR	St. Ambrose	12.75	5	
5	Lampe, Sarah	SO	St. Ambrose	12.76	4	12.751
6	Gridiron, Jade	JR	Mount Mercy	12.76	3	12.759
7	Perez, Mary	FR	St. Ambrose	12.83	2	
8	Clark, Sha'Rhonda	SO	Mount Mercy	12.93	1	

Women's 200 Meters Prelim

MCC: Nadia Cunningham Iowa Wesleyan 25.05 1998

PL	Athlete	Yr.	Team	Prelim	Heat(HP L)	Note
1	Smith, Molly Jo	SO	St. Ambrose	24.52#Q	3(1)	
2	King, Kayla	FR	Viterbo	26.00Q	2(1)	25.991
3	Lampe, Sarah	SO	St. Ambrose	26.00q	3(2)	25.998
4	LaBrecque, Hannah	FR	St. Ambrose	26.11Q	1(1)	
5	Perez, Mary	FR	St. Ambrose	26.21q	2(2)	
6	Browne, Alile	FR	Viterbo	26.69q	1(2)	
7	Albert, Lindsay	SO	Grand View	26.70q	3(3)	
8	Dalton, Courtney	FR	William Penn	26.73q	1(3)	
9	Carradine, Erica	FR	Clarke	26.82	2(3)	
10	Baloch, Aminah	SO	Mount Mercy	26.95	3(4)	
11	Clark, Sha'Rhonda	SO	Mount Mercy	26.98	3(5)	
12	Davis, Capria	FR	Mount Mercy	27.05	2(4)	
13	Gridiron, Jade	JR	Mount Mercy	27.32	1(4)	
14	Martin, Blakely	SO	Mount Mercy	27.89	1(5)	
15	Bushkofsky, Krista	SO	Clarke	27.97	2(5)	
16	Freeman, Hanna	FR	Grand View	28.43	2(6)	
17	O'Shea, Ashli	FR	Mount Mercy	28.54	2(7)	
18	Rehder, Hannah	FR	Clarke	28.57	1(6)	
19	Hodson, Madison	SO	Grand View	28.63	3(6)	
20	Billmeyer, Rachael	FR	St. Ambrose	28.85	3(7)	
21	Riley, Kallihan	JR	St. Ambrose	30.59	1(7)	
22	Gunter, Kenzie	FR	William Penn	32.64	1(8)	

Women's 100 Meters Prelim

MCC: Jenna Higgins Mount Mercy 11.84 2012

PL	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	Smith, Molly Jo	SO	St. Ambrose	12.26Q	2(1)
2	King, Kayla	FR	Viterbo	12.37Q	3(1)
3	LaBrecque, Hannah	FR	St. Ambrose	12.77Q	1(1)
4	Carradine, Erica	FR	Clarke	12.79q	2(2)
5	Gridiron, Jade	JR	Mount Mercy	12.80q	1(2)
6	Lampe, Sarah	SO	St. Ambrose	12.82q	3(2)
7	Perez, Mary	FR	St. Ambrose	12.92q	2(3)
8	Clark, Sha'Rhonda	SO	Mount Mercy	13.04q	3(3)
9	Baloch, Aminah	SO	Mount Mercy	13.12	1(3)
10	Dalton, Courtney	FR	William Penn	13.15	3(4)
11	Brietbach, Molly	FR	Mount Mercy	13.19	2(4)
12	Bushkofsky, Krista	SO	Clarke	13.24	1(4)
13	Martin, Blakely	SO	Mount Mercy	13.42	3(5)
14	Hunt, Holly	FR	Clarke	13.55	2(5)
15	Freeman, Hanna	FR	Grand View	13.98	2(6)
16	Rehder, Hannah	FR	Clarke	14.00	3(6)
17	Billmeyer, Rachael	FR	St. Ambrose	14.06	1(5)
18	Hodson, Madison	SO	Grand View	14.18	1(6)

Women's 400 Meters

MCC: Louise Ayuetotche Iowa Wesleyan 53.54 1998

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Smith, Molly Jo	SO	St. Ambrose	56.28	10	3(1)
2	Lampe, Sarah	SO	St. Ambrose	57.73	8	3(2)
3	Mosbach, Liz	JR	Mount Mercy	59.02	6	3(3)
4	Roberts, Katie	FR	Grand View	59.14	5	3(4)
5	Goehrke, Tara	SR	St. Ambrose	1:00.08	4	3(5)
6	LaBrecque, Hannah	FR	St. Ambrose	1:00.69	3	1(1)
7	Francois, Samantha	SR	Clarke	1:00.73	2	1(2)
8	King, Kennedy	FR	Grand View	1:00.80	1	3(6)
9	Dunkerley, Marissa	SR	St. Ambrose	1:01.43		2(1)
10	Cole, Anna	FR	Clarke	1:01.45		2(2)

Women's 200 Meters Final

MCC: Nadia Cunningham Iowa Wesleyan 25.05 1998

PL	Athlete	Yr.	Team	Final	Pts
1	Smith, Molly Jo	SO	St. Ambrose	25.83	10
2	Lampe, Sarah	SO	St. Ambrose	26.78	8
3	King, Kayla	FR	Viterbo	26.85	6
4	LaBrecque, Hannah	FR	St. Ambrose	27.31	5

11	Flanders, Charlette	FR	St. Ambrose	1:01.60	3(7)	9	Armendariz, Melissa	JR	Mount Mercy	5:15.28	2(8)
12	Dascent, Karen	FR	Viterbo	1:02.74	2(3)	10	Teno, Kimberly	FR	Grand View	5:15.87	1(2)
13	Dalton, Courtney	FR	William Penn	1:02.97	1(3)	11	Nielsen, Jasmine	SR	Grand View	5:16.32	2(9)
14	Albert, Lindsay	SO	Grand View	1:02.98	3(8)	12	Herrig, Katherine	SO	Clarke	5:18.00	1(3)
15	Rehder, Hannah	FR	Clarke	1:03.69	2(4)	13	Lewis, Deja	JR	William Penn	5:22.65	1(4)
16	Martin, Blakely	SO	Mount Mercy	1:04.96	1(4)	14	Hills, Taylor	FR	St. Ambrose	5:24.23	1(5)
17	Long, Julie	FR	Mount Mercy	1:05.25	2(5)	15	McCann, Kalli	JR	Grand View	5:24.65	1(6)
18	Barry, Jamie	FR	Grand View	1:05.62	2(6)	16	Kepner, Addison	JR	William Penn	5:24.71	2(10)
19	O'Shea, Ashli	FR	Mount Mercy	1:05.72	2(7)	17	Parus, Taylor	JR	St. Ambrose	5:26.68	1(7)
20	Devilbiss, Kennidee	FR	Mount Mercy	1:07.46	2(8)	18	Feldman, Kelsey	FR	Mount Mercy	5:27.72	1(8)
						19	Schroud, Marinna	FR	Mount Mercy	5:27.81	1(9)
						20	Herber, Anna	SO	Clarke	5:29.64	2(11)
						21	Mutch, Briana	FR	Grand View	5:36.82	1(10)
						22	Marter, Katie	FR	Clarke	5:54.65	1(11)
							Scott, Allison	JR	Mount Mercy	DNS	2

Women's 800 Meters

MCC: Nadia Cunningham Iowa Wesleyan 2:16.50 1998

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Alexander, Tarah	JR	William Penn	2:17.46	10	4(1)
2	Roberts, Katie	FR	Grand View	2:19.92	8	4(2)
3	Their, Austyn	JR	Clarke	2:21.13	6	4(3)
4	Woodall, Nicole	SO	St. Ambrose	2:22.34	5	4(4)
5	King, Kennedy	FR	Grand View	2:22.44	4	4(5)
6	Mosbach, Liz	JR	Mount Mercy	2:24.62	3	4(6)
7	Kak, Bakita	FR	Grand View	2:26.70	2	3(1)
8	Brunson, Lindsay	JR	Mount Mercy	2:28.11	1	4(7)
9	Hammer, Abby	FR	St. Ambrose	2:29.10		1(1)
10	Cole, Anna	FR	Clarke	2:29.17		3(2)
11	Armendariz, Melissa	JR	Mount Mercy	2:29.93		3(3)
12	Kasiurak, Stephanie	JR	Clarke	2:30.12		3(4)
13	Nielsen, Jasmine	SR	Grand View	2:31.04		4(8)
14	Kepner, Addison	JR	William Penn	2:31.91		2(1)
15	Rulis, Ashlyn	FR	St. Ambrose	2:32.02		3(5)
16	Stufflick, Cassandra	SO	Clarke	2:32.29		3(6)
17	Potts, Natalie	FR	Grand View	2:33.71		2(2)
18	Herrig, Katherine	SO	Clarke	2:34.50		2(3)
19	Gilchrist, Molly	FR	St. Ambrose	2:34.98		2(4)
20	Sobaski, Hannah	SO	Grand View	2:38.02		2(5)
21	Hendricks, Sydnee	FR	Clarke	2:39.09		3(7)
22	Schroud, Marinna	FR	Mount Mercy	2:41.37		1(2)
23	Feldman, Kelsey	FR	Mount Mercy	2:41.70		2(6)
24	Cooper, Taelor	FR	St. Ambrose	2:51.21		1(3)
	Scott, Allison	JR	Mount Mercy	DNS		3

Women's 1500 Meters

MCC: Obsie Birru Grand View 4:44.25 2012

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Guinnane, Dominique	SR	St. Ambrose	4:53.28	10	2(1)
2	Woodall, Nicole	SO	St. Ambrose	4:57.18	8	2(2)
3	Brunson, Lindsay	JR	Mount Mercy	4:57.63	6	2(3)
4	Pruett, Molly	FR	Mount Mercy	5:02.35	5	2(4)
5	Stufflick, Cassandra	SO	Clarke	5:08.67	4	2(5)
6	Hendricks, Sydnee	FR	Clarke	5:10.41	3	1(1)
7	Rulis, Ashlyn	FR	St. Ambrose	5:10.78	2	2(6)
8	Sobaski, Hannah	SO	Grand View	5:13.57	1	2(7)

Women's 5000 Meters

MCC: Obsie Birru Grand View 18:28.18 2010

PL	Athlete	Yr.	Team	Final	Pts
1	Guinnane, Dominique	SR	St. Ambrose	18:54.79	10
2	Wilder, Rebecca	SR	St. Ambrose	18:55.17	8
3	Pruett, Molly	FR	Mount Mercy	19:32.05	6
4	Nelson, Katie	SO	St. Ambrose	19:58.46	5
5	Niyokwizigigwa, Eveline	SR	Mount Mercy	20:06.38	4
6	Ewan, Dana	JR	Mount Mercy	20:06.91	3
7	Gonzalez, Guadalupe	FR	William Penn	20:23.34	2
8	Halstead, Anna	FR	Grand View	20:37.83	1
9	Froeschle, Ann	FR	St. Ambrose	20:39.68	
10	Luczak, Taylor	JR	Clarke	20:52.65	
11	Nordgren, Christa	FR	Grand View	20:56.58	
12	Martin, Abby	SO	Mount Mercy	21:02.83	
13	Leonard, Hayley	SO	Grand View	21:12.33	
14	Lopez, Jenny	FR	St. Ambrose	21:33.91	
15	Adlfinger, Mary	JR	St. Ambrose	21:55.44	
16	Althoff, Katerina	SR	Mount Mercy	22:02.19	

Women's 10000 Meters

MCC: Obsie Birru Grand View 38:08.83 2012

PL	Athlete	Yr.	Team	Final	Pts
1	Wilder, Rebecca	SR	St. Ambrose	39:48.10	10
2	Ewan, Dana	JR	Mount Mercy	40:45.16	8
3	Niyokwizigigwa, Eveline	SR	Mount Mercy	41:09.82	6
4	Nelson, Katie	SO	St. Ambrose	41:37.34	5
5	Leonard, Hayley	SO	Grand View	43:08.08	4
6	Wetzell, Kate	SR	St. Ambrose	43:13.35	3
7	Martin, Abby	SO	Mount Mercy	43:29.18	2
8	Adlfinger, Mary	JR	St. Ambrose	44:44.69	1

Women's 100m Hurdle Final

MCC: Jenna Higgins Mount Mercy 14.82 2013

PL	Athlete	Yr.	Team	Final	Pts
1	Nichols, Myra	SR	Clarke	15.27	10
2	Strauel, Sara	SO	St. Ambrose	15.82	8
3	Goehrke, Tara	SR	St. Ambrose	15.91	6

4	Smith, Allison	JR	Clarke	16.31	5
5	Gunter, Kenzie	FR	William Penn	16.38	4
6	Ross, Jaidin	SO	Grand View	17.38	3
7	Werthmann, Tanner	SO	Grand View	19.16	2
	Bushkofsky, Krista	SO	Clarke	DNF	

Women's 100m Hurdle Prelim

MCC: Jenna Higgins Mount Mercy 14.82 2013

PL	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	Bushkofsky, Krista	SO	Clarke	15.15Q	2(1)
2	Strauel, Sara	SO	St. Ambrose	15.56q	2(2)
3	Nichols, Myra	SR	Clarke	15.58Q	1(1)
4	Goehrke, Tara	SR	St. Ambrose	15.79q	1(2)
5	Smith, Allison	JR	Clarke	16.06q	1(3)
6	Gunter, Kenzie	FR	William Penn	16.17q	1(4)
7	Werthmann, Tanner	SO	Grand View	16.18q	2(3)
8	Ross, Jaidin	SO	Grand View	16.63q	1(5)
9	Jellings, Rachel	SO	Mount Mercy	17.01	2(4)
10	Duos, Receva	FR	Mount Mercy	17.22	2(5)
11	Zumbach, Taylor	JR	Mount Mercy	17.53	1(6)
12	Cunninigham, Alyssa	SO	Grand View	17.55	2(6)
13	Flexsenhar, Suzanne	JR	Mount Mercy	17.62	2(7)

Women's 400m Hurdle

MCC: Jacqueline Kane Mount Mercy 1:03.71 2011

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Smith, Molly Jo	SO	St. Ambrose	1:03.57#	10	2(1)
2	Goehrke, Tara	SR	St. Ambrose	1:06.40	8	2(2)
3	Nichols, Myra	SR	Clarke	1:07.00	6	2(3)
4	Francois, Samantha	SR	Clarke	1:07.28	5	2(4)
5	Strauel, Sara	SO	St. Ambrose	1:08.12	4	2(5)
6	Nielsen, Jasmine	SR	Grand View	1:08.27	3	1(1)
7	Ross, Jaidin	SO	Grand View	1:08.36	2	2(6)
8	Cowell, Ali	SR	St. Ambrose	1:10.13	1	2(7)
9	Hammer, Abby	FR	St. Ambrose	1:11.07		2(8)
10	Jellings, Rachel	SO	Mount Mercy	1:11.85		1(2)
11	Armendariz, Melissa	JR	Mount Mercy	1:12.14		1(3)
12	Devilbiss, Kennidee	FR	Mount Mercy	1:12.28		1(4)
13	Duos, Receva	FR	Mount Mercy	1:14.24		1(5)
14	Bormann, Corey	SR	Clarke	1:14.34		1(6)

Women's 3000m Steeple

MCC: Sadie Fisher Grand View 11:19.79 2012

PL	Athlete	Yr.	Team	Final	Pts
1	Guinnane, Dominique	SR	St. Ambrose	11:43.72	10
2	Ewan, Dana	JR	Mount Mercy	12:03.68	8
3	Nielsen, Jasmine	SR	Grand View	12:26.15	6
4	Niyokwizigigwa, Eveline	SR	Mount Mercy	12:33.47	5
5	Leonard, Hayley	SO	Grand View	12:45.97	4
6	Althoff, Katerina	SR	Mount Mercy	13:05.69	3
7	Potts, Natalie	FR	Grand View	13:12.27	2
8	Lopez, Jenny	FR	St. Ambrose	13:34.53	1

9	Gibson, Sarah	JR	Viterbo	13:44.71
10	Wetzell, Kate	SR	St. Ambrose	13:53.29
11	Erskine, Sara	FR	St. Ambrose	13:58.61

Women's 4 x 100m Relay

MCC: Rosien, Higgins, Wilden, Kapande Mount Mercy 47.69 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4	
1	Mount Mercy	A	49.51	10	Brietbach	Gridiron	Baloch	Clark
2	Clarke	A	50.14	8	Bushkofsky	Rehder	Hunt	Carradine
3	Grand View	A	50.64	6	Albert	Barry	Cunninigham	Freeman
4	Viterbo	A	50.96	5	Dascent	Browne	King	Turi
5	St. Ambrose	A	51.05	4	Billmeyer	LaBrecque	Perez	Cowell
6	William Penn	A	53.41	3	Gunter	Phillips	Schertz	Dalton

Women's 4 x 400m Relay

MCC: Harrison, Nichols, Okwumbua, Vann Ashford 3:59.04 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4	
1	St. Ambrose	A	4:02.17	10	Dunkerley	Goehrke	Cowell	Lampe
2	Mount Mercy	A	4:06.90	8	Mosbach	Davis	Clark	Gridiron
3	Clarke	A	4:08.98	6	Francois	Their	Kasiurak	Cole
4	Grand View	A	4:09.08	5	Albert	Barry	Cunninigham	Freeman
5	William Penn	A	4:19.33	4	Alexander	Schertz	Kepner	Dalton
6	Viterbo	A	4:27.72	3	Massoth	Dascent	Browne	Turi

Women's 4 x 800m Relay

MCC: Keller, Birru, McFayden, Craig Grand View 9:23.34 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4	
1	Mount Mercy	A	9:31.65	10	Brunson	Pruett	Mosbach	Scott
2	Clarke	A	9:53.76	8	Their	Kasiurak	Herber	Stuffick
3	Grand View	A	10:02.40	6	Albert	Barry	Cunninigham	Freeman
4	St. Ambrose	A	10:09.82	5	Rulis	Gilchrist	Hills	Dunkerley
5	William Penn	A	10:38.91	4	Kepner	Lewis	Schertz	Gonzalez

Women's High Jump

MCC: Kelley Carden Grand View 1.71m 2014

PL	Athlete	Yr.	Team	Final	Pts
1	Strauel, Sara	SO	St. Ambrose	1.60m	10
2	Smith, Allison	JR	Clarke	1.60m	8
3	Middleton, Christanne	FR	Grand View	1.55m	6
4	Phillips, Alyssa	SO	William Penn	1.50m	5
5	Goehrke, Tara	SR	St. Ambrose	1.50m	4
6	Nichols, Myra	SR	Clarke	1.50m	3
7	Simmons, Alora	JR	William Penn	1.45m	2
8	Browne, Alile	FR	Viterbo	1.45m	1
9	Cowell, Ali	SR	St. Ambrose	1.35m	
	Schroeder, Danielle	SO	Mount Mercy	NH	

Women's Pole Vault

MCC: Morgan Bradford Clarke 3.53m 2010

PL	Athlete	Yr.	Team	Final	Pts
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1	Scavuzzo, Jaclyn	SR	St. Ambrose	2.90m	10	3	Foster, Meaghan	JR	William Penn	12.90m	6	2(3)
2	Flood, April	JR	Clarke	2.60m	8	4	Davis, Jennifer	FR	Grand View	12.28m	5	2(4)
3	Schertz, Whitley	SR	William Penn	2.60m	5.5	5	Larrington, Morgan	SR	Grand View	11.69m	4	2(5)
3	Donar, Jessica	SO	Clarke	2.60m	5.5	6	Wells, Taylor	SO	Grand View	11.65m	3	2(6)
5	Gacanich, Mileva	SR	Clarke	2.45m	4	7	Flexsenhar, Suzanne	JR	Mount Mercy	11.49m	2	2(7)
6	Rasmussen, Nikkie	FR	Viterbo	2.45m	3	8	Reilly, Samantha	FR	Viterbo	11.39m	1	2(8)
7	Alexander, Tarah	JR	William Penn	2.45m	2	9	Jones, Amber	JR	Grand View	11.36m		1(1)
8	Raya, Celeste	SR	St. Ambrose	2.45m	1	10	Lastovka, Kristin	JR	William Penn	10.97m		2(9)
9	Middleton, Christanne	FR	Grand View	2.30m		11	Hanson, Kayla	SR	Mount Mercy	10.87m		1(2)
10	Fuhrman, Megan	SO	Clarke	2.30m		12	Kopp, Preston	SO	Clarke	10.48m		1(3)
11	Aberle, Amanda	JR	St. Ambrose	2.30m		13	Broghammer, Katie	JR	Clarke	10.34m		1(4)
12	Mendez, Natalie	FR	St. Ambrose	2.15m		14	Kindell, Cheyenne	FR	Viterbo	10.30m		1(5)
13	Leonard, Hayley	SO	Grand View	2.00m		15	Hickson, Courtney	JR	Clarke	10.18m		2(10)
14	Billmeyer, Rachael	FR	St. Ambrose	1.85m		16	Reicks, Chloe	FR	Mount Mercy	10.08m		1(6)
	Kuskie, Janet	SR	William Penn	NH		17	McRae, Briana	SO	William Penn	9.65m		1(7)
	Riley, Kallihan	JR	St. Ambrose	NH		18	Clark, Tiona	FR	William Penn	9.04m		1(8)
						19	Miller, Megan	SO	Mount Mercy	8.25m		1(9)

Women's Long Jump

MCC: Mwale Kapande Mount Mercy 5.84m 2012

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Mosbach, Liz	JR	Mount Mercy	5.56m	10	2(1)
2	Sanborn, Nicole	SO	Mount Mercy	5.29m	8	2(2)
3	Bushkofsky, Krista	SO	Clarke	5.24m	6	2(3)
4	Werthmann, Tanner	SO	Grand View	5.10m	5	2(4)
5	Baloch, Aminah	SO	Mount Mercy	5.05m	4	2(5)
6	Cowell, Ali	SR	St. Ambrose	5.01m	3	2(6)
7	Bormann, Corey	SR	Clarke	4.82m	2	1(1)
8	Massoth, Marissa	FR	Viterbo	4.79m	1	1(2)
9	DeSmith, Laura	SO	Viterbo	4.71m		1(3)
10	Perez, Mary	FR	St. Ambrose	4.61m		2(7)
11	Alfred, Karissa	JR	St. Ambrose	4.58m		1(4)
12	Hosford, Brandi	FR	St. Ambrose	4.49m		1(5)
13	Navarro, Krysta	FR	Viterbo	3.71m		1(6)

Women's Triple Jump

MCC: Crystal Seamans St. Ambrose 11.18m 2000

PL	Athlete	Yr.	Team	Final	Pts
1	Mosbach, Liz	JR	Mount Mercy	11.04m	10
2	Smith, Allison	JR	Clarke	10.77m	8
3	Sanborn, Nicole	SO	Mount Mercy	10.35m	6
4	Hosford, Brandi	FR	St. Ambrose	10.33m	5
5	Baloch, Aminah	SO	Mount Mercy	10.19m	4
6	Cowell, Ali	SR	St. Ambrose	10.09m	3
7	Cunninigham, Alyssa	SO	Grand View	9.84m	2
8	Middleton, Christanne	FR	Grand View	9.80m	1
9	Alfred, Karissa	JR	St. Ambrose	9.80m	
10	DeSmith, Laura	SO	Viterbo	9.66m	
11	Scavuzzo, Jaclyn	SR	St. Ambrose	9.29m	

Women's Shot Put

MCC: Val Veiock Grand View 14.38m 2014

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Veiock, Val	SR	Grand View	14.74m#	10	2(1)
2	Krebs, Jena	SR	Grand View	13.41m	8	2(2)

Women's Discus

MCC: Val Veiock Grand View 44.20m 2012

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Veiock, Val	SR	Grand View	45.26m#	10	2(1)
2	Wells, Taylor	SO	Grand View	43.16m	8	2(2)
3	Hoerr, Emma	JR	William Penn	41.05m	6	2(3)
4	Krebs, Jena	SR	Grand View	40.92m	5	2(4)
5	Hickson, Courtney	JR	Clarke	37.58m	4	2(5)
6	Davis, Jennifer	FR	Grand View	37.00m	3	2(6)
7	Kopp, Preston	SO	Clarke	36.88m	2	2(7)
8	Jones, Amber	JR	Grand View	35.63m	1	2(8)
9	Hanson, Kayla	SR	Mount Mercy	33.59m		1(1)
10	Broghammer, Katie	JR	Clarke	33.16m		1(2)
11	Feldman, Kristi	SO	Mount Mercy	33.05m		2(9)
12	Foster, Meaghan	JR	William Penn	32.52m		2(10)
13	Reilly, Samantha	FR	Viterbo	32.02m		2(11)
14	Wrice, Kennedy	SR	Grand View	31.35m		1(3)
15	Henggeler, Janel	FR	St. Ambrose	29.86m		1(4)
16	Reicks, Chloe	FR	Mount Mercy	29.66m		1(5)
17	Messerschmidt, Emily	JR	Viterbo	29.31m		1(6)
18	Clements, Katelin	FR	Viterbo	28.48m		1(7)
19	Bork, Rachel	FR	Clarke	28.03m		1(8)
20	Beckley, Trisha	SR	Clarke	26.48m		1(9)
21	McRae, Briana	SO	William Penn	24.75m		1(10)
22	Smart, Samantha	JR	Mount Mercy	24.72m		1(11)

Women's Hammer

MCC: Emily Brown Clarke 53.81m 2009

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Veiock, Val	SR	Grand View	53.13m	10	2(1)
2	Krebs, Jena	SR	Grand View	52.33m	8	2(2)
3	Kopp, Preston	SO	Clarke	48.91m	6	2(3)
4	Hanson, Kayla	SR	Mount Mercy	47.06m	5	2(4)
5	Jones, Amber	JR	Grand View	46.60m	4	2(5)
6	Reilly, Samantha	FR	Viterbo	46.34m	3	2(6)

7	Wrice, Kennedy	SR	Grand View	41.71m	2	2(7)	2	Strauel, Sara	SO	St. Ambrose	3974	8
8	Foster, Meaghan	JR	William Penn	40.51m	1	2(8)	3	Flexsenhar, Suzanne	JR	Mount Mercy	3618	6
9	Kindell, Cheyenne	FR	Viterbo	37.84m		1(1)	4	Hammer, Abby	FR	St. Ambrose	3607	5
10	Larrington, Morgan	SR	Grand View	37.66m		1(2)	5	Cunninigham, Alyssa	SO	Grand View	3328	4
11	Lastovka, Kristin	JR	William Penn	37.15m		2(9)	6	Sanborn, Nicole	SO	Mount Mercy	3186	3
12	Broghammer, Katie	JR	Clarke	34.90m		1(3)	7	Valentine, Abri	SO	Grand View	2990	2
13	Beckley, Trisha	SR	Clarke	34.36m		1(4)	8	MacDougall, Kaleigha	FR	Grand View	2601	1
14	Messerschmidt, Emily	JR	Viterbo	32.83m		1(5)	9	Alfred, Karissa	JR	St. Ambrose	2454	
15	Henggeler, Janel	FR	St. Ambrose	30.15m		1(6)						
16	Clements, Katelin	FR	Viterbo	27.02m		1(7)						
17	Bork, Rachel	FR	Clarke	24.76m		1(8)						
18	Reicks, Chloe	FR	Mount Mercy	23.79m		1(9)						
19	Miller, Megan	SO	Mount Mercy	23.19m		1(10)						
20	Feldman, Kristi	SO	Mount Mercy	22.49m		1(11)						
	Wells, Taylor	SO	Grand View	NM		2						
	Hickson, Courtney	JR	Clarke	DNS		2						

Women's Javelin

MCC: Jenna Higgins Mount Mercy 49.72m 2012

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Wells, Taylor	SO	Grand View	38.51m	10	3(1)
2	Krebs, Jena	SR	Grand View	37.80m	8	3(2)
3	Veiock, Val	SR	Grand View	33.72m	6	3(3)
4	Flexsenhar, Suzanne	JR	Mount Mercy	33.17m	5	3(4)
5	Zumbach, Taylor	JR	Mount Mercy	32.95m	4	3(5)
6	Sanborn, Nicole	SO	Mount Mercy	32.20m	3	3(6)
7	Feldman, Kristi	SO	Mount Mercy	31.66m	2	3(7)
8	Schroeder, Danielle	SO	Mount Mercy	29.38m	1	2(1)
9	Strauel, Sara	SO	St. Ambrose	29.25m		3(8)
10	Middleton, Christanne	FR	Grand View	28.04m		2(2)
11	Massoth, Marissa	FR	Viterbo	27.94m		2(3)
12	Larrington, Morgan	SR	Grand View	27.27m		3(9)
13	Davis, Jennifer	FR	Grand View	26.63m		2(4)
14	Messerschmidt, Emily	JR	Viterbo	26.43m		3(10)
15	Davis, Capria	FR	Mount Mercy	26.10m		2(5)
16	Gacanich, Mileva	SR	Clarke	25.67m		2(6)
17	Bork, Rachel	FR	Clarke	24.96m		2(7)
18	Beggs, Hunter	SO	Viterbo	24.91m		2(8)
19	Clements, Katelin	FR	Viterbo	22.82m		2(9)
20	Kuskie, Janet	SR	William Penn	21.30m		1(1)
21	Kopp, Preston	SO	Clarke	21.00m		1(2)
22	Foster, Meaghan	JR	William Penn	20.60m		2(10)
23	Beckley, Trisha	SR	Clarke	19.77m		1(3)
24	Broghammer, Katie	JR	Clarke	19.58m		1(4)
25	Clark, Tiona	FR	William Penn	19.06m		1(5)
26	Herber, Anna	SO	Clarke	18.06m		1(6)

Women's Outdoor Heptathlon

MCC: Jenna Higgins Mount Mercy 4513 2013

PL	Athlete	Yr.	Team	Final	Pts
1	Nichols, Myra	SR	Clarke	4488	10