


# 2022-23 MANDAN BRAVES GIRLS' WRESTLING

## VARSIITY/JV

<b>NAME</b>	<b>GRADE</b>	<b>WEIGHT CLASS</b>
Keeley Kainoa	7	100/105
Brooklyn Lafrenz	8	100/105
Bailee Campbell	7	115
Jillian Schwartz	8	115
Sage Henderson	8	115
Cassandra Bauer	8	120
Kayda Newgard	9	125
Elizabeth Hook	8	130
Tyka Heinert	8	130
Robyn Albitre	11	130
Anna Campagna	9	135
Kal Kroh	8	140
Madalee Canales	9	140
Hayleigh Fischer	10	140
Destiny Pavlicek	10	145
Diane Aranda	10	155
Tavy Heinert	8	170
Helen Aranda	10	170
Alexis Storsved	8	190
Lilli Boone	8	250
Omoyewmese Igiehon	12	250
		

**HEAD COACH:** James Porter  
**ASS'T COACH:** Cody Schmidt  
**VOLUNTEER COACH:** Adrena Gabel  
**STATS/MANAGERS:** Kendra Haugen, Abby Porter  
**ACTIVITIES DIRECTOR:** Mark Wiest  
**PRINCIPAL:** Mark Andresen  
**ASS'T PRINCIPALS:** Aaron Koenig, Alyssa Caya

**SUPERINTENDENT:** Dr. Mike Bitz  
**ASSISTANT SUPERINTENDENT:** Jeff Fastnacht  
**STRENGTH & CONDITIONING COACH:** Zach Morast  
**SPORTS SPECIALISTS:** Sanford Orthopedic &  
 Sports Medicine, Emma Olson, LAT, ATC, ITAT  
**SCHOOL SONG:** Here's to Mandan  
**SCHOOL COLORS:** Black & White

**SANFORD**  
**HEALTH**

Sanford Orthopedics & Sports Medicine  
 is the exclusive sports medicine provider  
 for Mandan Public Schools.