



**MOHAWK PARK, HAMILTON
THROWERS CLUB MEET #1
May 23, 2015 RESULTS**

THROWS PENTATHLON

MASTERS

Men

	HT	SP	DT	JT	WT	PTS
Men 75-79						
David Morris 76						
Meters	24.83	8.13	24.75	17.69	11.22	
AG Mark	40.94	11.37	35.47	33.49	13.78	
Perf.%	47.20%	49.21%	47.88%	34.01%	53.31%	
Points	528	568	573	349	665	2,683
Men 60-64						
Bill Pearson 62						
Meters	31.06	10.33	33.73	25.80	10.76	
AG Mark	40.63	12.89	35.84	36.48	11.21	
Perf.%	46.84%	55.77%	48.39%	37.04%	43.37%	
Points	523	661	581	391	520	2,676

THROWS PENTATHLON

MASTERS

Women

	HT	SP	DT	JT	WT	PTS
Women 65-69						
Rhona Trott 66						
Meters	29.97	6.78	18.60	15.00	10.21	
AG Mark	51.06	11.25	33.34	27.25	13.53	
Perf.%	66.32%	49.73%	43.42%	37.34%	57.37%	
Points	956	612	526	425	710	3,229
Women 35-39						
Marie-Josée Le Jour 36						
Meters	47.18	11.80	46.64	29.30	15.39	
AG Mark	51.62	12.23	48.35	31.11	16.80	
Perf.%	67.04%	54.06%	62.96%	42.63%	71.22%	
Points	968	676	818	498	914	3,874

MOHAWK PARK HAMILTON
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TRIATHLON
MASTERS
Men

Men 60-64						
Peter Zowkewych	64					
Meters		0.00	10.34	31.12	29.01	0.00
AG Mark		0.00	12.90	33.07	41.02	0.00
Perf.%		0.00%	55.82%	44.65%	41.65%	0.00%
Points		0	661	525	457	0
						1,643

TRIATHLON
MASTERS
Women

Women 45-49						
Ina Legzdins	46					
Meters		0.00	7.85	21.32	20.26	0.00
AG Mark		0.00	9.37	25.70	25.28	0.00
Perf.%		0.00%	41.43%	33.47%	34.63%	0.00%
Points		0	488	382	388	0
						1,258

SINGLE EVENTS
MASTERS

Men

Hammer

	M	AG Mark	Perf.%	Points	
Men 60-64					
Bill Pearson	62	31.06	40.63	46.84%	523

Shot Put

	M	AG Mark	Perf.%	Points	
Men 60-64					
Bill Pearson	62	10.33	12.89	55.77%	661

Discus

	M	AG Mark	Perf.%	Points	
Men 60-64					
Bill Pearson	62	33.92	36.05	48.66%	585
Peter Zowkewych	64	31.12	33.07	44.65%	525

Javelin

	M	AG Mark	Perf.%	Points	
Men 60-64					
Peter Zowkewych	64	33.32	47.11	47.84%	546

Weight

	M	AG Mark	Perf.%	Points
none				



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SINGLE EVENTS

MASTERS

Women

Hammer

	M	AG Mark	Perf.%	Points
Women 65-69				
Rhona Trott 66	30.77	52.42	68.09%	986
Women 35-39				
Marie-Josée Le Jour 35	47.18	51.62	67.04%	968

Shot Put

	M	AG Mark	Perf.%	Points
Women 45-49				
Michelle Baptie 48	5.60	6.68	29.55%	315

Discus

	M	AG Mark	Perf.%	Points
Women 45-49				
Michelle Baptie 48	20.82	25.10	32.69%	371
Women 35-39				
Marie-Josée Le Jour 35	47.45	49.19	64.06%	835

Javelin

	M	AG Mark	Perf.%	Points
Women 35-39				
Marie-Josée Le Jour 35	29.30	31.11	42.63%	498

Weight

	M	AG Mark	Perf.%	Points
Women 65-69				
Rhona Trott 66	11.00	14.58	61.81%	775
Women 35-39				
Marie-Josée Le Jour 35	15.61	17.04	72.24%	929



MOHAWK PARK HAMILTON
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SINGLE EVENTS
OPEN/JUNIOR/YOUTH

Shot Put **M**
Open
Nathan Stern 24 14.98

Weight **M**
Nathan Stern 24 13.73

SINGLE EVENTS
OPEN/JUNIOR/YOUTH

Female
Hammer **M**
Junior
Cyerra Cassel 18 57.17

Shot Put **M**
Youth
Raba Mustapha 16 6.17

Discus **M**
Youth
Raba Mustapha 16 ND

Weight **M**
Junior
Cyerra Cassel 18 14.71

