



**"Trust the past
to the mercy
of God, the
present to His
love and the
future to His
providence"**

St. Augustine

SCRIPTURE of the DAY

Isaiah 35: 1-6, 10

Psalms 145: 6-10

James 5: 7-10

Matthew 11: 2-11

Yet, John the Baptist in his prison cell asks a heartbreaking question to Jesus through his disciples, 'Are you the one who is to come?' Jesus' response is in his actions, as he says, 'Go and tell John what you hear and see: the blind regain their sight, the lame walk, lepers are cleansed, the deaf hear, the dead are raised, and the poor have the good news proclaimed to them.' Has John's expectation fallen short? Is he, like the rest of the Jews, expecting a political Messiah?

For many of us, too, how can we recognise God's presence in our midst when expectations fall short? Jesus affirms John's role in the work of salvation, he is indeed the greatest, yet John stands at the threshold, pointing to the promise. We, as baptised Catholics have the Kingdom in our midst. John has done his part, so what ought we to be about?

Inspired by Pope Francis' *Laudato Si*, the Bishops' Conference of Malaysia-Singapore-Brunei establishes Creation Justice Commission. It calls for ecological stewardship and justice for creation, encourages practical, community-based actions to address environmental degradation. At the grassroots levels, (families, BECs) everyone can do their bit, as every bit counts. We are encouraged to engage in campaigns such as PROTEC (Protect Our Earth, Protect Our Children), and support the pledge of Ecological or Green Parishes.

St James in his letter tells us to be patient until the coming of the Lord. While waiting, let us be our Lord's arms, legs and mouthpiece and reach out where we can. We rejoice each time we help turn a situation around: an aged being comforted, a relationship reconciled, a migrant being cared for. The list goes on.

'And blessed is the one who takes no offense at me,' Jesus says. Indeed, we do not take offense because we are one with Him, catching a glimpse of the Kingdom in the here and now. ✙

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NEWBEC

NEW WAY OF BEING CHURCH | 3rd Sunday of Advent | 14 December 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE: CHURCH (MERCIFUL)

CALLED TO FOSTER A SENSE OF BELONGING
AND EMPOWERMENT TO EVANGELISE



As we celebrate *Gaudete* Sunday, the readings shift from expectancy to joy. So, let's unpack the readings, first from Isaiah. It paints a scene of transformation, and the end of suffering. The first line reflects the joy of redemption even as the desert bursts into bloom. We read of healing in humanity. The Gospels speaks of a highway being prepared for the coming of the Redeemer. There is an assurance of everlasting joy as the Lord promises transformation in its entirety.



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.(Priest address)

1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)

Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

O.M.P.H.

Family Christmas Celebration

(date) **Sun. 14 December, 2025**

(time) 5.00 p.m. – 10.00 p.m.

1. The event is for both

Children & Adults and

will start at *5.00pm*.

There will be lots of

food and drinks

from different cuisines;

2. We *anticipate rain*

but there will be a

*tent covered drop-off point in-

front of the office*. Please follow

directions by RELA;

3. *St Gerard's cafe area will be

fully covered* with tents to

ensure that *the Christmas party

area will be dry* and the

*celebrations will not be

affected*.

4. We *expect coupons to be sold

out*. Kindly *buy early* to avoid

disappointment.

Thank you.

REHEARSAL FOR ALL

MINISTRIES INVOLVED

FOR CHRISTMAS MASS on

Wed. 24 Dec., 2025 at 10 a.m.

in church.

OMPH Church

CHRISTMAS EVE

*** Wed. 24 Dec.,2025**

= 6.30 p.m. – Christmas carols(E)

= 7.00 p.m. - Mass (E)

= 9.00 p.m. – Carols (T)

= 9.30 p.m - Tamil Mass (T)

St.Mary's Chapel, Tersusun.

(24/12/2025)

- 6.30 p.m. Carols (T)

- 7.00 p.m. Mass (T)

OMPH church

CHRISTMAS DAY

*** Thurs 25 Dec.,2025**

= 8.00 a.m.–Christmas carols (E)

= 8.30 a.m. Christmas day mass.

- 10.30 a.m. – Carols (C)

- 11.00 a.m. – Christmas Mass (C)

PARISH ACTIVITIES & MEETINGS: (Dec 2025)/JAN 2026

- * 14/12/2025 - 1.30 p.m. - RECHOSO practise (church)
- * 14/12/2025 - 7.00 p.m. – RCIA (T) (St.Paul Rm.)
- * 16/12/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 18/12/2025 - 8.00 p.m. - Tamil Choir practise (church)
- * 21/12/2025 - 2.00 p.m. - RECHOSO practise (church)
- * 21/12/2024 - 6.00 p.m. - Sunset Choir practise (church)
- * 23/12/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 24/12/2025 - 10.00 a.m. - RECHOSO practise (church)
- * 24/12/2025 - 10.00 a.m. - Rehearsal for Christmas mass (church)
- * 30/12/2025 - 7.00 p.m. - Sunset Choir practise (church)
- * 30/12/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 6/1/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 7/1/2026 - 8.00 p.m. - Caritas OMPH (St.Mk.Rm.)
- * 8/1/2026 - 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
- - RCIA (BM) (Wallace Rm.)
- * 9/1/2026 - 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 10/1/2026 - 9.00 a.m. - Chinese Lit. Formation program(ven Francis Xavier Rm.)
- * 10/1/2026 - 10.00 a.m. - Infant Baptism Session & Rehearsal (St.Mk.Rm.)

DECEMBER 2025/JANUARY 2026 COFFEE MORNINGS:

- 14/12/2025 - H.M (T)
- 21/12/2025 - CJM
- 28/12/2025 - PPC
- 4/1/2026 - Chinese Apostolate
- 18/1/2026 - Maintenance Team
- 25/1/2026 - Youth Ministry

BIBLE REFLECTION & HOME-GATHERING:

- * 21/12/2025 - 6.00 p.m. - BEC St.Gerard (T) fellowship; Cafeteria

ETERNAL HAPPINESS TO:

- + Albin De'Cruz departed on 4 December 2025.



leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT
11.00 A.M. – 12 NOON in
the Meditation room.

BAPTISM: Please contact the Parish Priest at least

ONE MONTH in advance.

Next Infant Baptism:

11 January 2026 at 7.45 a.m.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

Tamil Catholic Marriage Preparatory Course 2026

(TCMPC)

1. Feb Fri 20 to Sun 22
 2. May Fri 8 to Sun 10
 3. Aug Fri 21 to Sun 23
 4. Nov Fri 6 to Sun 8
- (venue) Domus St.Anne,B.M

NEW REGISTRATION & PARENTS SESSION on Sun. 18 January, 2026.

Registration for catechism Std. 1

(and other new) **registration, must submit a copy of the baptism certificate during registration.**

Those who are currently with OMPH catechism do not need to submit a copy of their baptism certificate.

Registration FEE & BOOK

Primary – RM30/-.

Secondary – RM35/-.

PARENTS' SESSION -

Meeting of all parents with the child's class Teacher on

Sun 18 Jan,2026 @ 10a.m

PENITENTIAL SERVICE

In preparation for Christmas.

penitential service will be held at

#**Church of St.Michael**, Ipoh on

Thurs 18/12/2025 @ 7 p.m

#**Church of Our Lady of Lourdes**,

Silibin on Fri 19/12/2025 @ 7 p.m

OMPH church on

Mon. 22 /12/25 @ 7.00 p.m.



CHRISTMAS CAROLING

by RECHOSO

* **Sat. 20/12/2025**

* **Sun. 21/12/2025**

* **Mon. 22/12/2025**

Scan the QR code at the church entrances to register.

For more enquiries contact:

Christopher Wong (017 5785223)

CLOSING OF JUBILEE YEAR

Date: Sun. 28/12/2025

Combined language Mass

@ 5.30 p.m.

YEAR-END SERVICE & TH. MASS

(date) Sun. 31 Dec.,2025

(time)10.30 p.m. Year-end Prayer Service.

11.00 p.m. Mass.

SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD

(date) **Mon. 1 January, 2026.**

(time) Mass at 8.00 a.m. (E)

Mass at 10.00 a.m. (T)

RENEWAL OF COMMITMENT for MINISTRIES

* English speaking ministries on Sat. 10/1/2026 & Sun. 11/1/2026.

* Tamil speaking ministries on Sun. 11/1/2026 at 10 a.m.

* Chinese speaking Ministries on Sun. 11/1/2026 t 11.30 a.m.

SACRAMENT OF CONFIRMATION

(date) **Sun. 18 Jan.,2026**

(time) 8.00 a.m. Mass

PROJECT EXPENDITURE FOR HALL & WISMA

ROOFING cost RM167,600.00

PROJECT FOR Dismantle & Reinstall & cleaning service of SOLAR PV panels

cost RM20,600.00

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(14 December, 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
 (All in *English* unless stated otherwise.)

SUN.14 THIRD SUNDAY OF ADVENT (Year A)

8.00 a.m. Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m. Mass (C)

MON.15 3rd Week of Advent (Wk 3)

7.00ap.m. Mass

TUES.16 3rd Week of Advent (Wk 3)

7.00 a.m. Mass.

WED.17. 3rd Week of Advent (Wk 3)

7.00 a.m. Mass.

THURS.18 3rd Week of Advent (Wk 3)

7.00 a.m. Mass

FRI.19 3rd Week of Advent (Wk 3)

7.00 a.m. Mass.

SAT.20 3rd Week of Advent (Wk 3)/B.V.M

7.30 a.m. Mass. (Novena intentions)
 9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
 5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
 5.45 p.m. Mass. (E)

SUN.21 FOURTH SUNDAY OF ADVENT (Year A)

8.00 a.m. Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m. Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 21/12/2025 - 8.00 a.m. - Mass in Tamil.

2nd COLLECTION: 14/12/2025 - For the poor of the parish.
 21/12/2025 - For parish maintenance.
 24 & 25 Dec - To defray the christmas expenditure.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year C) (WEEKDAY READINGS : Year 1)

SUNDAY 14	(14 December – 21 December 2025) (a) Is 35: 1-6, 10. (Ps 145: 6-10) (b) Jm 5: 7-10 (c) Mt 11: 2-11
MONDAY 15	(a) Num 24: 2-7, 15-17. (Ps 24: 4-9) (b) Mt 21: 23-27
TUESDAY 16	(a) Zeph 3: 1-2, 9-13. (Ps 33: 2-3, 6-7, 17-19, 23) (b) Mt 21: 28-32
WEDNESDAY 17	(a) Gen 49: 1-2, 8-10. (Ps 71: 1-4, 7-8, 17) (b) Mt 1: 1-17
THURSDAY 18	(a) Jer 23: 5-8. (Ps 71: 1-2, 12-13, 18-19) (b) Mt 1: 18-24
FRIDAY 19	(a) Jdg 13: 2-7, 24-25. (Ps 70: 3-6, 16-17) (b) Lk 1: 5-25
SATURDAY 20	(a) Is 7: 10-14. (Ps 23: 1-6) (b) Lk 1: 26-38
SUNDAY 21	(21 December – 28 December, 2025) (a) Is 7: 10-14. (Ps 23: 1-6) (b) Rom 1: 1-7 (c) Mt 1: 18-24