

# New Horizon Karate & More

Call (508) 852-3333

Begins July 1, 2019

**SCHEDULE July 2019**

Published June 2019

## Jr. Kempo Kids 4 – 6 yrs.

- Monday 4:30 – 5:00 pm
- Tuesday 4:30 – 5:00 pm
- Wed 4:30 – 5:00 pm & 5:00 – 5:30 pm
- Thurs. 4:30 – 5:00 pm
- Saturday 10:00 – 10:30 am

## Child Beginners 7 – 12 yrs.

White – Purple unless otherwise noted!

- Monday 5:45 – 6:30 -- **BEG. ONLY**
- Tuesday 5:00 – 5:45 -- **OPEN GROUP**
- Wednesday 5:00 – 5:45 -- **BEG. ONLY**
- Thursday 5:45 – 6:30 -- **BEG. ONLY**
- **Thursday 5:30 – 6:00 pm Sparring**
- Saturday 10:00 – 10:45 am -- **BEG. ONLY**
- **Saturday 10:30 – 11:00 am Sparring**

## Child Advanced 7 – 12 yrs

ADV. = Blue – 1<sup>st</sup> Brown unless otherwise noted!

- Tuesday 5:00 – 5:45 -- **OPEN GROUP**
- Wednesday 5:45 – 6:30 -- **ADVANCED**
- Thursday 5:00 – 5:45 -- **ADVANCED**
- **Thursday 5:30 – 6:00 pm Sparring**
- **Saturday 10:30 – 11:00 am Sparring**
- Saturday 10:45 – 11:30 -- **ADVANCED**

## Black Belt Club - Weapons

- Monday 5:00 – 5:45 pm

## Child JuJitsu

- Saturday 11:30 – 12:15 am

## All Ages Autism

- Tuesday 5:45 – 6:30 pm All Ranks
- Saturday 10:45 – 11:30 am Beginners
- Saturday 11:30 – 12:15 pm

**Required:** All males wear GROIN PROTECTION - Parent's & Student's responsibility!

- Attendance is student's responsibility
- \$15.00 Late FEE on payment 1 week past due**
- \$35.00 Bounced Check FEE**
- 30 day written cancellation policy for Billing Service .
- No jewelry – Wedding rings, small ear rings & religious necklaces are OK. We are not responsible for theft, damage, injury or breakage.
- Students Testing must have Full Uniform**
- In class* uniform pants, belt and (NHK T-Shirts only - any color) instead of uniform top allowed.**
- Students must be clean and neat for class.
- Students **cannot** mix FULL uniform colors.
- Student wishing sparring must have FULL GEAR  
Sparring begins at Orange Belt or before.
- Bag gloves are needed
- PURCHASE EQUIPMENT THRU DOJO for**

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## Adult Karate

- Monday 6:30 – 7:30 pm
- Wednesday 6:30 – 7:30 pm
- Thursday 6:30 – 7:30 pm
- **Thursday 7:15 – 7:45 pm Sparring**
- Saturday 9:00 – 10:00 am Mixed Open

## Adult JuJitsu

- Monday 7:30 – 8:30 pm All Ranks
- Wednesday 7:30 – 8:30 pm All Ranks
- Saturday 9:00 – 10:00 am **Mixed Open**

## Adult Belly Dancing Tuesday 6:30 PM

- 1) Attendance is student's responsibility
- 2) **\$15.00 Late FEE on payment 1 week past due**
- 3) **\$35.00 Bounced Check FEE**
- 4) 30 day written cancellation policy for Billing Service .
- 5) No jewelry – Wedding rings, small ear rings & religious necklaces are OK. We are not responsible for theft, damage, injury or breakage.
- 6) **Students Testing must have Full Uniform**

7. ***In class* uniform pants, belt and (NHK T-Shirts only - any color) instead of uniform top allowed.**
8. Students must be clean and neat for class.
9. Students **cannot** mix FULL uniform colors.
10. Student wishing sparring must have FULL GEAR Sparring begins at Orange Belt or before.
11. Bag gloves are needed
12. **PURCHASE EQUIPMENT THRU DOJO for quality!**

**Strongly Recomend** All males wear GROIN PROTECTION - Parent's & Student's responsibility!

Yellow Belt students & above need bag gloves for bag work!

ALL students must have full set of sparring gear to Spar! We Suggest Orange Belt!

We sell approved high quality gear. We guarantee anything we sell. Buy it here support your dojo.

### NOTE TO STUDENTS & PARENTS:

I suggest you try a few **private lessons** from time to time. **Private lessons** can help student get over a difficult time. Everyone needs special help from time to time. Private lessons can be purchased as a single class or in groups of 2 or 4 classes and can be schedule at mutual convenience.