



STOUFFVILLE, ONTARIO

July 30, 2011 RESULTS

THROWS PENTATHLON

Men	HT	SP	DT	JT	WT	PTS
Men 85-89						
Garry Bachman 89						
Meters	22.97	8.50	18.01	16.16	9.35	
AG Mark	52.33	15.33	35.13	39.39	13.51	
Perf. %	60.34%	66.31%	47.43%	40.00%	52.25%	
Points	715	810	566	433	650	3,174
Men 80-84						
Max Woerle 81						
Meters	26.00	7.67	18.91	14.78	8.44	
AG Mark	49.54	12.25	31.08	30.96	11.00	
Perf. %	57.12%	53.01%	41.97%	31.45%	42.57%	
Points	669	622	486	313	508	2,598
Men 70-74						
Dave Morris 72						
Meters	25.97	8.86	27.53	20.12	11.51	
AG Mark	39.27	11.93	35.18	33.80	13.13	
Perf. %	45.28%	51.62%	47.50%	34.33%	50.78%	
Points	500	602	567	353	628	2,650
Men 55-59						
Bill Pearson 59						
Meters	30.10	10.92	34.97	28.68	11.06	
AG Mark	39.56	13.87	38.82	38.37	12.41	
Perf. %	45.61%	60.01%	52.41%	38.97%	48.01%	
Points	505	720	641	419	588	2,873
Men 50-54						
Peter St. Pierre 51						
Meters	26.62	8.81	23.58	40.34	10.00	
AG Mark	31.58	10.32	24.09	49.52	10.48	
Perf. %	36.41%	44.66%	32.52%	50.29%	40.56%	
Points	376	505	350	581	479	2,291
Sukhwinder Virk 53						
Meters	24.47	10.04	22.54	25.39	9.52	
AG Mark	29.03	11.76	23.03	31.17	9.98	
Perf. %	33.47%	50.90%	31.09%	31.65%	38.61%	
Points	335	592	329	316	451	2,023



Women	HT	SP	DT	JT	WT	PTS
Women 60-64						
Rhona Trott 61						
Meters	29.98	7.35	18.39	16.70	9.68	
AG Mark	46.02	11.03	29.35	25.73	11.72	
Perf.%	59.78%	48.77%	38.22%	35.25%	49.66%	
Points	844	597	450	396	598	2,885
Women 45-49						
Kristen Dajia 48						
Meters	38.08	8.82	28.01	21.31	9.03	
AG Mark	48.42	10.53	33.77	26.59	11.69	
Perf.%	62.89%	46.55%	43.98%	36.43%	49.57%	
Points	897	564	534	412	596	3,003

TRIATHLON

Men	HT	SP	DT	JT	WT	PTS
Men 85-89						
Evalds Viskers 85						
Meters	0.00	7.85	21.04	16.37	0.00	
AG Mark	0.00	14.15	41.04	39.90	0.00	
Perf.%	0.00%	61.24%	55.41%	40.52%	0.00%	
Points	0	738	686	441	0	1,865

SINGLE EVENTS

MASTERS

Men

Hammer

	M	AG Mark	Perf.%	Points
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Men 55-59				
Bill Pearson 59	33.38	43.87	50.59%	576
Men 50-54				
Sukhwinder Virk 53	25.09	29.76	34.32%	347

Shot Put

	M	AG Mark	Perf.%	Points
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Men 85-89				
Evalds Viskers 85	8.15	14.70	63.58%	771
Men 55-59				
Bill Pearson 59	11.93	15.15	65.56%	799
Men 50-54				
Sukhwinder Virk 53	10.32	12.09	52.32%	612

Discus

	M	AG Mark	Perf.%	Points
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Men 85-89				
Evalds Viskers 85	21.24	41.43	55.93%	694
Men 55-59				
Bill Pearson 59	35.27	39.16	52.86%	648
Men 50-54				
Sukhwinder Virk 53	23.20	23.70	32.00%	342



Javelin		M	AG Mark	Perf.%	Points
Men 85-89					
Evalds Viskers	85	16.37	39.90	40.52%	441
Men 55-59					
Bill Pearson	59	28.68	38.37	38.97%	419
Men 50-54					
Peter St. Pierre	51	41.04	50.38	51.17%	594
Sukhwinder Virk	53	28.01	34.39	34.92%	361

Weight		M	AG Mark	Perf.%	Points
Men 55-59					
Bill Pearson	59	11.84	13.29	51.39%	638
Men 50-54					
Sukhwinder Virk	53	10.18	10.67	41.29%	490

Women

Hammer		M	AG Mark	Perf.%	Points
Women <30					
Cynthia Appiah	21	48.08	48.08	62.44%	890

Shot Put		M	AG Mark	Perf.%	Points
Women 80-84					
Velta Tomsons	82	6.45	13.37	59.12%	752
Women <30					
Cynthia Appiah	21	13.29	13.29	58.73%	747

Discus		M	AG Mark	Perf.%	Points
Women 80-84					
Velta Tomsons	82	14.68	37.02	48.21%	596
Women 30-34					
Marie-Josée Le Jour	31	50.15	50.15	65.30%	854

Javelin		M	AG Mark	Perf.%	Points
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Weight		M	AG Mark	Perf.%	Points
Women 60-64					
Rhona Trott	62	10.10	12.22	51.82%	629

