

INDIA: Delhi, Jaipur & Agra

October 21-29, 2023 (arrive home on Oct 30)

\$4,499 (based on double occupancy)

\$999 (Single supplement)

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CAREER ENRICHMENT

Diabetes Education, Nutrition & Healthcare

India is one of the most dynamic and eclectic countries on the planet. Representing diversity in all its forms—people, religions, traditions, clothing, dialects, and habits—this remarkable country links East Asia and Europe but belongs to neither. From the exquisite majesty of the Taj Mahal to the pink allure of Jaipur, to the legacy of Mahatma Gandhi, India exudes a sense of mystery and promise.

Program Highlights

- 7 nights / 10-day journey through the Golden Triangle
- **Accompanying guest program** available on this itinerary.
- Nanda Journeys and the University of Pittsburgh School of Nursing are collaborating to present the Diabetes Education, Nutrition & Healthcare Journey. Professional Nurses participating in the activity and completing the evaluation tool may receive a maximum of **8-10 Nursing Continuing Professional Development** contact hours. The University of Pittsburgh School of Nursing is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Focus on Healthcare

- **Interact with diabetes educators, nutritionists, pharmacists, and other allied healthcare professionals** from a variety of facilities throughout your travels. Explore India's healthcare system while you broaden your world view of chronic disease experiences and challenges in another country from the perspectives of the healthcare system, the community, and the people with chronic disease.
- Develop an appreciation of India's response to health challenges through a mutual exchange with representatives from local hospitals and schools such as **Apollo Hospital** and the **National Institute of Ayurveda in Jaipur**, who are the first of their kind in India promoting traditional medicine care, research, and training.

Community Connections

- Spend time with a facility dedicated to giving back like **Disha: Resource Center for the Disabled** who provide an opportunity for children with multiple disabilities to develop to their full potential.
- Gain authentic cultural insight during an evening spent enjoying a **home-cooked meal with a local family**.

Program Leader: Malinda Peeples, MS, RN, CDE, FADE, Vice President of Clinical Services at Welldoc

- Malinda serves as Vice President of Clinical Services, Programs, and Research at Welldoc, a digital health company transforming the delivery of health care with digital therapeutics focused on chronic disease care. She is a diabetes educator, clinical and informatics nurse specialist, who served as president of ADE from 2005-2006.



Why Nanda Journeys?

Travel for people with purpose and passion. See for yourself what a difference travel makes.

Ready to go?

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