

# GYM RULES & CONDITIONS OF ENTRY

At Enhanced Health we have a responsibility to keep our workplace and members safe.

Anyone attending is required to abide by the following rules

PLEASE WAIT OUTSIDE UNTIL THE CURRENT SESSION HAS FINISHED.

IF YOU ARE UNWELL, IN QUARANTINE OR HAVE VISITED ANY HOTSPOTS IN THE LAST 14 DAYS

WE CANNOT HAVE YOU ATTEND ANY SESSIONS UNTIL YOU HAVE BEEN TESTED.

SANITISE OR WASH HANDS ON ARRIVAL, DURING AND AFTER WORKOUT.

WIPE DOWN EQUIPMENT AFTER USE WITH DISINFECTANT & PAPER TOWEL.

NO CHILDREN ALLOWED IN THE GYM.

YOU MUST HAVE A TOWEL & CLOSED-IN SHOES TO WORKOUT.

FOLLOW ALL INSTRUCTIONS AS DIRECTED BY TRAINER.

WHEN WORKING-OUT BE MINDFUL OF YOUR SURROUNDINGS & OTHER MEMEBERS.

TREAT ALL EQUIPMENT WITH CARE - DAMAGED EQUIPMENT IS OF NO USE TO ANYONE.