

How Ya Feelin'?

Rachael Martin – Weekend – 11,13,2015

Hi there! How ya doin? How ya feelin? My dad is a comedian of sorts... he loves to make people laugh. One saying of his when I would ask him how he was feelin – he would say “With my hands.” To which I would say “Ha ha Dad!” (rolling the eyes)

I think there are times that emotions and feelings can alter or get in the way of what we need to hear or see from the Lord. I looked at Gina’s devotion from yesterday and said – uh huh! God is again – fitting all of this together – to drive a point home. I believe the Lord wants us to remember what His Word says about us when we find ourselves feeling this way and that. I believe that it rides on the coat tails of what Gina heard the Lord say to her “There is Power in agreement with My Word.”

So I’m hoping to point you to scriptures for when feelings tend to want to take over and you need the truth and the light of God’s Word and praying that you would find a minute with Jesus today to cast all your cares on Him, because HE cares enough for you. Remember that when you spend time in His presence, you are changed into His likeness. Prayer works!

FEELING SAD or BROKEN? Psalm 34:17-20 – When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all. He keeps all his bones; not one of them is broken.

FEELING ALONE? 2 Timothy 4:16-18 – At my first defense no one came to stand by me, but all deserted me. May it not be charged against them! But the Lord stood by me and strengthened me, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. The Lord will rescue me from every evil deed and bring me safely into his heavenly kingdom. To him be the glory forever and ever. Amen.

FEELING OVERWHELMED? Proverbs 3:5-6 – Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

FEELING TEMPTED? 1 Corinthians 10:13 – No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

FEELING TIRED/EXHAUSTED? Philippians 4:19 – And my God will supply every need of yours according to his riches in glory in Christ Jesus

James 5:13-20 – Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. Elijah was a man with a nature like ours, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. ...

If you read these scriptures & prayed them over you or someone.....

Now.... How ya feelin?

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