

An annual event since 2008 **BIG CARDIO**

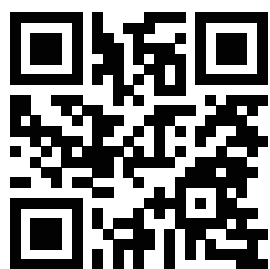
5K • FITNESS • SPORTS • CYCLE • FUN

Bring the Whole Family. There's Something for Everyone.



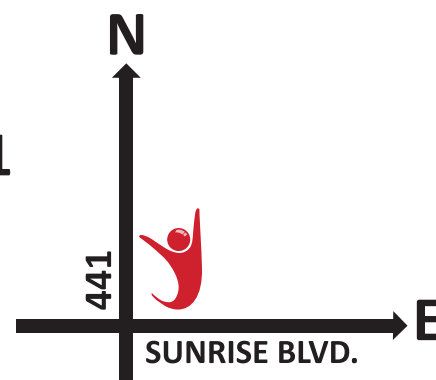
5K • Cardio Class • Cycling Class • Obstacle Course • Fitness Yoga • KidFit • Soccer • Volleyball • Basketball • Soccer Clinics • Fun Zone

Saturday, May 2, 2020



Central Broward Regional Park
3700 NW 11th Place, Lauderdale, FL 33311
(NE corner of Sunrise Blvd and US 441)

www.bigcardio.org



**THIS
COULD
BE
YOU!**

JOIN OUR TEAM and support South Florida's at-risk youth.

TEAM NAME _____

TEAM CAPTAIN _____

CONTACT # _____

Registration Fee: \$35 Adults (age 13 & up) / \$20 children (age 6-12)
FREE children 5 & under and spectators.

Register now at www.bigcardio.org and select "Join A Team"



Proceeds Benefit
**CHILDREN'S
FOUNDATION**

Providing opportunity and hope for at-risk youth.

On any given day in South Florida, there are 4,000 teens in foster care, and thousands more aging-out. Without family and a proper support system, most will experience a negative outcome upon their emancipation. BIG Children's Foundation is on a mission to change these outcomes. We aim to restore their health, improve their quality of life, and set them on a path that leads to success. We reshape their futures! To learn more, please visit ReshapeTheirFuture.org