

Handout for Patients to Take to Their Eye Doctors

I have Ehlers-Danlos Syndrome Type _____, which causes defective connective tissue in my collagen. Please be sure to check carefully for the following:

- Epicanthal folds
- High myopia
- Keratoconus
- Blue sclera
- Lens subluxation
- Angioid Streaks
- Cataracts
- Dry eyes
- Glaucoma (with pachymetry)
- Photophobia
- Retinal Detachments, holes, tears
- Strabismus
- Macular Degeneration
- Posterior Staphyloma
- Carotid-cavernous sinus fistulas
- Accommodative difficulties
- Dry eyes
- Diplopia, monocular or binocular
- Large phorias which may be symptomatic
- Blepharoclonus

Recommended Ocular Testing for the Patient with EDS

- Complete slit lamp exam with TBUT. Understand that I may be more prone to corneal dystrophies and dry eyes.
- Dilated fundus exam; fundus photography
- Corneal topography to rule out early keratoconus
- SLO may be needed – Scanning Laser Ophthalmoscopy
- Orbscan and/or ultrasound pachymetry
- EDS patients are not good candidates for LASIK.
- Pupil testing (rule out APD), aperture measurements (check for ptosis), rule out blepharoclonus.
- I may be more prone to migraine episodes and/or aura without the migraine headache.
- I may be more prone to macular degeneration

For more information see <http://j.mp/eds-eye-info>