



LEICESTER SHARKS COMPETITIVE SWIMMING CLUB

www.leicestersharks.co.uk

CHRISTMAS COUNTY QUALIFIER MEET

Level 3 Open Meet under ASA Laws and Technical Rules

Licensed by the ASA for entry into County and Regional Championships under number:3EM162205

17th and 18th December 2016

Pingles Leisure Centre

Nuneaton

50m, 100m and 200m All Strokes

Age groups: 9, 10, 11, 12, 13, 14, 15 & Over

Medals for Top 3 in each event and age group (All Heat Declared Winner)

Eight-lane, 25m pool with anti-turbulence lane ropes and electronic timing

Ample spectator seating and café

Promoter:

Alison Wilcock

Leicester Shark SCS

c/o 20 Laburnum Avenue

Lutterworth

Leicester LE17 4TZ

swimmeets@leicestersharks.co.uk



Leicester Sharks Christmas County Qualifier Meet 2016

Meet Conditions

1. The competition will be held under ASA Laws and ASA Technical Rules of Swimming.
2. A swimmer taking part shall be
 - a) Eligible according to ASA Law
 - b) All swimmers must be Category 2 members of the ASA on the Competition Entry closing date.
 - c) The minimum age for this competition is 9 years .
3. Heats will be seeded and spear headed according to submitted entry times which will be converted to 25m pool times if necessary.
4. Only entries up to the 'Upper Cut Off Times' will be accepted.
5. Acceptance of entries and eligibility of awards is subject to the rules of the competition and at the discretion of Leicester Sharks Competitive Swimming Club
6. Disability entries are welcome. No qualifying times apply but, entry times will be taken from rankings. Please choose events carefully and we will endeavor to ensure these are accepted given the time constraints of the event. Please contact the promoter for any further information and advice.
7. Age on day.
8. Awards will be given to the fastest three swimmers in each age category. Separate awards will be made to disability swimmers.
9. There is limited space available on poolside for swimmers and so swimmers will be stewarded in the crèche before races. Swimmers must wear appropriate footwear.
10. It is the responsibility of coaches and team managers to ensure all swimmers behave appropriately whilst poolside. It is the member's club responsibility to make sure each swimmer has reached the standard of the ASA competitive starts award.
11. The electronic scoreboard shows provisional results only. The final positions and times will be shown on the results sheet, which will be made available during the Gala.
12. Anti-wave ropes will be used in an eight-lane, 25m pool.
13. ARES Electronic timing will be used with SportSys Meet management software.
14. ENTRIES - £6.00 per event if sent electronically via the SportSys Entry Manager file, else £7.00 per event for paper entries. Electronic entry files entries are to be emailed to swimmeets@leicestersharks.co.uk, The entry file and full details of how to enter electronically are provided on the club website, www.leicestersharks.co.uk. In the event of the meet being oversubscribed entries will be prioritised based on date received. The organiser reserves the right to restrict entries to ensure there is sufficient time between each session and that the Licensed Meet time restrictions are adhered to. Where rejections are required, the qualification times for each event in each age group will be used and the slowest competitors will be rejected.
Closing date 5th November 2016, or when meet full (first come, first served)
15. Post all entries to: **Leicester Sharks Competitive Swimming Club c/o 20 Laburnum Avenue, Lutterworth, Leicester LE17 4TZ**, Mark your envelope 'Christmas County Qualifier Meet 2016'. Make cheques payable to **Leicester Sharks Competitive Swimming Club**. Alternatively Club entries may also be paid directly to our bank account: HSBC Sort Code 40-12-35 ; Account number **41431765** ; Reference (**your club name or surname**) **LS 2016**.
16. **The accepted entries list and rejection list if applicable will be published after the closing date**



or when the meet is deemed to be full. Any errors must be notified by the date given on publication of the accepted entries list. Any times achieved after the closing date will not be accepted. Withdrawals may be made prior to the competition by emailing swimmeets@leicestersharks.co.uk. Withdrawal on the day of competition should be made to the desk at the front of the before the start of the warm up for the relevant session to avoid unnecessary delays in competition.

17. POOLSIDE PASSES - £25 for the weekend inclusive of food, program and start sheets.
18. SPECTATOR ADMISSION – No charge for children up to 14yrs. £3 per session or £5 per day. Swimmers will not be allowed on the balcony with bare feet and if dripping wet. Please encourage swimmers to remain on poolside during sessions so that designated team managers know where they are.
19. OFFICIALS – We request that clubs try to provide at least 1 licensed official for every 10 swimmers they enter.. We are only able to provide poolside experience for trainee officials if we have sufficient officials to run the meet in accordance with the licensing conditions. Please email the Promoter with the names of your officials and their qualification and your trainee requirements for consideration.
20. TEAM MANAGERS – With reference to the most recent guidance from the NSPCC/CPSU safe sports events and in conjunction with Wave power issued by the ASA, we require the following compliance. The adult to swimmer ratio should be a minimum of 1:10 with two adults being the minimum for each team. This can include coaches but clubs must ensure that swimmers are not left unsupervised. It is the responsibility of Team Managers to ensure swimmers report for their races in good time and report any injury or incident to the pool staff and Promoter.
21. Neither the organisers promoter nor the pool management will be able to accept responsibility for loss or damage to personal property.
22. Anything not covered by the above will be acted upon at the discretion of the Promoter, errors and omissions excepted.



Leicester Sharks Christmas County Qualifier Meet 2016

Programme of Events

Saturday 17th December 2016

| Session 1 – Warm up 1pm | |
|-------------------------|------------------------|
| 1 | Girls 100m I.M |
| 2 | Boys 100m Breaststroke |
| 3 | Girls 200m Freestyle |
| 4 | Boys 50m Fly |
| 5 | Girls 200m Backstroke |
| 6 | Boys 200m Backstroke |
| 7 | Girls 50 Back |

| Session 2-Warm up TBC | |
|-----------------------|-------------------------|
| 8 | Boys 100m freestyle |
| 9 | Girls 100 Backstroke |
| 10 | Boys 200m I.M |
| 11 | Girls 100m freestyle |
| 12 | Boys 50m Back |
| 13 | Girls 200m Breaststroke |
| 14 | Boys 200m Freestyle |

Sunday 18th December 2016

| Session 3– Warm up 8.30am | |
|---------------------------|-------------------------|
| 15 | Girls 100m Breaststroke |
| 16 | Boys 200m Breaststroke |
| 17 | Girls 200m I.M |
| 18 | Boys 100m I.M |
| 19 | Girls 50mFly |
| 20 | Boys 100 Fly |
| 21 | Girls 200m Fly |

| Session 4– Warm up TBC | |
|------------------------|------------------------|
| 22 | Boys 200 Fly |
| 23 | Girls 50m Breaststroke |
| 24 | Boys 100m Backstroke |
| 25 | Girls 100m Fly |
| 26 | Boys 50m Breaststroke |
| 27 | Girls 50m Freestyle |
| 28 | Boys 50m Freestyle |

Entries close 5th November 2016.



Leicester Sharks Christmas County Qualifier Meet 2016

Qualifying Times

Not Faster Than

| Male | | | | | | | Event | Female | | | | | | |
|---------|---------|---------|---------|---------|---------|---------|-------------------|---------|---------|---------|---------|---------|---------|---------|
| 9 | 10 | 11 | 12 | 13 | 14 | 15+ | | 9 | 10 | 11 | 12 | 13 | 14 | 15+ |
| 32.10 | 29.70 | 29.60 | 27.90 | 26.60 | 25.60 | 24.80 | 50m Freestyle | 32.40 | 31.40 | 29.8 | 30.80 | 28.90 | 28.40 | 27.90 |
| 1.10.80 | 1.07.80 | 1.03.90 | 1.02.50 | 58.90 | 56.70 | 53.40 | 100m Freestyle | 1.12.00 | 1.09.00 | 1.04.30 | 1.03.90 | 1.02.00 | 1.00.50 | 59.80 |
| 2.32.10 | 2.26.10 | 2.18.00 | 2.09.80 | 2.08.30 | 2.03.30 | 1.56.60 | 200m Freestyle | 2.30.00 | 2.26.50 | 2.18.90 | 2.11.90 | 2.10.40 | 2.08.20 | 2.06.70 |
| 42.00 | 41.00 | 38.50 | 38.10 | 34.00 | 32.50 | 30.50 | 50m Breaststroke | 42.00 | 41.00 | 38.50 | 38.00 | 36.10 | 35.00 | 34.40 |
| 1.32.30 | 1.29.30 | 1.22.70 | 1.21.80 | 1.16.50 | 1.13.10 | 1.08.60 | 100m Breaststroke | 1.31.60 | 1.29.60 | 1.22.50 | 1.20.50 | 1.19.90 | 1.18.20 | 1.17.10 |
| 3.13.60 | 3.10.60 | 2.57.40 | 2.56.70 | 2.45.80 | 2.39.30 | 2.30.60 | 200m Breaststroke | 3.13.20 | 3.10.20 | 2.57.20 | 2.55.20 | 2.51.70 | 2.48.70 | 2.46.10 |
| 35.90 | 34.90 | 32.80 | 31.10 | 29.30 | 28.10 | 27.10 | 50m Butterfly | 35.80 | 34.80 | 33.10 | 32.80 | 30.90 | 29.80 | 29.20 |
| 1.21.60 | 1.19.60 | 1.12.50 | 1.10.80 | 1.05.90 | 1.02.70 | 58.50 | 100m Butterfly | 1.24.30 | 1.19.30 | 1.12.60 | 1.11.80 | 1.08.90 | 1.07.40 | 1.06.10 |
| 3.00.00 | 2.54.00 | 2.39.10 | 2.38.10 | 2.28.00 | 2.20.10 | 2.11.40 | 200m Butterfly | 3.00.00 | 2.56.00 | 2.39.80 | 2.35.60 | 2.32.00 | 2.28.60 | 2.26.00 |
| 37.00 | 36.00 | 34.10 | 32.30 | 30.40 | 29.40 | 28.10 | 50m Backstroke | 36.90 | 35.90 | 34.70 | 33.70 | 32.80 | 31.70 | 31.10 |
| 1.21.30 | 1.18.30 | 1.12.30 | 1.11.90 | 1.07.80 | 1.04.80 | 1.01.80 | 100m Backstroke | 1.21.10 | 1.18.10 | 1.12.80 | 1.11.80 | 1.10.20 | 1.08.80 | 1.07.50 |
| 2.47.00 | 2.44.00 | 2.33.90 | 2.25.00 | 2.17.20 | 2.19.30 | 2.12.90 | 200m Backstroke | 2.50.10 | 2.45.10 | 2.35.30 | 2.32.30 | 2.29.90 | 2.27.10 | 2.25.10 |
| 2.51.10 | 2.48.10 | 2.36.80 | 2.34.30 | 2.20.70 | 2.15.70 | 2.12.50 | 200m IM | 2.53.40 | 2.47.40 | 2.36.50 | 2.33.50 | 2.31.50 | 2.29.10 | 2.26.50 |
| 1.25.00 | 1.20.00 | 1.15.00 | 1.12.00 | 1.09.00 | 1.07.00 | 1.05.00 | 100 IM | 1.25.00 | 1.20.00 | 1.15.00 | 1.12.00 | 1.10.00 | 1.08.00 | 1.06.00 |

Entries close 5th November 2016.



Leicester Sharks Christmas County Qualifier Meet 2016

Manual Entry Form

PLEASE COMPLETE IN BLOCK CAPITALS

| | | | | |
|----------------------|--|----------------|--|----------------|
| Swimming Club | | | | |
| Surname | | First Name | | Middle Initial |
| Date of Birth | | Age (18/12/16) | | Male/Female |
| Address and Postcode | | | | |
| Contact Number | | | | |
| Email Address | | | | |
| ASA Membership No. | | | | |

| Event | Entry Time | Event | Entry Time |
|------------------|------------|-------------------|------------|
| 50m Butterfly | | 100m Breaststroke | |
| 100m Butterfly | | 200m Breaststroke | |
| 200m Butterfly | | 50m Freestyle | |
| 50m Backstroke | | 100m Freestyle | |
| 100m Backstroke | | 200m Freestyle | |
| 200m Backstroke | | 200 I.M | |
| 50m Breaststroke | | 100 I.M | |

Individual Payment Details

| Total Number of Events | Cost per Event | Total |
|------------------------|---------------------------------------|-------|
| | 7.00) | |
| Poolside Pass | £15.00/£25.00 (delete as appropriate) | |
| Amount Due | | £ |

Cheques payable to: Leicester Sharks Competitive Swimming Club.

OR

Bank Transfer to HSBC, Sort code 401235, Account 41431765

I declare that all above details are correct and that I am eligible to compete in accordance with ASA Laws and that I accept the meet rules and conditions

Signature of competitor _____

Signature of Parent* if under 18 _____

Return to: Leicester Sharks Competitive Swimming Club, c/o 20 Laburnum Avenue, Lutterworth, Leicester LE17 4TZ

Entries close 5th November 2016



Leicester Sharks Christmas County Qualifier Meet 2016

Electronic Entry Form Submission

Please remember to include a copy of the entry sheet summary from Sportsystems

PLEASE COMPLETE IN BLOCK CAPITALS

| | |
|-----------------|--|
| Swimming Club | |
| Contact Name | |
| Address | |
| Telephone (Day) | |
| Telephone (Eve) | |
| Mobile | |
| Email | |

| | | | |
|----------------------|--|-------------------------|--|
| No of boy swimmers | | Total no of boy events | |
| No of girl swimmers | | Total no of girl events | |
| Total no of swimmers | | Total no of events | |

Payment Details

| Total Number of Events | Cost per Event | Total |
|------------------------|-----------------------|-------|
| | £6.00 | |
| Poolside Pass | One day pass @ £15.00 | |
| | Weekend Pass @ £25 | |
| | Amount Due | £ |

Cheques payable to: Leicester Sharks Competitive Swimming Club.

OR

Bank Transfer to HSBC, Sortcode 401235, Account 41431765

Do not forget to enclose a print out of your entries which can be done via the entry manager software

I declare that all above details are correct and that the submitted swimmers are eligible to compete in accordance with ASA Law, and that I accept the meet rules and conditions

Team Manager _____

Signature _____

Return to: Leicester Sharks Competitive Swimming Club, c/o 20 Laburnum Avenue, Lutterworth, Leicester LE17 4TZ

Entries close 5th November 2016



Leicester Sharks Christmas County Qualifier Meet 2016

Officials/Helpers

We need many officials and helpers to run a successful open meet. The more we have the easier it is for everyone.

If you are willing to officiate or help at our open meet, could you please fill in the form below and return it with your club entries or contact Alison Wilcock workforce@leicestersharks.co.uk

Any help is very much appreciated.

| Name | Address | Contact Number | ASA License Number | Highest Qualification | Availability Sat/Sun/Both | Session AM/PM/Both |
|------|---------|----------------|--------------------|-----------------------|------------------------------|-----------------------|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

Please return this form with your individual or club entries.

Thank you!