

# What's Cooking in the Kitchen:

## For the Week of: May 14—18, 2018

### MONDAY

- BREAKFAST: Cream of Wheat w/ Hint of Cinnamon, Orange Sections, Turkey Sausage Links, Milk
- AM SNACK: Juice Break
- LUNCH: Hebrew National Hot Dogs (Split Lengthwise), **WW** Buns, French Fries, **ORGANIC** Ketchup on the Side, Honeydew Melon, Milk
- PM SNACK: Vanilla Greek Yogurt, Fresh Pineapple, Teddy Grahams, Water

### TUESDAY

- BREAKFAST: Kix Cereal, Bananas, Milk
- AM SNACK: Juice Break
- LUNCH: Cheese French Bread Pizza, **ORGANIC** Carrots (**Infants thru Young Toddlers: Cooked Carrots**), Ranch Dressing to Dip, Fresh Pear Slices, Milk
- PM SNACK: Trail Mix (Pretzel Sticks, Goldfish, Cheerios), Cheddar Cheese Sticks, **RED** Apple Slices, Water

### WEDNESDAY

- BREAKFAST: **ORGANIC** Whole Grain Cream Biscuits, Whipped Honey Butter on the Side, Applesauce, Low Sodium Bacon, Milk
- AM SNACK: Juice Break
- LUNCH: Chicken Nuggets, BBQ Sauce on the Side, Cous Cous (cooked in **ORGANIC** Chicken Broth), Cucumber Spears, Cantaloupe, Milk
- PM SNACK: Bananas, **ORGANIC** Strawberry Quarters, Graham Crackers, Homemade Key Lime Dip (Made w/ Cream Cheese and Key Lime Yogurt), Water

### THURSDAY

- BREAKFAST: **ORGANIC** Scrambled Eggs w/ Cheese, Hashbrowns, Griddled English Muffin Halves w/ Margarine, Cuties, Milk
- AM SNACK: Juice Break
- LUNCH: Cheese & Spinach Ravioli Tossed in Olive Oil and Herbs, **ORGANIC** Salad made w/ Spinach and Italian Dressing, Kiwi, Milk
- PM SNACK: Multi Colored Bell Pepper Strips, Black Olive Slices, **WARM** Pita Wedges, Water

### FRIDAY

- BREAKFAST: **ORGANIC** Whole Grain Waffles, Cinnamon Apples, Sausage Patties, Milk
- AM SNACK: Juice Break
- LUNCH: Onion Soup Mix Meatloaf w/ Brown Gravy, Mashed Potatoes, Fruit Salad, Milk
- PM SNACK: Laughing Cow Cheese, Triscuits (**Infants: Ritz Crackers**), **ORGANIC** Fruit Leather, Water