

2023 HEART MEN'S & WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Cedar Rapids, IA

Weather: Cloudy, Wind SE 15-25 & 66

Host: Mount Mercy University

5/5/2023 - 5/6/2023

MEET OFFICIALS

Meet Director:

Ryan Scheckel

Meet Referee:

Ryan Elsbernd

Timing:

Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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RESULTS

#17-2 Women's Outdoor Heptathlon High Jump

!	Heart of America	1.70m	Anna-Kay Campbell	2007
#	Facility	1.65m	Kylee Neighbors	4/23/2022

Pl	Name	Yr	Team	Mark	Pts
1	PERKINS, Ashlynn	SR	Graceland	1.59m	724
2	SCHMID, Paige	SR	Benedictine (1.50m	621
3	MATTHEWS, Isabelle	FR	Clarke	1.47m	588
4	MARGHEIM, Ella	FR	MidAmerica	1.44m	555
4	RANSON, Anyah	FR	Clarke	1.44m	555
6	SATTTLER, Leah	SR	Benedictine (1.41m	523
7	MOORE, Mya	JR	Grand View	1.41m	523

#17-3 Women's Outdoor Heptathlon Shot Put

!	Heart of America	14.05m	Florida Siaosi	2013
#	Facility	14.85m	Ashley Micheaux	4/17/2021

Pl	Name	Yr	Team	Mark	Pts
1	SCHMID, Paige	SR	Benedictine (9.27m	482
2	SATTTLER, Leah	SR	Benedictine (8.51m	432
3	MARGHEIM, Ella	FR	MidAmerica	8.46m	429
4	MATTHEWS, Isabelle	FR	Clarke	8.26m	416
5	PERKINS, Ashlynn	SR	Graceland	7.26m	352
6	RANSON, Anyah	FR	Clarke	7.11m	342
7	MOORE, Mya	JR	Grand View	6.80m	322

#15 Women's Hammer

!	Heart of America	55.35m	Michelle Carrillo	2021
#	Facility	57.61m	Kaitlyn Wilder	4/21/2023

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	GREEN, Madison	JR	Grand View	54.86m	2(1)	10
2	BEARD, Baylee	FR	Central Meth	50.56m	2(2)	8
3	SUTTON, Madison	JR	Benedictine (49.90m	2(3)	6
4	LOTZ, Victoria	SO	MidAmerica	49.63m	2(4)	5
5	WOLFE, Karli	JR	Central Meth	47.44m	2(5)	4
6	NAIL, Bre	JR	Mount Mercy	46.46m	2(6)	3
7	VILLALOBOS, Cristina	JR	Mount Mercy	45.67m	2(7)	2
8	ABLES, Macie	JR	Missouri Valle	45.59m	2(8)	1
9	CZARNECKI, April	SR	Grand View	43.88m	2(9)	
10	MOORE, Iliyah	JR	Grand View	43.57m	2(10)	
11	HART, Royal	FR	Clarke	43.24m	2(11)	
12	ANDERSON, Kennise	JR	Park U.	43.16m	1(1)	
13	JONES, Jzonei	JR	Mount Mercy	42.24m	1(2)	
14	ROMERO RODRIGUEZ, Paula	SO	Missouri Valle	41.65m	1(3)	
15	LANDRUM, Naiyah	JR	Park U.	41.50m	2(12)	
16	CONRAD, Ava	SO	Grand View	41.27m	1(4)	
17	FAIRLEY, Colbie	JR	Baker	41.20m	1(5)	
18	LINSON, Kylie	SO	Missouri Valle	41.04m	1(6)	
19	BEAUCHEM, Marlie	SO	Clarke	40.37m	1(7)	

#15 Women's Hammer (cont'd)

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
20	BLOSSER, Caley	SO	MidAmerica	40.16m	1(8)	
21	BROWN, Kali	FR	Central Meth	37.58m	1(9)	
22	MCDONALD, Reyven	FR	Missouri Valle	36.88m	1(10)	
23	KANGAS, Ellen	SO	Mount Mercy	34.33m	1(11)	
	ANDERSON, Jacy	SR	Baker	NM	1	

#11 Women's Javelin

!	Heart of America	45.69m	Kendyl McDougald	2018
#	Facility	46.71m	Jenna Boll	2018

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	HILL, Abby	SO	Mount Mercy	40.07m	2(1)	10
2	ORTIZ, Kiana	SO	Culver-Stockt	39.95m	2(2)	8
3	OMARI, Salima	SO	Grand View	38.96m	2(3)	6
4	EMPERLEY, Nadia	FR	Baker	36.06m	2(4)	5
5	HUBBS, Melanie	SR	Culver-Stockt	34.17m	2(5)	4
6	COFFEY, Julie	FR	Baker	33.93m	2(6)	3
7	MERICAL, Nicole	SO	Baker	33.13m	2(7)	2
8	NABINDU, Bahati	SO	Graceland	32.97m	1(1)	1
9	MORRIS, Baileigh	SO	Central Meth	30.51m	2(8)	
10	PAUL, Anna	SO	Grand View	30.37m	1(2)	
11	GREEN, Madison	JR	Grand View	28.38m	1(3)	
12	BROWN, Kali	FR	Central Meth	27.90m	1(4)	
13	ROSGA, Samantha	FR	Benedictine (27.88m	1(5)	
14	HERRING, Olivia	SO	Mount Mercy	27.57m	2(9)	
15	HUBER, Jordan	FR	Park U.	27.27m	1(6)	
16	FINKE, Renee	SO	Central Meth	27.17m	2(10)	
17	MAIERS, Dayna	FR	Mount Mercy	25.27m	1(7)	
18	TESTERMAN, Grace	FR	Graceland	25.20m	1(8)	
19	PENNING, Alexis	FR	Grand View	24.04m	1(9)	
20	WOLFE, Karli	JR	Central Meth	23.65m	1(10)	

#7 Women's Pole Vault

!	Heart of America	3.65m	Katie Thurbon	2013
#	Facility	3.27m	Carolyn Dochterman	4/17/2021

Pl	Name	Yr	Team	Mark	Pts
1J	SQUIRES, Grace	FR	Clarke	# 3.40m	10
2J	HAWKINS, Carter	SO	Central Meth	# 3.40m	8
3J	GRANT, Emma	SO	Clarke	3.25m	6
4J	MCLAUGHLIN, Autumn	SO	Clarke	3.10m	5
5J	STARRS, Gemma	FR	Benedictine (2.95m	3.5
5J	FULGENCIO, Ambar	FR	Graceland	2.95m	3.5
7J	REICHERT, Amara	JR	Central Meth	2.80m	2
8J	ROSGA, Samantha	FR	Benedictine (2.65m	1
9J	BEICH, Malia	FR	Clarke	2.50m	
10J	PAUL, Anna	SO	Grand View	2.35m	
10J	MAUGHAN, Avril	FR	Grand View	2.35m	

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#7 Women's Pole Vault (cont'd)

Pl	Name	Yr	Team	Mark	Pts
	LAMB, Alexa		FR Benedictine (NH	
	NAJVAR, MaryKate		FR Benedictine (NH	
	BITZ, Samantha		SO Missouri Valle	NH	
	HERNANDEZ, Yaqueline		JR Mount Mercy	NH	

#5 Women's Long Jump

!	Heart of America	6.23m	Anna-Kay Campbell	2007
#	Facility	5.88m	Lexus Lovan	2019

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	LINDENMEYER, Carly		JR MidAmerica	5.59m (+1.7)	2(1)	10
2	GREEN, Reanna		SO MidAmerica	5.45m (+0.0)	2(2)	8
3	KILSON, Naomi		JR Baker	5.36m (+0.0)	2(3)	6
4	MCINTYRE, Dawn		FR Park U.	5.32m (+1.7)	2(4)	5
5	BATU-TIAKO, Abigail		SR William Penn	5.32m (+0.9)	2(6)	4
6	JOHNSON, Brooklyn		FR Mount Mercy	5.20m (+1.6)	2(6)	3
7	EVANS, Hannah		FR Evangel	5.19m (+0.7)	2(7)	2
8	CARTER, Solange		FR Park U.	5.02m (+1.4)	1(1)	1
9	TERWISCHE, Emma		FR Clarke	5.02m (+0.7)	1(3)	
10	SIDIQUE, Neomi		JR Grand View	4.95m (+0.6)	1(3)	
11	LOEWEN, Hayley		FR MidAmerica	4.86m (+0.1)	2(8)	
12	EDWARDS, Karesha		FR Central Meth	4.81m (+1.2)	1(4)	
13	O'NEIL, Shannon		FR Culver-Stockt	4.80m (+1.7)	1(5)	
14	JOHNSON, Sarah		JR Central Meth	4.79m (+0.6)	2(9)	
15	ROLAND, Jasmine		SO MidAmerica	4.49m (+2.7)	1(6)	
16	CARMACK, Malia		FR Culver-Stockt	4.35m (+0.0)	1(7)	
17	MAUGHAN, Avril		FR Grand View	4.00m (+0.6)	1(8)	
	LECLERE, Aleksyia		FR Mount Mercy	NM (NW)	1	
	BURNS, Nala		FR MidAmerica	NM (NW)	2	

#17-1 Women's Outdoor Heptathlon 100m Hurdles

!	Heart of America	13.97	Heath / Sloan	2013
#	Facility	14.09	Tajanique Bell	5/5/2023

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	MOORE, Mya		JR Grand View	15.16 (+2.5)	1(1)	821
2	SCHMID, Paige		SR Benedictine (15.99 (+2.5)	1(2)	715
3	PERKINS, Ashlynn		SR Graceland	16.64 (+1.6)	2(1)	638
4	RANSON, Anyah		FR Clarke	16.74 (+1.6)	2(2)	626
5	SATTTLER, Leah		SR Benedictine (16.87 (+2.5)	1(3)	611
6	MARGHEIM, Ella		FR MidAmerica	17.35 (+2.5)	1(4)	558
7	MATTHEWS, Isabelle		FR Clarke	19.26 (+1.6)	2(3)	366

#17-4 Women's Outdoor Heptathlon 200 Meters

!	Heart of America	24.27	Danielle Norville	2003
#	Facility	24.47	Nikiwe Mongwe	5/5/2023

Pl	Name	Yr	Team	Time	Pts
1	MOORE, Mya		JR Grand View	26.61	745
2	RANSON, Anyah		FR Clarke	27.35	683
3	SCHMID, Paige		SR Benedictine (27.51	670
4	SATTTLER, Leah		SR Benedictine (27.70	655
5	PERKINS, Ashlynn		SR Graceland	28.08	625
6	MATTHEWS, Isabelle		FR Clarke	28.09	624
7	MARGHEIM, Ella		FR MidAmerica	31.31	394

#19 Women's 100m Hurdles

!	Heart of America	13.97	Heath / Sloan	2013
#	Facility	14.09	Tajanique Bell	5/5/2023

Pl	Name	Yr	Team	Time	H(Pl)
1	BELL, Tajanique		SR Baker	# 14.09Q	1(1)
2	CLAYTON, Gizel		FR Central Meth	14.25 (+0.3)Q	3(1)
3	SCOTT, Tre'Breh		SO Central Meth	14.35 (+2.6)Q	2(1)
4	FINKE, Renee		SO Central Meth	14.89 (+0.3)q	3(2)
5	SWEETING, Shanai		FR Park U.	14.99 (+2.6)q	2(2)
6	MOORE, Mya		JR Grand View	15.19 (+2.2)q	1(2)
7	JENKINS, Jocelyn		FR MidAmerica	15.28 (+2.2)q	1(3)
8	LEOPOLD, Annie		JR Mount Mercy	15.29 (+0.3)q	3(3)
9	LINDENMEYER, Carly		JR MidAmerica	15.33 (+2.6)	2(3)
10	KLAMM, Hope		FR Park U.	15.49 (+2.2)	1(4)
11	LOVE, Cayna		SO Benedictine (15.74 (+0.3)	3(4)
12	BATU-TIAKO, Abigail		SR William Penn	15.79 (+2.6)	2(4)
13	KLAMM, Faith		FR Park U.	16.09 (+2.6)	2(5)
14	LEWIS, Jacey		SO Graceland	16.31 (+0.3)	3(5)
15	O'NEIL, Shannon		FR Culver-Stockt	16.72 (+2.2)	1(5)
16	RILEY, Addisynn		SO Benedictine (16.75 (+2.2)	1(6)
17	HARRIS, Layla		SO William Penn	17.04 (+2.6)	2(6)
18	WILES, Liberty		FR Evangel	17.26 (+0.3)	3(6)
	HAVLIK, Lauren		SO Baker	FS (NW)	3

#21 Women's 100 Meters

!	Heart of America	11.83	Paige Bray	2017
#	Facility	11.56	Connell, Hannah	4/17/2021

Pl	Name	Yr	Team	Time	H(Pl)
1	MONGWE, Nikiwe		SO MidAmerica	11.94 (+2.1)Q	3(1)
2	CLAYTON, Gizel		FR Central Meth	12.09 (+1.9)Q	2(1)
3	WEIMER, Delaney		SO Evangel	12.31 (+1.9)q	2(2)
4	SOLIR, Daizy		SO MidAmerica	12.33 (+0.9)Q	1(1)

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#21 Women's 100 Meters (cont'd)

Prelims				
Pl	Name	Yr Team	Time	H(Pl)
5	CLIFTON, Eden	FR Graceland	12.46 (+0.9)q	1(2)
6	KILSON, Naomi	JR Baker	12.47 (+2.1)q	3(2)
7	BATU-TIAKO, Abigail	SR William Penn	12.54 (+2.1)q	3(3)
8	ROSE, Alexandra	JR William Penn	12.76 (+1.9)q	2(3)
9	HAWKINS, Carter	SO Central Meth	12.84 (+2.1)	3(4)
10	INMAN, Madison	FR Evangel	12.85 (+1.9)	2(4)
11	ROGERS, Tabitha	SO William Penn	12.86 (+0.9)	1(3)
12	BUTTS, Shelby	SR Baker	12.89 (+1.9)	2(5)
13	CANADA, Erika	SR Grand View	12.90 (+1.9)	2(6)
14	JOHNSON, Sakoya	SO Central Meth	12.92 (+2.1)	3(5)
15	MADDOCK, Arianna	FR Evangel	12.93 (+2.1)	3(6)
16	STACKER, Da'Mah	FR Baker	12.96 (+1.9)	2(7)
17	PAUL, Anna	SO Grand View	13.04 (+0.9)	1(4)
18	READ, Allison	FR William Penn	13.08 (+0.9)	1(5)
19	ADDERLEY, DeAvae	SO William Penn	13.16 (+0.9)	1(6)
20	COLLINS, Taylor	FR Evangel	13.21 (+2.1)	3(7)
21	ROBBINS, McKenzie	SO Evangel	13.36 (+1.9)	2(8)
22	JAVIER, Maryleslie	SR Graceland	13.38 (+2.1)	3(8)
23	MCINTYRE, Dawn	FR Park U.	13.57 (+0.9)	1(7)
	BURNS, Nala	FR MidAmerica	DNF (NW)	1

#23 Women's 4 x 800m Relay

!	Heart of America	9:23.52	Benedictine	2022
#	Facility	9:25.36	Gustavus Adolphus	2019
Pl	Team	Time	Pts	
1	Benedictine (Kan.) (A)	# 9:24.27	10	
	1) COBO, Caroline JR			
	2) DOWNEY, Gemma SO			
	3) MICHAEL, Siena FR			
	4) NELSON, Emilie FR			
2	Central Methodist (A)	9:35.49	8	
	1) WIESEMAN, Madeline SR			
	2) DEANA PANINKA, Yanira FR			
	3) GARR, Natalie FR			
	4) GUILFORD, Kjirsten FR			
3	Evangel (A)	9:36.88	6	
	1) ADAMS, Skylar SO			
	2) HARRIS, Emily FR			
	3) CALDARELLI, Danielle FR			
	4) KOPP, Macy FR			
4	MidAmerica Nazarene (A)	9:46.67	5	
	1) DUNCAN, Shelby SO			
	2) ADAM, Sage FR			
	3) WHEELER, Justine SO			
	4) EIDMAN, Maya JR			
5	Mount Mercy (A)	9:58.17	4	
	1) REITTINGER, Carli JR			
	2) KNUTSON, J'Lyn SO			
	3) JENNINGS, Ruth FR			
	4) WOODS, Sydney JR			
6	Grand View (A)	10:06.16	3	
	1) LEIS, Liberty SO			
	2) ROTZOLL, Kalin FR			
	3) OVERTON, Kayla FR			
	4) NEELEY, Faith FR			

#23 Women's 4 x 800m Relay (cont'd)

Pl	Team	Time	Pts
7	Baker (A)	10:21.76	2
	1) STERNER, Rachel SO		
	2) GAITHER, Jamie SR		
	3) LANDRETH, Jana FR		
	4) SLIFE, Samantha FR		
8	Clarke (A)	13:55.80	1
	1) ROWLAND, Allena FR		
	2) BICKLER, Rory JR		
	3) RADEKE, Lydia SO		
	4) FRANCO, Jaycie FR		

#25 Women's 200 Meters

!	Heart of America	24.27	Danielle Norville	2003
#	Facility	24.47	Nikiwe Mongwe	5/5/2023

Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	MONGWE, Nikiwe	SO MidAmerica	24.48 (+0.1)Q	3(1)
2	CAMILO-MONTENEGRO, Daryl	JR Central Meth	25.06 (+0.0)Q	1(1)
3	SCOTT, Tre'Breh	SO Central Meth	25.12 (+0.0)Q	2(1)
4	CLAYTON, Gizel	FR Central Meth	25.34 (+0.0)q	1(2)
5	ROWLAND, Allena	FR Clarke	25.64 (+0.0)q	2(2)
6	CLIFTON, Eden	FR Graceland	25.82 (+0.1)q	3(2)
7	SOLIR, Daizy	SO MidAmerica	25.93 (+0.0)q	1(3)
8	WEIMER, Delaney	SO Evangel	26.23 (+0.0)q	2(3)
9	NICHOLSON, Janiah	SO MidAmerica	26.33 (+0.1)	3(3)
10	WILLIAMS, Raven	SR William Penn	26.33 (+0.0)	1(4)
11	JOHNSON, Sakoya	SO Central Meth	26.76 (+0.0)	2(4)
12	SIDIQUE, Neomi	JR Grand View	26.92 (+0.0)	2(5)
13	JOHNSON, Brooklyn	FR Mount Mercy	27.00 (+0.1)	3(4)
14	KOKO, Karima	SO Grand View	27.09 (+0.1)	3(5)
15	CANADA, Erika	SR Grand View	27.10 (+0.0)	1(5)
16	CARTER, Solange	FR Park U.	27.12 (+0.0)	1(6)
17	ROGERS, Tabitha	SO William Penn	27.14 (+0.1)	3(6)
18	ADDERLEY, DeAvae	SO William Penn	27.22 (+0.0)	1(7)
19	HAWKINS, Carter	SO Central Meth	27.24 (+0.0)	2(6)
20	STACKER, Da'Mah	FR Baker	27.71 (+0.1)	3(7)
21	PAUL, Anna	SO Grand View	27.74 (+0.0)	2(7)
22	CAMPBELL, Aiyanna	SO William Penn	27.82 (+0.0)	1(8)
23	SIMON, Alise	FR William Penn	27.96 (+0.1)	3(8)
24	ROSE, Alexandra	JR William Penn	28.31 (+0.0)	2(8)

#27 Women's 10000 Meters

!	Heart of America	37:58.39	Chasity Hank	2002
#	Facility	37:14.68	Andrea Ertz	4/9/2022
Pl	Name	Yr Team	Time	Pts
1	LAWSON, Morgan	SR Grand View	! 37:47.67	10
2	ORTIZ, Natasha	JR Benedictine (38:19.83	8
3	ALLEN, Brooke	SO Baker	39:54.92	6
4	BICKLER, Rory	JR Clarke	40:33.49	5
5	MENGHINI, Lily	JR Benedictine (41:50.55	4

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#27 Women's 10000 Meters (cont'd)

Pl	Name	Yr Team	Time	Pts
6	HARDER, Laura	SR Graceland	42:04.11	3
7	FRANCO, Jaycie	FR Clarke	42:42.06	2
8	LOPEZ, Ariana	SO Mount Mercy	43:22.41	1
9	RADEKE, Lydia	SO Clarke	46:07.00	
10	SONNEN, Jessie	JR Benedictine (49:33.33	
	CARTER, Haley	FR Baker	NT	
	ENOCHS, Gracie	FR MidAmerica	NT	

#17-5 Women's Outdoor Heptathlon Long Jump

!	Heart of America	6.23m	Anna-Kay Campbell	2007
#	Facility	5.88m	Lexus Lovan	2019

Pl	Name	Yr Team	Mark	Pts
1	MATTHEWS, Isabelle	FR Clarke	4.99m (+0.7)	557
2	MOORE, Mya	JR Grand View	4.90m (+1.0)	532
3	RANSON, Anyah	FR Clarke	4.67m (+1.1)	472
4	SCHMID, Paige	SR Benedictine (4.65m (+2.6)	466
5	MARGHEIM, Ella	FR MidAmerica	4.44m (+1.5)	413
6	SATTTLER, Leah	SR Benedictine (4.39m (+0.9)	401
7	PERKINS, Ashlynn	SR Graceland	4.26m (+2.6)	369

#17-6 Women's Outdoor Heptathlon Javelin

!	Heart of America	45.69m	Kendyl McDougald	2018
#	Facility	46.71m	Jenna Boll	2018

Pl	Name	Yr Team	Mark	Pts
1	SCHMID, Paige	SR Benedictine (28.87m	455
2	MATTHEWS, Isabelle	FR Clarke	27.89m	437
3	RANSON, Anyah	FR Clarke	24.12m	366
4	MOORE, Mya	JR Grand View	22.54m	336
5	MARGHEIM, Ella	FR MidAmerica	20.75m	303
6	PERKINS, Ashlynn	SR Graceland	18.17m	255
7	SATTTLER, Leah	SR Benedictine (17.89m	250

#3 Women's Discus

!	Heart of America	48.34m	Madison Green	2022
#	Facility	46.15m	Alivia Bauer	4/17/2021

Pl	Name	Yr Team	Mark	F(Pl)	Pts
1	SUTTON, Madison	JR Benedictine (44.95m	2(1)	10
2	GREEN, Madison	JR Grand View	42.62m	2(2)	8
3	KANGAS, Ellen	SO Mount Mercy	41.01m	2(3)	6
4	BROWN, Kali	FR Central Meth	39.48m	2(4)	5
5	LOTZ, Victoria	SO MidAmerica	39.33m	2(5)	4
6	CONRAD, Ava	SO Grand View	38.77m	2(6)	3
7	WOLFE, Karli	JR Central Meth	38.64m	2(7)	2
8	KELLEY, Grace	FR Mount Mercy	38.48m	2(8)	1
9	ANDERSON, Jacy	SR Baker	38.43m	2(9)	
10	MOORE, Iliyah	JR Grand View	37.55m	2(10)	

#3 Women's Discus (cont'd)

Pl	Name	Yr Team	Mark	F(Pl)	Pts
11	VANDEMARK, Kady	FR Graceland	37.29m	2(11)	
12	FAIRLEY, Colbie	JR Baker	37.20m	1(1)	
13	BURT, Phoebe	SO William Penn	36.94m	2(12)	
14	ALLMON, Mia	FR Grand View	34.18m	1(2)	
15	ROMERO RODRIGUEZ, Paula	SO Missouri Valle	34.09m	1(3)	
16	CHRISMAN, Zoey	FR Missouri Valle	32.88m	1(4)	
17	BRANDT, Hannah	FR Grand View	32.86m	1(5)	
18	BLOSSER, Caley	SO MidAmerica	32.75m	1(6)	
19	COFFEY, Julie	FR Baker	31.53m	1(7)	
20	HUBER, Jordan	FR Park U.	31.42m	1(8)	
21	ANDERSON, Kennise	JR Park U.	31.32m	1(9)	
22	HALL, Alyssa	SO Benedictine (28.44m	1(10)	
23	CZARNECKI, April	SR Grand View	27.80m	1(11)	
	ORTIZ, Kiana	SO Culver-Stockt	30.69m	1	
	NAIL, Bre	JR Mount Mercy	NM	1	

#1 Women's Shot Put

!	Heart of America	14.05m	Florida Siaoisi	2013
#	Facility	14.85m	Ashley Micheaux	4/17/2021

Pl	Name	Yr Team	Mark	F(Pl)	Pts
1	NAIL, Bre	JR Mount Mercy	13.48m	2(1)	10
2	BEARD, Baylee	FR Central Meth	13.33m	2(2)	8
3	SUTTON, Madison	JR Benedictine (13.04m	2(3)	6
4	GREEN, Madison	JR Grand View	12.88m	2(4)	5
5	VANDEMARK, Kady	FR Graceland	12.59m	2(5)	4
6	MARTIN, Erica	JR William Penn	12.40m	2(6)	3
7	CONRAD, Ava	SO Grand View	12.10m	1(1)	2
8	NABINDU, Bahati	SO Graceland	11.83m	2(7)	1
9	ABLES, Macie	JR Missouri Valle	11.81m	2(8)	
10	KANGAS, Ellen	SO Mount Mercy	11.46m	2(9)	
11	CHRISMAN, Zoey	FR Missouri Valle	11.41m	1(2)	
12	WOLFE, Karli	JR Central Meth	11.30m	1(3)	
13	CZARNECKI, April	SR Grand View	11.19m	2(10)	
14	HART, Royal	FR Clarke	11.18m	1(4)	
15	VILLALOBOS, Cristina	JR Mount Mercy	11.07m	1(5)	
16	OMARI, Salima	SO Grand View	11.01m	1(6)	
17	HODNEFIELD, Kaylee	SO Grand View	10.95m	1(7)	
18	COFFEY, Julie	FR Baker	10.61m	1(8)	
19	MCDONALD, Reyven	FR Missouri Valle	10.53m	1(9)	
20	HALL, Alyssa	SO Benedictine (10.20m	2(11)	
21	LOTZ, Victoria	SO MidAmerica	10.18m	2(12)	
22	BURT, Phoebe	SO William Penn	9.85m	1(10)	
23	BLOSSER, Caley	SO MidAmerica	9.68m	1(11)	
24	BAGG, Kyndall	FR Evangel	9.00m	1(12)	
	WITT, Caitlin	FR MidAmerica	NM	2	

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#9 Women's High Jump

!	Heart of America	1.70m	Anna-Kay Campbell	2007
#	Facility	1.65m	Kylee Neighbors	4/23/2022

Pl	Name	Yr	Team	Mark	Pts
1	FINKE, Renee		SO Central Meth	1.65m	10
2	GILLILAND, Sidney		SO Graceland	1.60m	7
2	LINDENMEYER, Carly		JR MidAmerica	1.60m	7
4	ALLEN, Nykeriah		FR Benedictine (1.55m	5
5	BATU-TIAKO, Abigail		SR William Penn	1.55m	4
6	EVANS, Hannah		FR Evangel	1.55m	2.5
6	PERKINS, Ashlynn		SR Graceland	1.55m	2.5
8	JENKINS, Jocelyn		FR MidAmerica	1.55m	1
9	MAUGHAN, Avril		FR Grand View	1.50m	
10	KAMTIO, Amy		SR Baker	1.50m	
11	HARTSHORNE, Haley		SO Mount Mercy	1.50m	
11	BOTTOM, Gwen		FR Clarke	1.50m	

#13 Women's Triple Jump

!	Heart of America	13.01m	Celia M'Boua	2011
#	Facility	11.82m	Thichiot, Nyadhol	4/1/2023

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	LOEWEN, Hayley		FR MidAmerica	11.12m (+2.9)	2(1)	10
2	JOHNSON, Sarah		JR Central Meth	10.97m (+0.7)	2(2)	8
3	KAMTIO, Amy		SR Baker	10.96m (+1.2)	2(3)	6
4	GREEN, Reanna		SO MidAmerica	10.92m (+1.7)	2(4)	5
5	WILSON, Jacee		FR Evangel	10.88m (+0.9)	2(5)	4
6	FINKE, Renee		SO Central Meth	10.79m (+3.0)	2(6)	3
7	EDWARDS, Kalesha		FR Central Meth	10.65m (+3.0)	2(7)	2
8	DAVIS, Lauren		FR Evangel	10.51m (+1.5)	2(8)	1
9	TERWISCHE, Emma		FR Clarke	10.33m (+1.2)	1(1)	
10	SHEIL, Jessica		SR Evangel	10.28m (+0.0)	2(9)	
11	DEANA PANINKA, Emma		FR Central Meth	10.24m (+2.2)	1(2)	
12	REYES, Alejandra		FR Baker	9.84m (+1.2)	1(3)	
13	MARGHEIM, Ella		FR MidAmerica	9.41m (+1.4)	1(4)	
14	CAMPBELL, Anna		FR Benedictine (9.24m (+1.8)	1(5)	
15	ROLAND, Jasmine		SO MidAmerica	9.03m (+2.1)	1(6)	
	LECLERE, Aleksyia		FR Mount Mercy	NM (NW)	1	
	STRAUS, Delaney		FR Culver-Stockt	NM (NW)	1	

#17-7 Women's Outdoor Heptathlon 800 Meters

!	Heart of America	2:13.58	Hannah Wondra	2015
#	Facility	2:15.61	Andrea Ertz	4/17/2021

Pl	Name	Yr	Team	Time	Pts
1	PERKINS, Ashlynn		SR Graceland	2:27.13	729
2	SATTLER, Leah		SR Benedictine (2:29.48	699
3	MATTHEWS, Isabelle		FR Clarke	2:37.17	606
4	RANSON, Anyah		FR Clarke	2:39.76	576

#17-7 Women's Outdoor Heptathlon 800 Meters

Pl	Name	Yr	Team	Time	Pts
5	SCHMID, Paige		SR Benedictine (2:40.51	567
6	MOORE, Mya		JR Grand View	2:43.31	535
7	MARGHEIM, Ella		FR MidAmerica	3:10.99	270

#29 Women's 5000m Walk

!	Heart of America	26:10.33	Jessica Ching	2011
#	Facility	27:43.30	Paige Thompson	4/21/2023

Pl	Name	Yr	Team	Time	Pts
1	THOMPSON, Paige		SR Grand View	28:27.86	10
2	MORRIS, Baileigh		SO Central Meth	28:49.68	8
3	HILL, Abby		SO Mount Mercy	30:10.93	6
4	FISHER, Mickenzie		SO Graceland	33:27.68	5
5	REICHERT, Amara		JR Central Meth	37:34.70	4
6	WYNGLARZ, Kaydence		FR Graceland	41:18.82	3
	ENOCHS, Gracie		FR MidAmerica	DQ	
	SIEFKER, Olivia		FR MidAmerica	DQ	

#31 Women's 3000m Steeple

!	Heart of America	11:05.79	Shelby Kline	2021
#	Facility	11:39.28	Emma Hoins	4/9/2022

Pl	Name	Yr	Team	Time	Pts
1	COBO, Caroline		JR Benedictine (# 11:19.02	10
2	ORTIZ, Natasha		JR Benedictine (# 11:30.84	8
3	PERKINS, Keagan		SR Graceland	# 11:36.42	6
4	FRANCO, Jaycie		FR Clarke	12:25.50	5
5	DAY, Jessa		SO Mount Mercy	12:30.36	4
6	ZITTER, Abigail		SO MidAmerica	12:42.42	3
7	RINDERKNECHT, Abby		FR Mount Mercy	12:46.75	2
8	LANDRETH, Jana		FR Baker	13:20.48	1
9	BALL, Blaise		JR Baker	13:49.32	

#33 Women's 4 x 100m Relay

!	Heart of America	46.93	Lindenwood	2004
#	Facility	46.94	Iowa Central CC	4/17/2021

Pl	Team	Time	H(Pl)	Pts
1	MidAmerica Nazarene (A)	47.82	2(1)	10
	1) JENKINS, Jocelyn FR			
	2) SOLIR, Daizy SO			
	3) NICHOLSON, Janiah SO			
	4) MONGWE, Nikiwe SO			
2	Baker (A)	48.87	2(2)	8
	1) KILSON, Naomi JR			
	2) BELL, Tajanique SR			
	3) BUTTS, Shelby SR			
	4) STACKER, Da'Mah FR			
3	Central Methodist (A)	48.92	1(1)	6
	1) GARR, Natalie FR			
	2) SCOTT, Tre'Breh SO			
	3) JOHNSON, Sakoya SO			
	4) HAWKINS, Carter SO			

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#33 Women's 4 x 100m Relay (cont'd)

Pl	Team	Time	H(Pl)	Pts
4	William Penn (A) 1) ROSE, Alexandra JR 2) ROGERS, Tabitha SO 3) READ, Allison FR 4) WILLIAMS, Raven SR	49.48	2(3)	5
5	Grand View (A) 1) CANADA, Erika SR 2) PAUL, Anna SO 3) KOKO, Karima SO 4) SIDIQUE, Neomi JR	49.51	2(4)	4
6	Evangel (A) 1) MADDOCK, Arianna FR 2) INMAN, Madison FR 3) COLLINS, Taylor FR 4) WEIMER, Delaney SO	50.20	1(2)	3
7	Graceland (A) 1) JAVIER, Maryleslie SR 2) CLIFTON, Eden FR 3) LEWIS, Jacey SO 4) FULGENCIO, Ambar FR	50.31	1(3)	2
8	Park U. (A) 1) MCINTYRE, Dawn FR 2) CARTER, Solange FR 3) KLAMM, Hope FR 4) SWEETING, Shanai FR	50.54	2(5)	1
9	Benedictine (Kan.) (A) 1) SMITH, Antonia FR 2) AMBUUL, Alison SO 3) RILEY, Addisynn SO 4) LOVE, Cayna SO	50.55	2(6)	

#35 Women's 1500 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
!	Heart of America		Katherine Dillard	4:37.20		2015
#	Facility		Emma Hoins	4:49.43		4/9/2022
1	COBO, Caroline		JR Benedictine (# 4:48.42	2(1)	10
2	ADAMS, Skylar		SO Evangel	# 4:49.27	2(2)	8
3	MCLAUGHLIN, Julia		SO Benedictine (# 4:49.30	2(3)	6
4	HARRIS, Emily		FR Evangel	4:54.49	2(4)	5
5	GUERRA, Isabella		SR Benedictine (4:55.75	2(5)	4
6	ORTIZ, Natasha		JR Benedictine (4:56.83	2(6)	3
7	LEIS, Liberty		SO Grand View	4:59.23	2(7)	2
8	WHEELER, Justine		SO MidAmerica	4:59.91	2(8)	1
9	KNUTSON, J'Lyn		SO Mount Mercy	5:02.08	2(9)	
10	ROLWES, Mary		JR Benedictine (5:03.13	2(10)	
11	AARON, Catherine		FR Benedictine (5:08.42	1(1)	
12	ACEVES-POWER, Valerie		SR Baker	5:10.99	1(2)	
13	ROTZOLL, Kalin		FR Grand View	5:12.93	1(3)	
14	NEELEY, Faith		FR Grand View	5:14.93	1(4)	
15	GOLDEN, Mary Cate		SO Benedictine (5:16.99	1(5)	
16	KMIEC, Michaela		SR William Penn	5:20.85	1(6)	
17	OVERTON, Kayla		FR Grand View	5:25.71	1(7)	
18	HELE, Elizabeth		SR William Penn	5:38.56	1(8)	
19	FRERKER, Anna		JR Benedictine (5:59.52	1(9)	

#19 Women's 100m Hurdles

Pl	Name	Yr	Team	Time	H(Pl)	Pts
!	Heart of America		Heath / Sloan	13.97		2013
#	Facility		Tajanique Bell	14.09		5/5/2023
Finals Wind: (+2.2)						
Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	CLAYTON, Gizel		FR Central Meth	13.47		10
2	SCOTT, Tre'Breh		SO Central Meth	13.82		8
3	BELL, Tajanique		SR Baker	13.92		6
4	FINKE, Renee		SO Central Meth	14.76		5
5	SWEETING, Shanai		FR Park U.	15.00		4
6	JENKINS, Jocelyn		FR MidAmerica	15.03		3
7	LEOPOLD, Annie		JR Mount Mercy	15.39		2
8	MOORE, Mya		JR Grand View	15.43		1

#37 Women's 400 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
!	Heart of America		Helen Thames	55.13		2018
#	Facility		Emma Cochrane	57.80		2019
Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	CAMILO-MONTENEGRO, Daryl		JR Central Meth	# 55.86	3(1)	10
2	ROWLAND, Allena		FR Clarke	# 57.24	3(2)	8
3	NICHOLSON, Janiah		SO MidAmerica	59.58	3(3)	6
4	WILLIAMS, Raven		SR William Penn	59.66	2(1)	5
5	SOLIR, Daizy		SO MidAmerica	59.74	3(4)	4
6	SMITH, Tatiana		SR Benedictine (1:00.18	3(5)	3
7	EIDMAN, Maya		JR MidAmerica	1:00.31	2(2)	2
8	JOHNSON, Brooklyn		FR Mount Mercy	1:00.43	3(6)	1
9	AMBUUL, Alison		SO Benedictine (1:00.51	3(7)	
10	SIDIQUE, Neomi		JR Grand View	1:00.57	3(8)	
11	LASSITER, Destiny		FR MidAmerica	1:00.99	2(3)	
12	WATTS, Jane		SO Missouri Valle	1:02.65	2(4)	
13	CARMACK, Malia		FR Culver-Stockt	1:02.80	1(1)	
14	KLAMM, Hope		FR Park U.	1:03.54	2(5)	
15	ROJAS, Katherine		FR Missouri Valle	1:03.77	1(2)	
16	SIMON, Alise		FR William Penn	1:03.98	2(6)	
17	ANDERSON, Allison		SR Park U.	1:04.22	2(7)	
18	HINES, Malena		FR Benedictine (1:06.50	1(3)	

#21 Women's 100 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
!	Heart of America		Paige Bray	11.83		2017
#	Facility		Connell, Hannah	11.56		4/17/2021
Finals Wind: (+0.2)						
Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	CLAYTON, Gizel		FR Central Meth	12.05		10
2	CLIFTON, Eden		FR Graceland	12.34		8
3	KILSON, Naomi		JR Baker	12.38		6
4	WEIMER, Delaney		SO Evangel	12.43		5
5	SOLIR, Daizy		SO MidAmerica	12.82		4

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#21 Women's 100 Meters (cont'd)

Finals				Wind: (+0.2)
Pl	Name	Yr Team	Time	Pts
6	ROSE, Alexandra	JR William Penn	12.84	3
7	BATU-TIAKO, Abigail	SR William Penn	13.04	2

#39 Women's 800 Meters

!	Heart of America	2:13.58	Hannah Wondra	2015	
#	Facility	2:15.61	Andrea Ertz	4/17/2021	
Pl	Name	Yr Team	Time	H(Pl)	Pts
1	COBO, Caroline	JR Benedictine (2:15.93	3(1)	10
2	HAHLBECK, Jena	SR Park U.	2:18.24	3(2)	8
3	DOWNEY, Gemma	SO Benedictine (2:19.02	3(3)	6
4	KOPP, Macy	FR Evangel	2:21.12	3(4)	5
5	GARR, Natalie	FR Central Meth	2:22.20	3(5)	4
6	ADAMS, Skylar	SO Evangel	2:24.05	3(6)	3
7	EIDMAN, Maya	JR MidAmerica	2:24.05	2(1)	2
8	GUILFORD, Kjirsten	FR Central Meth	2:24.25	3(7)	1
9	STERNER, Rachel	SO Baker	2:24.60	2(2)	
10	WIESEMAN, Madeline	SR Central Meth	2:24.87	3(8)	
11	LEIS, Liberty	SO Grand View	2:27.80	2(3)	
12	NELSON, Emilie	FR Benedictine (2:29.12	2(4)	
13	DUNCAN, Shelby	SO MidAmerica	2:29.77	2(5)	
14	STARRS, Catherine	FR Benedictine (2:30.80	2(6)	
15	MICHAEL, Siena	FR Benedictine (2:31.86	2(7)	
16	CALDARELLI, Danielle	FR Evangel	2:32.96	2(8)	
17	HELE, Elizabeth	SR William Penn	2:35.91	1(1)	
18	KMIEC, Michaela	SR William Penn	2:41.85	1(2)	

#41 Women's 400m Hurdles

!	Heart of America	1:01.64	Keiara-Ashley	2022	
#	Facility	1:04.51	Kristin Culp	2018	
Pl	Name	Yr Team	Time	H(Pl)	Pts
1	BELL, Tajanique	SR Baker	# 1:02.19	3(1)	10
2	ROWLAND, Allena	FR Clarke	# 1:03.85	3(2)	8
3	JOHNSON, Kailey	JR Central Meth	# 1:04.29	3(3)	6
4	DEANA PANINKA, Yanira	FR Central Meth	1:04.62	3(4)	5
5	LOVE, Cayna	SO Benedictine (1:04.89	3(5)	4
6	GOOD, Abigail	JR Evangel	1:05.24	3(6)	3
7	JENKINS, Jocelyn	FR MidAmerica	1:05.76	3(7)	2
8	AMBUUL, Alison	SO Benedictine (1:07.04	3(8)	1
9	WHALEN, Stella	FR MidAmerica	1:07.08	2(1)	
10	WILES, Liberty	FR Evangel	1:07.95	2(2)	
11	GAMMAROTA, Federica	FR Missouri Valle	1:07.96	2(3)	
12	CUNNINGHAM, Keiara-Ashley	SR Central Meth	1:08.44	2(4)	
13	O'NEIL, Shannon	FR Culver-Stockt	1:09.36	2(5)	
14	LEWIS, Jacey	SO Graceland	1:11.24	1(1)	
15	SWEETING, Shanai	FR Park U.	1:11.53	2(6)	

#41 Women's 400m Hurdles (cont'd)

Pl	Name	Yr Team	Time	H(Pl)	Pts
16	LEOPOLD, Annie	JR Mount Mercy	1:11.98	2(7)	
17	KLAMM, Faith	FR Park U.	1:12.01	1(2)	
18	SCHMID, Paige	SR Benedictine (1:13.79	2(8)	
19	HAVLIK, Lauren	SO Baker	1:14.33	1(3)	

#25 Women's 200 Meters

!	Heart of America	24.27	Danielle Norville	2003
#	Facility	24.47	Nikiwe Mongwe	5/5/2023

Finals

				Wind: (+1.2)
Pl	Name	Yr Team	Time	Pts
1	SCOTT, Tre'Breh	SO Central Meth	24.74	10
2	CAMILO-MONTENEGRO, Daryl	JR Central Meth	24.79	8
3	CLAYTON, Gizel	FR Central Meth	25.16	6
4	CLIFTON, Eden	FR Graceland	25.53	5
5	SOLIR, Daizy	SO MidAmerica	25.80	4
6	ROWLAND, Allena	FR Clarke	25.94	3
7	WEIMER, Delaney	SO Evangel	26.99	2

#43 Women's 5000 Meters

!	Heart of America	17:48.35	Marion Kandie	2008
#	Facility	18:26.03	Vanessa Cortes	2019
Pl	Name	Yr Team	Time	Pts
1	LAWSON, Morgan	SR Grand View	18:47.60	10
2	ORTIZ, Natasha	JR Benedictine (19:02.47	8
3	GUERRA, Isabella	SR Benedictine (19:11.83	6
4	MCLAUGHLIN, Julia	SO Benedictine (19:17.32	5
5	PERKINS, Keagan	SR Graceland	19:32.37	4
6	ROLWES, Mary	JR Benedictine (19:37.98	3
7	BICKLER, Rory	JR Clarke	19:46.10	2
8	HARRIS, Emily	FR Evangel	19:48.71	1
9	ALLEN, Brooke	SO Baker	20:04.23	
10	KNUTSON, J'Lyn	SO Mount Mercy	20:12.04	
11	CARTER, Haley	FR Baker	20:19.37	
12	ACEVES-POWER, Valerie	SR Baker	20:24.85	
13	LOPEZ, Ariana	SO Mount Mercy	20:46.87	
14	BALL, Blaise	JR Baker	22:23.46	
15	BISHOP, Laura	FR Mount Mercy	22:36.27	
16	FRANCO, Jaycie	FR Clarke	23:02.65	
17	HAWK, Kiley	SO Baker	24:21.76	
	NEELEY, Faith	FR Grand View	DNF	
	HARDER, Laura	SR Graceland	DNF	
	FISHER, Mickenzie	SO Graceland	DNF	
	AARON, Catherine	FR Benedictine (DNF	

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#45 Women's 4 x 400m Relay

! Heart of America 3:54.57 Baker 2019
Facility 4:02.76 Viterbo 4/17/2021

Pl	Team	Time	H(Pl)	Pts
1	Central Methodist (A) 1) SCOTT, Tre'Breh SO 3) JOHNSON, Kailey JR	# 3:55.70	2(1)	10
2	Benedictine (Kan.) (A) 1) SMITH, Antonia FR 3) AMBUUL, Alison SO	4:03.72	2(2)	8
3	MidAmerica Nazarene (A) 1) LASSITER, Destiny FR 3) WARD, Allisa FR	4:07.98	2(3)	6
4	William Penn (A) 1) SIMON, Alise FR 3) ADDERLEY, DeAvae SO	4:09.72	1(1)	5
5	Park U. (A) 1) ANDERSON, Allison SR 3) HAHLBECK, Jena SR	4:09.96	2(4)	4
6	Missouri Valley (A) 1) WATTS, Jane SO 3) LECHUGA, Emily FR	4:10.29	1(2)	3
7	Grand View (A) 1) KOKO, Karima SO 3) SIDIQUE, Neomi JR	4:10.58	1(3)	2
8	Clarke (A) 1) TERWISCHE, Emma FR 3) RANSON, Anyah FR	4:10.59	2(5)	1
9	Evangel (A) 1) GOOD, Abigail JR 3) EVANS, Hannah FR	4:13.72	2(6)	
10	Mount Mercy (A) 1) JOHNSON, Brooklyn FR 3) JENNINGS, Ruth FR	4:14.18	1(4)	
11	Graceland (A) 1) CLIFTON, Eden FR 3) PERKINS, Keagan SR	4:28.31	2(7)	

Women's Scores

Pl	Team	Code	Score
1	Central Methodist	CEMO	179
2	Benedictine (Kan.)	BEKS	161.5
3	MidAmerica Nazarene	MIDA	104
4	Grand View	GRAN	84
5	Clarke	CLIA	65
6	Baker	BAKS	61
6	Graceland	GRIA	61
8	Mount Mercy	MOIA	55
9	Evangel	EVMO	50.5
10	William Penn	WIIA	31
11	Park U.	PAMO	23
12	Culver-Stockton	CULV	12
13	Missouri Valley	MIM2	4

#17 Women's Outdoor Heptathlon

! Heart of America 4443 Shelley Laures 2019

Pl	Name	Yr	Team	Points	Pts
1	SCHMID, Paige		SR Benedictine (3976	10
2	MOORE, Mya		JR Grand View	3814	8
3	PERKINS, Ashlynn		SR Graceland	3692	6
4	RANSON, Anyah		FR Clarke	3620	5
5	MATTHEWS, Isabelle		FR Clarke	3594	4
6	SATTLER, Leah		SR Benedictine (3571	3
7	MARGHEIM, Ella		FR MidAmerica	2922	2