

## ANNOUNCEMENTS

- Mon. April 20<sup>th</sup>: Home Office Zoom Connection call at 12:00
- Tues. April 21<sup>st</sup>: Practitioner Meeting at 7:00
- Thurs. April 23<sup>rd</sup>: Weekly Meditation at 7:00 on Zoom with Will Brand, RScP
- May 6<sup>th</sup>: Treatment Night at 7:00 on Zoom
- Sat. May 9<sup>th</sup>: May Market at Phipps; meet at 10:30 on the front lawn of Phipps Conservatory
- Sat. May 16<sup>th</sup>: Emotional Freedom Techniques Workshop 10 AM on Zoom
- Sat. May 23<sup>rd</sup>: “The Science of the Senses- the Doors to the Mind Open Wider” workshop on Zoom at 10AM by Mike and Sandi Mayes from the UK
- Wed. June 3<sup>rd</sup>: Treatment Night at 7PM on Zoom
- Sat. June 13<sup>th</sup>: Three Rivers Arts Festival meet at 12PM Downtown PGH
- Sat. July 11<sup>th</sup>: Meadowcroft Rockshelter and Historic Village Meet at 11:00, 401 Meadowcroft Rd. Avella, PA. 15312

### **Upcoming Guest Speakers**

- Sun. April 26<sup>th</sup>: Maureen McGinn
- Sun. May 31<sup>st</sup>: Rev. Betsy Haas
- Sun. June 28<sup>th</sup>: Julia Mattis, RScP
- Sun. Dec. 27<sup>th</sup>: Rev. Ron Fox



Sunday April 19th, 2026

10:30 AM EDT

### **Our Mission**

*We are a supportive community, teaching universal Spiritual Principles, in an atmosphere of love, positivity and acceptance.*

### **Our Vision**

*Realizing Oneness, Unity, and Infinite potential in all.*

### **Our Values**

*Love, Spiritual Community, Spiritual Growth, Peace, Abundance and Joy*

*If you are with us for the first time and would like to be on our mailing list, please visit our website or [sign up here](#).*

## PROGRAM

Prelude: A Word of Praise - Daniel Nahmod

[https://youtu.be/n\\_j4ZvDAobw?](https://youtu.be/n_j4ZvDAobw?)

Welcome Linda Bennett, RScP

Opening Treatment Rev. Mary Ann Trifaro

Music: Every Step is Holy - Karen Drucker, Gary Lynn Floyd

<https://youtu.be/WTa0IO1qV6U?>

Meditation Maryellen Haddock, RScP

### Message:

“Mindful Habits” by Rev. Mary Ann Trifaro

Music: Move in the Direction of your Dreams - Michael Gott

<https://youtu.be/kqyGJf5XVt4?>

Announcements Kathy Stuvaints, RScP

Abundance Kathy Stuvaints, RScP

Abundance Affirmation:

*I give graciously from my heart, as an extension of my belief  
in the Abundance of Life knowing that my gifts are magnified  
and multiplied and make a difference in the world.*

Closing Treatment Irene Kennedy, RScP

Music: I'll Be Peace – Melissa & Z

<https://youtu.be/jsCzJXEipK0?>

There will be a short break and then return for a discussion  
about today's topic. During the break, the Venmo code will be on the  
screen. You can also send Love Offerings and Donations to:

CSL Greater Pittsburgh P.O. Box 365, Sewickley PA, 15143

Or online here: <https://www.cslgreaterpittsburgh.org/giving>

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