

FEBRUARY 2019

CORPUS CHRISTI SCHOOL

Price \$3.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Don't ditch the dairy! Calcium helps growing bones, become stronger and develop properly. There are lots of yummy snacks that have calcium; cheese, yogurt, cream cheese and cottage cheese. Add some low-fat dairy to your meals like fruit smoothies, cheese sandwiches, cereals with milk and a glass of milk before bed!

4

Bosco Sticks
with Marinara Sauce and
Side of Pasta
100% Apple Juice
Fresh Sliced Apples
Variety of Milk

5

Popcorn Chicken
WG Dinner Roll
Mashed Potatoes
Seasoned Corn
Orange Smiles
Variety of Milk

6

Home & School
Hot Dog Lunch
No North Penn Hot Lunch
Bring lunch from home

7

Nacho Salad Supreme
Mandarin Orange Slices
Fresh Sliced Apples
Variety of Milk

8

Papa John's Pizza
Seasoned Peas & Carrots
Cataloupe Chunks
100% Grape Juice
Variety of Milk

1

Papa John's Pizza
Steamed Green Beans
Cataloupe Chunks
100% Grape Juice
Variety of Milk

11

WG Breaded
Mozzarella Sticks
with Marinara Sauce and
Side of Pasta
California Mixed
Vegetables
Fresh Sliced Apples
100% Orange Juice
Variety of Milk

12

Grilled Chicken Sandwich
on WG Bun with Toppings
Cataloupe Chunks
Applesauce
Variety of Milk

13

Grilled Cheese on
Texas Toast
Tomato Soup
Baked Apple Slices
Pineapple Tidbits
Variety of Milk

14

Club 50 Luncheon
Students eat in classrooms
No North Penn Hot Lunch
Bring lunch from home

15

Faculty In-Service
No School for Students

18

School Holiday
No School for
Teachers or Students

19

Popcorn Chicken
WG Dinner Roll
Mashed Potatoes
Seasoned Peas
Chilled Sliced Peas
Orange Smiles
Variety of Milk

20

WG Pancakes w/ Pancake
Syrup and Sausage Patty
Baked Apple Slices
100% Fruit Punch
Variety of Milk

21

Soft Shell WG Tacos
Jumpin Spanish Beans
Mandarin Orange Slices
Fresh Sliced Apples
Variety of Milk

22

Papa John's Pizza
Seasoned Carrots
Cataloupe Chunks
100% Grape Juice
Variety of Milk

25

Toasted Mini Ravioli
with Marinara Sauce
Steamed Broccoli
Sliced Fresh Red Apples
Sun Cup 100% Apple Juice
Variety of Milk

26

Crispy Chicken Patty
on WG Bun
Baked Beans
Chilled Peaches
Orange Smiles
Variety of Milk

27

Burger Bar with
Baked French Fries
Baked Apple Slices
100% Fruit Punch
Variety of Milk

28

Chicken Tempura
Nuggets with
Macaroni & Cheese and
WG Dinner Roll
Chilled Cinnamon
Applesauce
Sliced Fresh Red Apples
Variety of Milk

Alternate Lunch Choices:

Monday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Cheesy Nemo Cheese Sandwich
Wow Butter & Jelly WG Sandwich

Tuesday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Ham & Cheese Sammy
Wow Butter & Jelly WG Sandwich

Wednesday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Turkey Sandwich on Wow Bread
Wow Butter & Jelly WG Sandwich

Thursday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Wow Butter & Jelly WG Sandwich

Friday

"Go-Yo" Grab and Go Yogurt Meal
Cheesy Nemo Cheese Sandwich
Wow Butter & Jelly WG Sandwich

Available Daily at Lunch:

Side Dish

Baby Carrots
Cucumber Slices
Tossed Romaine Salad

Variety of Milk

1% White Milk
Skim Milk
Chocolate Milk
Strawberry Milk
Lactaid F&M Milk