

2023 CEDAR RAPIDS PRAIRIE INVITATIONAL

Cedar Rapids, IA

Prairie Campus

Weather: Sunny, N 10-20mph, 74% Humidity & 75

Host: Cedar Rapids Prairie

Saturday, August 26, 2023

MEET OFFICIALS**Meet Director:**

Rocky Bennett

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 8/26/2023 10:21 AM

**Race #4
Varsity Boys 5K****Final Results****TEAM SCORING SUMMARY****Orange**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Williamsburg	57	3-4-10-18-22(29)(33)	1:31:59	18:24	1:39.5
2 ADM Adel	62	2-8-11-15-26(27)(34)	1:32:09	18:26	2:28.2
3 Fort Madison	70	6-9-14-20-21(24)(40)	1:33:34	18:43	1:04.1
4 Marion	81	1-5-7-32-36(37)(43)	1:32:46	18:34	3:46.6
5 Monticello	142	16-19-28-38-41(45)(51)	1:38:33	19:43	1:55.9
6 Xavier Cedar Rapids	156	17-23-30-42-44(47)(53)	1:39:27	19:54	2:10.2
7 Assumption Davenport	158	13-25-35-39-46(48)(50)	1:40:16	20:04	2:59.5
8 Cascade Western Dubuqu	201	12-31-49-54-55(59)(61)	1:45:07	21:02	3:50.9
9 West Liberty	283	52-56-57-58-60	1:59:59	24:00	5:02.0

Black

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Cedar Falls	21	1-3-4-6-7(8)(10)	1:22:21	16:29	1:13.1
2 Prairie Cedar Rapids	66	5-12-15-16-18(25)(28)	1:28:22	17:41	1:48.5
3 Dubuque Senior	77	11-13-14-17-22(24)(29)	1:29:27	17:54	0:48.1
4 Clear Creek-Amana	97	9-19-20-23-26(30)(35)	1:30:31	18:07	1:14.9
5 Epworth Western Dubuque	130	2-21-32-37-38(40)(41)	1:34:46	18:58	4:24.6
6 Cedar Rapids Washington	182	31-34-36-39-42(44)(46)	1:40:52	20:11	1:36.1
7 Davenport West	195	27-33-43-45-47(48)	1:45:49	21:10	5:17.7

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM	1.55 Miles
1 MERRICK, Jaden	SO	Cedar Falls	1	15:47.9	5:05.8	3:10.0	7:41.6
2 NAUMAN, Quentin	SO	Epworth Western D	2	16:14.6	5:14.4	3:15.3	7:47.8
3 HARTMAN, Luke	SR	Cedar Falls	3	16:15.5	5:14.7	3:15.5	7:57.9
4 ALDAMAK, Ahmed	SR	Cedar Falls	4	16:23.0	5:17.1	3:17.0	7:58.0
5 LEE, Nick	JR	Prairie Cedar Rapid	5	16:23.6	5:17.3	3:17.1	7:41.5
6 COOK, Cooper	SR	Marion	1	16:34.2	5:20.7	3:19.2	
7 FERGUSON, John	JR	Cedar Falls	6	16:53.7	5:27.0	3:23.1	7:59.3
8 WIERING, Charlie	SO	Cedar Falls	7	17:01.0	5:29.3	3:24.6	8:12.0
9 TIMMERMAN, Torin	JR	ADM Adel	2	17:01.1	5:29.4	3:24.6	7:55.1
10 MARTIN, Connor	JR	Cedar Falls	(8)	17:06.4	5:31.1	3:25.7	8:07.9
11 HILSMAN, Brock	JR	Clear Creek-Amana	9	17:11.7	5:32.8	3:26.7	8:13.2
12 DEGROOTE, Kieran	JR	Cedar Falls	(10)	17:18.7	5:35.1	3:28.2	8:21.4
13 CONSIDINE, Jack	SR	Cedar Falls	-	17:20.8	5:35.7	3:28.6	8:12.9
14 KIRMAN, Jack	SO	Dubuque Senior	11	17:31.4	5:39.2	3:30.7	8:06.8
15 HULSEBERG, Wes	SR	Williamsburg	3	17:34.0	5:40.0	3:31.2	8:22.2
16 STEGEMOLLER, Tyler	JR	Prairie Cedar Rapid	12	17:37.2	5:41.0	3:31.8	8:07.9
17 HAUG, Jacob	JR	Dubuque Senior	13	17:41.6	5:42.4	3:32.7	8:23.5
18 SEEMAN, Calvin	SR	Williamsburg	4	17:43.0	5:42.9	3:33.0	8:26.9
19 O'HAIR, Sam	SR	Cedar Falls	-	17:43.6	5:43.1	3:33.1	8:34.8
20 BAILEY, Tyler	SR	Cedar Falls	-	17:46.3	5:44.0	3:33.7	8:23.9

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Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM	1.55 Miles
21 BROCK, Beckett	FR	Dubuque Senior	14	17:46.4	5:44.0	3:33.7	8:27.7
22 FREY, Brayden	SR	Cedar Falls	-	17:47.8	5:44.4	3:34.0	8:14.4
23 FISCHER, Jordan	SR	Marion	5	17:56.6	5:47.3	3:35.7	8:24.1
24 MULFORD, Carter	JR	Prairie Cedar Rapid	15	18:02.4	5:49.2	3:36.9	8:22.2
25 GUZMAN, Nolan	SO	Fort Madison	6	18:06.4	5:50.4	3:37.7	8:40.5
26 JOHNSON, Kyle	SO	Prairie Cedar Rapid	16	18:06.6	5:50.5	3:37.8	8:41.7
27 KAUTZ, Bennett	SO	Marion	7	18:07.7	5:50.9	3:38.0	8:29.3
28 ROTHERT, Danny	JR	Dubuque Senior	17	18:07.9	5:50.9	3:38.0	8:30.1
29 FREDERIKSEN, Vince	SR	Cedar Falls	-	18:09.3	5:51.4	3:38.3	8:34.8
30 CARRIZALES, Cole	FR	Prairie Cedar Rapid	18	18:12.0	5:52.3	3:38.8	8:44.3
31 HAYES, Jamie	SR	Clear Creek-Amana	19	18:14.5	5:53.0	3:39.3	8:39.7
32 KAFER, Logan	SR	Clear Creek-Amana	20	18:17.5	5:54.0	3:39.9	8:37.3
33 STANER, Brody	JR	Epworth Western D	21	18:18.2	5:54.2	3:40.1	8:39.1
34 KROGER, Liam	SO	Dubuque Senior	22	18:19.5	5:54.7	3:40.3	8:41.2
35 CHAPMAN, Isaac	JR	ADM Adel	8	18:19.7	5:54.7	3:40.4	8:34.6
36 STILTNER, Thomas	SR	Clear Creek-Amana	23	18:20.9	5:55.1	3:40.6	8:37.6
37 LUEKEN, Calvin	JR	Dubuque Senior	(24)	18:24.4	5:56.3	3:41.3	8:43.8
38 LANGE, Sammy	FR	Prairie Cedar Rapid	(25)	18:24.8	5:56.4	3:41.4	8:43.7
39 SCHIELTZ, Nicholas	SO	Clear Creek-Amana	26	18:26.5	5:56.9	3:41.7	8:39.6
40 SHOTTENKIRK, Jacob	JR	Fort Madison	9	18:30.2	5:58.1	3:42.5	8:55.4
41 BUSCH, Nile	SO	Williamsburg	10	18:32.6	5:58.9	3:43.0	8:44.5
42 LANDPHAIR, Hunter	SR	ADM Adel	11	18:33.7	5:59.2	3:43.2	8:34.9
43 LEWIS, Austin	JR	Davenport West	27	18:34.6	5:59.5	3:43.4	8:36.9
44 COOK, Lane	JR	Cascade Western D	12	18:34.8	5:59.6	3:43.4	8:40.2
45 CALDWELL, Drew	FR	Assumption Davenp	13	18:35.2	5:59.7	3:43.5	8:48.6
46 TRIPP, Riley	SO	Fort Madison	14	18:36.3	6:00.1	3:43.7	8:48.3
47 MCMANUS, Ethan	SO	Prairie Cedar Rapid	(28)	18:36.6	6:00.2	3:43.8	8:45.1
48 KINKAID, Finn	JR	Dubuque Senior	(29)	18:40.3	6:01.4	3:44.5	8:52.6
49 SORENSEN, Isaac	JR	Clear Creek-Amana	(30)	18:42.8	6:02.2	3:45.0	8:38.5
50 HALL, Robbie	SO	ADM Adel	15	18:45.2	6:03.0	3:45.5	8:48.1
51 ALTHOFF, Aedan	SO	Monticello	16	18:46.1	6:03.2	3:45.7	8:52.9
52 NOVE, Mason	FR	Prairie Cedar Rapid	-	18:47.2	6:03.6	3:45.9	8:44.2
53 CAMACHO, Marcus	SR	Xavier Cedar Rapid	17	18:48.7	6:04.1	3:46.2	8:45.3
54 BRUMMEL, Finn	SO	Williamsburg	18	18:56.2	6:06.5	3:47.7	8:45.2
55 OSWALD, Alex	SR	Monticello	19	19:06.9	6:09.9	3:49.8	9:00.4
56 JOHNSON, Calvin	JR	Fort Madison	20	19:10.3	6:11.0	3:50.5	9:14.9
57 WIEGAND, Hunter	FR	Fort Madison	21	19:10.4	6:11.1	3:50.5	9:02.6
58 MCMULLIN, Tyler	SO	Williamsburg	22	19:13.4	6:12.0	3:51.1	8:45.1
59 HOHMANN, Ben	SO	Dubuque Senior	-	19:13.8	6:12.2	3:51.2	9:13.0
60 WILGENBUSCH, Kaleb	JR	Xavier Cedar Rapid	23	19:15.8	6:12.8	3:51.6	8:53.2
61 ANDERSON, Owen	FR	Dubuque Senior	-	19:16.5	6:13.0	3:51.7	8:52.3
62 MCLEY, Mason	SO	Fort Madison	(24)	19:17.1	6:13.2	3:51.9	8:58.8
63 MANDT, James	SO	Cedar Falls	-	19:17.4	6:13.4	3:51.9	8:53.4
64 BENESH, Julien	SR	Prairie Cedar Rapid	-	19:18.1	6:13.6	3:52.1	9:08.0
65 PETERSEN, Kurtis	SR	Prairie Cedar Rapid	-	19:19.1	6:13.9	3:52.3	9:14.5
66 KROGER, Graden	SO	Dubuque Senior	-	19:20.2	6:14.2	3:52.5	9:11.2

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM	1.55 Miles
67 MURPHY, John	SO	Assumption Davenp	25	19:24.0	6:15.5	3:53.3	9:06.9
68 BURKAMPER, Lucas	JR	Cedar Rapids Wash	31	19:24.4	6:15.6	3:53.3	9:02.8
69 YOUNGER, Cole	JR	Prairie Cedar Rapid	-	19:24.6	6:15.7	3:53.4	9:07.5
70 HAMMERAND, Dominic	FR	Epworth Western D	32	19:24.8	6:15.7	3:53.4	
71 WARDEN, Alex	SR	Prairie Cedar Rapid	-	19:28.7	6:17.0	3:54.2	9:14.6
72 PETERS, Sam	SR	ADM Adel	26	19:29.3	6:17.2	3:54.3	8:47.1
73 YANACHEAK, Luke	JR	ADM Adel	(27)	19:29.5	6:17.3	3:54.4	
74 BERTLING, Rylan	SO	Monticello	28	19:29.9	6:17.4	3:54.4	9:01.4
75 WIETHORN, Dillon	SO	Prairie Cedar Rapid	-	19:30.6	6:17.6	3:54.6	9:05.0
76 EWOLDT, Alex	JR	Davenport West	33	19:32.2	6:18.1	3:54.9	8:52.9
77 MAI, Easton	JR	Prairie Cedar Rapid	-	19:34.3	6:18.8	3:55.3	9:00.3
78 ARWINE, Hayes	SO	Williamsburg	(29)	19:34.7	6:18.9	3:55.4	9:31.1
79 DEJONG, Rentse	SR	Cedar Falls	-	19:34.9	6:19.0	3:55.5	9:15.1
80 EDWARDS, Julius	FR	Xavier Cedar Rapid	30	19:35.5	6:19.2	3:55.6	9:15.4
81 SCHNEIDERMANN, Kriene	SR	Cedar Rapids Wash	34	19:38.9	6:20.3	3:56.3	9:07.6
82 CARTIER, Andrew	SR	Clear Creek-Amana	(35)	19:39.3	6:20.4	3:56.3	9:09.5
83 KAALBERG, Andrew	JR	Cascade Western D	31	19:39.9	6:20.6	3:56.4	9:13.3
84 FREUND, Colton	SO	Dubuque Senior	-	19:44.7	6:22.1	3:57.4	9:13.7
85 OBERBROECKLING, Brycen	FR	Marion	32	19:45.9	6:22.5	3:57.7	9:35.5
86 REED, Colin	FR	Williamsburg	(33)	19:47.2	6:23.0	3:57.9	9:26.7
87 LIDDLE, Mason	JR	Dubuque Senior	-	19:47.9	6:23.2	3:58.0	9:17.2
88 HAUG, Mathew	FR	Dubuque Senior	-	19:48.0	6:23.2	3:58.1	9:03.1
89 CAVANAUGH, Sam	SO	Dubuque Senior	-	19:51.9	6:24.5	3:58.8	9:24.5
90 KAHLER, Landon	SR	Prairie Cedar Rapid	-	19:59.5	6:26.9	4:00.4	9:12.8
91 DEW, Louis	JR	Cedar Rapids Wash	36	19:59.8	6:27.0	4:00.4	9:30.8
92 MESSER, Coy	JR	Epworth Western D	37	20:09.1	6:30.0	4:02.3	9:43.5
93 MESSER, Griffin	SO	ADM Adel	(34)	20:09.4	6:30.1	4:02.4	9:05.4
94 KENT, Nolan	SO	Williamsburg	-	20:12.6	6:31.1	4:03.0	9:35.2
95 O'BRIEN, John	JR	Assumption Davenp	35	20:12.9	6:31.2	4:03.0	9:17.0
96 WEEMS, Asher	JR	Marion	36	20:20.8	6:33.8	4:04.6	9:34.3
97 VANHORN, Jackson	SO	Clear Creek-Amana	-	20:24.4	6:35.0	4:05.4	9:25.4
98 GREGORY, Josiah	JR	Marion	(37)	20:26.2	6:35.5	4:05.7	9:33.8
99 SCHNOOR, Mace	SO	Monticello	38	20:28.1	6:36.2	4:06.1	9:30.6
100 DELPREORE, Geno	JR	Assumption Davenp	39	20:28.7	6:36.3	4:06.2	9:34.7
101 JOHNSTUN, Castille	JR	Fort Madison	(40)	20:30.1	6:36.8	4:06.5	9:37.5
102 KLINGNER, Crew	SR	Williamsburg	-	20:34.3	6:38.1	4:07.3	9:27.4
103 HIRKO, Luke	SO	Williamsburg	-	20:36.4	6:38.8	4:07.8	9:32.1
104 PACE, Kolt	SO	Epworth Western D	38	20:39.1	6:39.7	4:08.3	9:47.8
105 BURKLE, Caden	SO	Clear Creek-Amana	-	20:40.4	6:40.1	4:08.6	9:32.3
106 ARRIAGA-RANGEL, Alan	FR	Monticello	41	20:41.9	6:40.6	4:08.9	9:49.8
107 SCHLOSS, Tate	JR	Clear Creek-Amana	-	20:42.7	6:40.9	4:09.0	9:30.5
108 LANG, Dylan	SO	Xavier Cedar Rapid	42	20:47.5	6:42.4	4:10.0	9:22.1
109 SMITH, Isaiah	SR	Cedar Rapids Wash	39	20:48.3	6:42.6	4:10.1	9:40.4
110 HOOVER, Jimmy	JR	Epworth Western D	(40)	20:49.9	6:43.2	4:10.5	9:54.9
111 KREMERS, Preston	JR	Epworth Western D	(41)	20:50.5	6:43.4	4:10.6	9:55.4
112 NORTHWAY, Liam	FR	Marion	(43)	20:58.2	6:45.8	4:12.1	9:37.3

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM	1.55 Miles
113 LAMMERS, Jack	FR	Xavier Cedar Rapid	44	20:58.9	6:46.1	4:12.3	9:42.2
114 REISINGER, Kyle	SR	Cedar Rapids Wash	42	21:00.5	6:46.6	4:12.6	9:40.3
115 HOLDMEYER, Shay	JR	ADM Adel	-	21:04.2	6:47.8	4:13.3	8:53.9
116 KOONS, Charlie	FR	Williamsburg	-	21:15.6	6:51.5	4:15.6	9:38.4
117 SINDT, Ian	FR	Dubuque Senior	-	21:20.7	6:53.1	4:16.6	9:33.6
118 BOHLKEN, Brennan	JR	Monticello	(45)	21:20.7	6:53.1	4:16.6	9:59.1
119 BEHR, Mark	SO	ADM Adel	-	21:21.4	6:53.3	4:16.8	9:45.8
120 ZIMMERMAN, Charlie	SO	Epworth Western D	-	21:22.8	6:53.8	4:17.1	10:07.0
121 RYAN, Liam	SR	Assumption Davenp	46	21:34.7	6:57.6	4:19.5	9:43.8
122 COATES, Brooks	FR	Marion	-	21:37.1	6:58.4	4:19.9	10:08.3
123 BASTIAN, Matthew	SO	Epworth Western D	-	21:38.5	6:58.9	4:20.2	10:09.0
124 KAPLER, Andrew	SO	Marion	-	21:39.2	6:59.1	4:20.4	10:07.1
125 KENNE, Keegan	JR	Clear Creek-Amana	-	21:40.0	6:59.3	4:20.5	9:59.2
126 COYLE, Dustin	SR	Epworth Western D	-	21:41.0	6:59.7	4:20.7	10:15.4
127 NUNNELLEY, Hudson	SO	Williamsburg	-	21:42.2	7:00.1	4:21.0	10:09.8
128 MONROE, Chase	FR	Davenport West	43	21:43.6	7:00.5	4:21.2	9:48.6
129 RENZE, Abe	SO	Xavier Cedar Rapid	(47)	21:49.7	7:02.5	4:22.5	9:58.0
130 BASSIER, Tim	FR	Assumption Davenp	(48)	21:50.5	7:02.7	4:22.6	9:58.8
131 SUTTER, Grayson	SO	ADM Adel	-	21:57.1	7:04.9	4:23.9	9:52.5
132 DAMISCH, Austin	SO	Cedar Rapids Wash	(44)	21:59.1	7:05.5	4:24.3	10:11.3
133 GROBE, Keegan	SO	Williamsburg	-	22:00.4	7:05.9	4:24.6	10:26.7
134 MANTERNACH, Nathaniel	SR	Cascade Western D	49	22:02.3	7:06.5	4:25.0	9:58.2
135 BANG, Ryan	FR	Assumption Davenp	(50)	22:05.0	7:07.4	4:25.5	10:16.9
136 KARNEY, Zach	SO	Davenport West	45	22:06.3	7:07.8	4:25.8	9:41.9
137 CAREY, P.J.	SO	Williamsburg	-	22:07.6	7:08.2	4:26.0	10:13.1
138 SEUFFERLEIN, Arthur	JR	Marion	-	22:08.2	7:08.4	4:26.2	10:12.1
139 KIBURZ, Royce	JR	Monticello	(51)	22:09.0	7:08.7	4:26.3	10:08.8
140 GASSMAN, Grant	SO	Monticello	-	22:13.7	7:10.2	4:27.3	10:16.4
141 JUAREZ, Jonathan	FR	West Liberty	52	22:17.7	7:11.5	4:28.1	10:16.1
142 PERREAULT, Liam	SR	Xavier Cedar Rapid	(53)	22:19.0	7:11.9	4:28.3	10:12.1
143 DOLPHIN, Bradley	SO	Cascade Western D	54	22:23.9	7:13.5	4:29.3	10:29.6
144 TOPPING, Trenten	JR	Cascade Western D	55	22:25.7	7:14.1	4:29.7	10:05.3
145 SMITH, River	JR	Monticello	-	22:29.8	7:15.4	4:30.5	10:22.0
146 NUCI, Aiden	FR	Assumption Davenp	-	22:35.4	7:17.2	4:31.6	10:06.2
147 REILLY, Hayden	FR	Cedar Rapids Wash	(46)	23:00.9	7:25.4	4:36.7	10:38.6
148 GARCIA BLANES, Manu	JR	West Liberty	56	23:09.3	7:28.2	4:38.4	11:04.4
149 CRAIG, Drew	FR	Assumption Davenp	-	23:17.7	7:30.9	4:40.1	9:57.1
150 SCHRADER, Nicholas	FR	Monticello	-	23:18.3	7:31.1	4:40.2	10:21.2
151 SIMANEK, Killian	SO	Xavier Cedar Rapid	-	23:19.3	7:31.4	4:40.4	11:04.3
152 HANNA, Laird	SO	Cedar Rapids Wash	-	23:22.9	7:32.5	4:41.1	10:48.0
153 BAHNS, Shane	JR	Assumption Davenp	-	23:31.5	7:35.3	4:42.9	10:44.7
154 ELIZONDO, Joaquin	SR	West Liberty	57	23:31.6	7:35.3	4:42.9	10:44.6
155 DEW, Owen	FR	Cedar Rapids Wash	-	23:32.8	7:35.7	4:43.1	10:58.7
156 ELIZONDO, Cameron	SO	West Liberty	58	23:40.5	7:38.2	4:44.7	11:03.1
157 GIMBEL, Andrew	FR	Assumption Davenp	-	23:41.5	7:38.5	4:44.9	11:00.8
158 HAWK, Brody	SO	Williamsburg	-	23:42.1	7:38.7	4:45.0	11:02.5

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Saturday, August 26, 2023

MEET OFFICIALS**Meet Director:**

Rocky Bennett

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #4
Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM	1.55 Miles
159 APPLEBY-SPARROW, Henr	SO	Cedar Rapids Wash	-	23:44.6	7:39.5	4:45.5	10:46.3
160 MARVIN, Ashton	FR	Assumption Davenp	-	23:51.7	7:41.8	4:46.9	10:34.3
161 KORDICK, Carl	JR	Davenport West	47	23:52.3	7:42.0	4:47.0	11:09.5
162 CRIPE, Brady	FR	Xavier Cedar Rapid	-	23:57.6	7:43.7	4:48.1	10:45.3
163 VEGA-VEGA, Giovanni	SR	Cascade Western D	(59)	24:03.4	7:45.6	4:49.3	11:16.0
164 TRUONG, Kerrick	JR	Davenport West	(48)	24:07.3	7:46.8	4:50.0	11:27.8
165 WILSON, Evan	FR	Assumption Davenp	-	24:19.7	7:50.8	4:52.5	11:27.6
166 REISINGER, Nicholas	FR	Cedar Rapids Wash	-	24:19.9	7:50.9	4:52.6	10:50.7
167 TRAN, Donovan	JR	Epworth Western D	-	24:29.6	7:54.0	4:54.5	11:18.9
168 MURPHY, Declan	FR	Assumption Davenp	-	24:31.6	7:54.7	4:54.9	11:00.1
169 HUISKAMP, David	SR	Xavier Cedar Rapid	-	24:45.2	7:59.1	4:57.6	11:10.9
170 MESSENGER, Caden	SO	Cedar Rapids Wash	-	24:48.6	8:00.2	4:58.3	11:32.7
171 PACHA, Blaise	JR	Xavier Cedar Rapid	-	24:51.9	8:01.3	4:59.0	11:16.3
172 ROGAHN, Connor	SR	Cedar Rapids Wash	-	24:53.6	8:01.8	4:59.3	11:02.3
173 HOOVER, Johnny	FR	Epworth Western D	-	24:54.4	8:02.1	4:59.5	11:39.5
174 DAKE, Joe	SO	Xavier Cedar Rapid	-	25:02.5	8:04.7	5:01.1	11:14.8
175 KUNDE, Brandon	FR	Monticello	-	25:32.0	8:14.2	5:07.0	11:59.9
176 PENCE, Riley	FR	Xavier Cedar Rapid	-	25:46.4	8:18.8	5:09.9	11:20.1
177 RICKELS, Emmit	FR	Monticello	-	25:52.6	8:20.8	5:11.1	11:35.8
178 MCDERMOTT, Symon	SO	Epworth Western D	-	25:52.9	8:20.9	5:11.2	10:25.7
179 PERREAULT, Nathaniel	FR	Xavier Cedar Rapid	-	26:41.0	8:36.4	5:20.8	11:26.3
180 GAULEY, Grant	SO	Epworth Western D	-	26:50.1	8:39.4	5:22.7	11:39.5
181 BECK, Jackson	FR	Assumption Davenp	-	27:04.8	8:44.1	5:25.6	12:18.5
182 ANDREWS, Cameron	JR	Cedar Rapids Wash	-	27:09.4	8:45.6	5:26.5	12:25.1
183 THARP, Ben	SO	West Liberty	60	27:19.7	8:48.9	5:28.6	12:10.6
184 GIESE, Sam	SO	Xavier Cedar Rapid	-	27:22.5	8:49.8	5:29.2	12:32.5
185 KRAUS, Gabe	FR	Monticello	-	27:53.8	8:59.9	5:35.4	12:30.5
186 HARTBECKE, Jaren	SR	Cascade Western D	(61)	29:16.4	9:26.6	5:52.0	13:30.7
187 COOK, Alec	SO	Cascade Western D	-	29:27.1	9:30.0	5:54.1	14:10.8
188 BEANBLOSSOM, Matthew	FR	Monticello	-	32:19.0	10:25.5	6:28.6	13:43.7