

COMPETITIVE GYMNASTICS SCHEDULE - JULY-AUGUST 2020



760 Beta Dr. Suite G, Mayfield Village OH 44143

440-461-0015

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www.lakeshoregym.com

1. We will be outdoors for the 1st 45 minutes of class time. After which the rest of practice will be completed indoors.
You may choose to stay for indoor practice or not.
2. In the case of inclement weather (heat or rain), we will do the entire practice indoors.
3. If you are NOT ready to begin training **indoors**, zoom will be offered during the 1st 45 minutes of practice (only on the days when practice is moved indoors due to weather, otherwise you will need to attend the outdoor time).

Schedule Begins:

Mon. July 13th

Schedule Ends:

Sat. Aug. 1st

Schedule subject to change.

PRESTIGE GYMNASTICS - GIRL'S TEAM

7/15/2020

CLASSES	Days per week	3 week July tuition	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Girl's Level 2	3		5:30-6:30p indoor only		8:45-10:45a	6:00-8:00p		8:45-10:45a	
Girl's Level 3	3		4:15-5:15p indoor only		8:45-10:45a	6:00-8:00p		11:15a-1:15p	
Girl's Level 4	3 or 4		9:30a-12:30p	9:30a-12:30p		9:30a-12:30p	9:30a-12:30p optional day		
Girl's Level 6	4		9:30a-12:30p	9:30a-12:30p		9:30a-12:30p	9:30a-12:30p		
Girl's Level 7-8	4		9:30a-12:30p	9:30a-12:30p		9:30a-12:30p	9:30a-12:30p		
Girl's Level 9	4		9:30a-12:30p	9:30a-12:30p		9:30a-12:30p	9:30a-12:30p		
Xcel Silver	2		11:30a-1:30p			5:45-7:45p			
Xcel Gold	2		11:30a-1:30p			5:45-7:45p			
Xcel Platinum	3			11:30a-2:30p		11:30a-2:30p	11:30a-2:30p		
Xcel Diamond	3			11:30a-2:30p		11:30a-2:30p	11:30a-2:30p		

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AAU Boys	2			3:00-4:30p		3:00-4:30p			
USAG 5-8	4		4:00-6:00p	5:00-7:00p		5:00-7:00p	4:00-6:00p		
USAG 9-10	4		4:00-6:00p	5:00-7:00p		5:00-7:00p	4:00-6:00p		
Outdoor AAU boys outdoor class only	1			4:15-5:00p					