

Director: Frances Harrelson



Early Learning Programs

APLC DAY SCHOOL NEWS

May 2024

Calendar Dates:

May 2—Board Meeting

May 7—Parent Teacher Conferences—
school closed

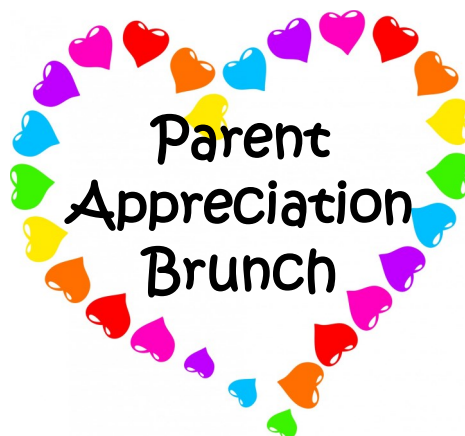
May 16—Parent Appreciation Brunch

May 21 & 22—Last days of chapel

May 23 & 24—Pizza lunch provided to
children

May 24—Last day of school

June 4—21—Summer Camp



Wall of Memories

You may have noticed our “Wall of Memories” in the lobby outside the Day School office. The children decorate a tile with special markers and then they are baked in the oven. Through the rest of the month, we will be hanging the completed tiles produced by the children on the wall in the lobby of the Day School. Especially for those departing 4 & 5 year olds—what a great memory it will be for them when they come back to visit! The cost is only \$10.00. Contact the office if you are interested.



To all the wonderful parents who have volunteered their time and talents this year at Abiding Presence—we, the staff at APLC would like to do something for you! On Thursday May 16th, we will host a brunch for you from 9:00 to 11:00 a.m. The teachers will be cooking!! We hope you will take some time to enjoy a tasty brunch as our way of saying thank you for all that you do! Every parent has done something to contribute— from being Secret Reader, helping with the Silent Auction, Trail Riders breakfast, Fiesta, or just arriving everyday with a smile of support! Come and let us show you **OUR** appreciation!

Pizza Lunch



A pizza lunch will be provided to your child on their last day of school either — Thursday or Friday, May 23 or 24th! (PreK-2 & 3's classes will have pizza both days).

You will be asked by each class to send in fruit to have in addition to the pizza. If your child does not eat pizza—please send a lunch with them. You will need to send their snack and water bottle as usual.



Community Events, Parenting Tips and Resources

Find Out How Praise Can Create Pain

—Love and Logic tip

Many parents tell us that praise often backfires, and their children's behavior actually can get worse after receiving praise. When using Love and Logic, there are times when we want to encourage our kids and recognize them whenever they do a good job. However, this must be done carefully so that it achieves the goal of encouragement without creating more behavioral problems.

What is "Praise"?

Before we pursue this puzzle, perhaps wisdom dictates that we define what we're really talking about when we use the term "praise." According to the Merriam-Webster Dictionary, "Praise" is defined in two ways, "1: to express a favorable judgment of 2: to glorify by the attribution of perfections." Examples from daily life include:

- Super job!
- You are so bright!
- Way to go!
- I'm so proud of you!
- Awesome!

Two Types of Praise

Spontaneous praise comes from sincere excitement over something a child has done. There's no ulterior motive. It happens naturally. Most of the time, I encourage people to relax and allow this type of praise to happen. If it's clear that it makes a child uncomfortable, we can always curb it a bit. Otherwise, don't worry and be happy.

Intentional praise is done by good-hearted people for the express purpose of shaping or influencing behavior. The goal is to "catch the child doing something good and rewarding their action with praise." Because many children have finely tuned intentionality detectors, this type is the most likely to backfire.

An Alternative: Notice and Describe

We have found an alternative to the typical way parents deliver intentional praise that is far more effective with most children. With this approach, the parent simply notices and describes the child's behavior without judging it one way or the other. Here are some examples:

- I noticed that you finished your assignment even though it was really challenging.
- You did all your chores without being reminded. How does that feel?
- I noticed that you kept your cool when those kids were teasing you. What was that like for you?
- I noticed that you spent a lot of time today helping your little brother.

You completed nine out of ten correctly. I imagine

The second element is empathy. Without empathy, even the right thinking words can result in an argument. Empathy helps the child remain calm so that thinking about the situation is possible, rather than responding defensively.

Using thinking words with genuine empathy helps parents avoid ending up in another argument that goes nowhere, and allows kids the chance to think and solve their own problems. This is the ultimate goal of Love and Logic, to help kids learn how to make responsible decisions on their own, so that they can grow up into responsible adults who make good decisions throughout their lives.

If you find yourself at your wits end in endless arguments with your kids, listen to my audio, [No-body Wins a Power Struggle](#). This audio can help you avoid resentment and rebellion in your relationship with your child, while continuing to provide the limits and discipline young people need.

YOUNG CHEFS® ACADEMY

- **When:** Saturday, May 11, 2024, 9:00 am - 10:00 am
- **Location:** 20330 Huebner Rd Ste.110, San Antonio, TX 78258
- **Cost:** Non Member: \$45/class; Members: \$140/month
KinderCooks (Ages 4-7)

Where our "Chefs in Training" are the main ingredient!

The Young Chefs Academy KinderCooks program is paced accordingly for our preschool and elementary aged child's attention span and incorporates age-appropriate recipes and culinary skills while integrating basic nutrition, kitchen safety, and teaching moments to help young chefs become an active participant in the family kitchen.

Website: sanantoniotx.youngchefsacademy.com
Contact Phone: (210) 402-0023



Cinco de Mayo Celebration at Historic Market Square

- **When:** Sunday, May 4 & 5, 2024, 10:00 am - 6:00 pm
- **Location:** 514 W Commerce St, San Antonio, TX 78207
- **Cost:** Free

Historic Market Square celebrates Cinco de Mayo, a celebration of Mexican-American culture with several festivities and activities over the course of 2 days. Food Vendors, Artisan & Retail Vendors, Indoor Shopping, fun and more! Activities include live entertainment and activities, from mariachi performances and pinata candy drop and candy bag giveaway at 2pm Saturday and Sunday, pinata themed characters, Cinco de Mayo themed stilt characters, and free cotton candy giveaway from 1:30pm-3:30pm both days!



APLC Church Activities

Vacation Bible School

July 8 - July 12
9:00 am - 12:00 pm

"Splashzone" - July 8-12th from 9am-noon – there is no cost

- We have 30 spots for the pre-k program for 3/4yr. olds that are potty-trained.
- All children kinder through 5th grade are eligible to register

We will be talking about baptism and our daily themes will include: Swim Team, Pool Party, Dive in Movies, Life-guards, and Cleaning the Pool.

Registration will open on www.aplc.org
If you have a child that you would like to register to participate in VBS or to volunteer please check out the web-site. Youth 6th grade and older are eligible to be volunteers. Friends are welcome we would love to see your family at VBS!!!



Chapel Notes

I have truly been blessed with my experience of leading Chapel for your children. The joy in each face as they have listened to a Bible story, watched a puppet show, or sang and signed a song will be with me always. Our last puppet shows for this year are May 14 and 15th. Julie and Sandy will share some ways that we can talk to God. Please plan to join us for Chapel on May 21st, as we honor and celebrate our PreK-4/5 Class. May God bless them and their families as they move forward next year! Mrs. Kleinert



Program Evaluation Results

Many thanks to the parents who took the time to return the Program Evaluations. Your kind comments are very much appreciated. Thirty-four out of forty-six surveys were returned.

Comments:

The best! Great job! Longer days would be great! :) Amazing detailed daily report. Love the photos online showing activities. We love the APLC program. Thank you so much wonderful teachers, staff, leaders, classrooms, and families. We enjoyed our first auction night in person. We love APLC—it's such a great community. Would like music/entertainment for the silent auction and family night. Great work! Teachers were wonderful and welcoming! I felt the silent auction went great—hope the items not bid on can be used for next year. Maybe have some games or activities for kids/families at tables during the silent auction and family night. I would do a pot luck and not have a food truck. APLC is an excellent program. You could charge more for childcare at the silent auction. I would actually suggest refraining from making any major changes; you have a really good system going, outstanding, no over-reach and perfect balance.

Honoring our PreK-4 & PreK-5 classes



Our last chapel days will be Tuesday & Wednesday May 21 & 22 at 9:15 am. We will be honoring our departing 4 & 5 year old's moving on to kindergarten - on Tuesday, May 21st. We will be sending out more information next week. Please mark your calendars for this very important event!



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