

# Beginning Visions

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Dear Parents,

We hope you are enjoying the new year as much as we are. 2020 is already flying right by us! We can't believe it's already the second month of the year! Seems like yesterday we were taking down Christmas decorations.

Here are some of our favorite memories from the past month:



Mrs. Angie and Rebecca's class concentrating on a game of Bingo!



## Upcoming Events & Birthdays:

### February 2<sup>nd</sup>

Ground Hog day

### February 14<sup>th</sup>

Valentine's day

### February 20<sup>th</sup>

Miss Bethany's Birthday

3's and 4's Library day

### February 17<sup>th</sup>

President's Day

## Mr. Robbie's Joke of the month

Where would you find an elephant?

The same place you lost it!



## New Beginning Visions

Beginning Visions has been fortunate to receive a grant from The Alamance Partnership for Children

<http://www.alamancechildren.org> to put towards an Outdoor Learning Environment or OLE. We are so excited about this opportunity!

1

More common today, we find children sitting while on computers, video games, and TVs. This more sedative lifestyle with eating more processed, high calorie foods have shown that there is an increase in obesity, health concerns and social and psychological problems. One-third of our young children in North Carolina are considered overweight and obese. Many studies have shown that an OLE, not only help with staying more active but improves academic performance and cognitive abilities. It also helps support creativity and problem solving, attention deficits, social relationships, stress and self-discipline.  
([www.naturalearning.org](http://www.naturalearning.org)).

2

The first phase of this project is to be completed by June 2020. With this said, you will see a lot of work going on in developing our OLE on the back playground. We will have an open house soon to “unveil” our plan for this natural, fun, exciting and hands on approach in educating our children.



3

The first thing you will notice is laying down a concrete tricycle path within the fenced in area of our playground. If you know of anybody that lays concrete, please let us know. We would also love any donations of large fallen trees and/or stumps, tree cookies, plants, blocks, concrete bricks & red bricks (even just a few...not for construction but for play for the children building small walls and such), colored materials (for Teepees and forts) or any help and/or ideas you may have.