

[Maricopa County Graphic](#) – this is a visual to show you when and where special shopping hours have been established.

Please reach out to the grocery store to verify hours in case these are out of date.

Senior Shopping Hours and Home Delivery

[Costco](#)

All Costco stores in the Phoenix metro area will offer special shopping hours for seniors Tuesdays, Wednesdays and Thursdays from 8 a.m. to 9 a.m.

[Bashas', Food City & AJ's Fine Foods](#)

Bashas', Food City and AJ's Fine Foods will open from 5 a.m. to 6 a.m. on Wednesdays for anyone age 65 and older to shop. The move comes after the CDC recommended that people over age 65 leave their houses as little as possible because they are the most vulnerable to the virus.

Any Bashas' stores located on a reservation will be open on Wednesdays from 6 a.m. to 7 a.m. for those 65 and older.

[Safeway & Albertsons](#)

The grocery stores are reserving every 7 a.m. to 9 a.m. every Tuesday and Thursday for the elderly and other vulnerable adults. The only exceptions would be those grocery stores that open earlier. You are encouraged to call your local store for exact times. Safeway and Albertsons are asking other shoppers to respect these times so those that are most vulnerable in our community are protected. Safeway offers home delivery

[Fry's Food Stores](#)

Fry's Food Stores statewide will temporarily adjust store hours to all customers from 7 a.m. to 9 p.m. effective Monday, March 23. Senior citizens ages 60 and over are invited to shop an hour early, from 6 a.m. to 7 a.m. Monday thru Thursday only, to accommodate their shopping needs. Also offers home delivery

[Whole Foods](#)

Whole Foods Market stores in the U.S. and Canada will service customers who are 60 and older one hour before opening to the general public. (*Example: if a store's new hours are 9am-8pm, customers who are 60+ can shop starting at 8am.*) Please check your local Whole Foods for their operating hours.

Target

Target will reserve the first hour of shopping each Wednesday to support vulnerable guests, including the elderly and those with underlying health conditions. Check your local Target store for when they open.

All Target stores nationwide will close at 9 p.m. until further notice.

Walmart

All [Walmart stores](#) across the country will be open from 7 a.m. to 8:30 p.m. The only exception to those hours is the stores that traditionally open later. They will continue to open at that later time. The reduced hours will give its employees more time to restock shelves and clean the store.

Walmart stores will host an hour-long senior shopping event every Tuesday from 6 a.m. to 7 a.m. for customers 60 years old and up. Also offers home delivery

Additionally, Walmart said it will limit the number of specific items customers can buy to help make sure others have access to them. Some of these items include paper products, milk, eggs, cleaning supplies, hand sanitizer, water, diapers, wipes, formula, and baby food.

Dollar General

Dollar General says it will dedicate the first hour of store operations each day to senior shoppers in response to the coronavirus epidemic. The store chain will also close most stores an hour earlier to allow its staff to restock shelves and clean the store. You are urged to check your nearest Dollar General store for hours and the senior shopping hours.

Los Altos Ranch Markets

Los Altos Ranch Markets are holding temporary store hours for seniors and first responders from 6 a.m. to 7 a.m. daily. The general public hours will be from 7 a.m. to 11 p.m.

If there is a need for a caretaker, one caretaker is welcome, but will not be allowed to shop for themselves.

All purchase limitations will remain in effect.