Calendar

Center is open Monday and Thursday from 10 a.m. - 2 p.m. and Friday from 12 p.m. - 4 p.m.

Monday

10 a.m. to 11 a.m. - Health and Wellness 11:30 a.m. to 12:30 p.m. -Mindful Meditation 12:30 p.m. to 1:30 p.m. - Lunch

Thursday

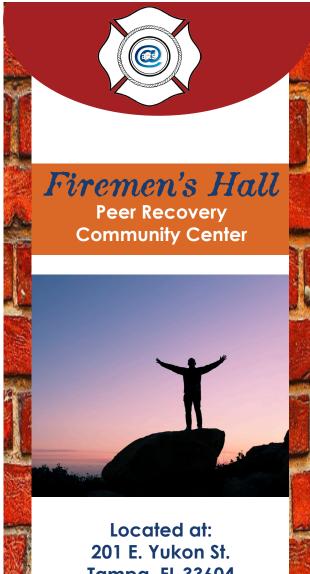
11 a.m. to 12 p.m. - Creative Arts 12 p.m. to 1 p.m. - Lunch 1p.m. to 2 p.m. -Living, Learning, Growing (Life Skills Building)

Friday

1 p.m. to 2 p.m. - Fresh Start 2 p.m. to 3 p.m. - Leisure 3 p.m. to 4 p.m. - Empowerment (Women's Group)







201 E. Yukon St. Tampa, FL 33604 Phone: 813.246.4899

Program facilitated by Agency for Community Treatment Services. www.actsfl.org

What is a Peer Recovery Community Center?

Peer Recovery Community Centers are a safe place where individuals receive respect, encouragement, and hope that supports and strengthens their recovery with mental illness, addictions, and/or trauma.

Who is eligible to attend?

Current ACTS clients in either the housing or diversion program are eligible to become a member of the Firemen's Hall program. If you have questions if you are able to attend, call 813.246.4899 for assistance.

Peer to Peer Support

Peer recovery support services are services that are delivered by people who have experienced substance abuse and /or mental health disorders and incarceration because of these things.

They know what it's like to struggle with daily pressures and stress, to overcome, the guilt, sadness, confusion, rebuild careers, relationships and self esteem. The purpose of peer recovery support services is to provide hope to those in recovery and to encourage them to stay in recovery.

10 Guiding Principles of Recovery (SAMHSA)

- Recovery emerges from hope
- Recovery is person-driven
- Recovery occurs via many pathways
- Recovery is holistic
- Recovery is supported by peers
- Recovery is supported through relationship and social networks
- Recovery is culturally-based and influenced

- Recovery is supported by addressing trauma
- Recovery involves individual, family,
- and community strengths and responsibility
- Recovery is based on respect





Types of Activities

Below are a sample of types of activities available through the Firemen's Hall.

- Self help group meetings
- Group meals
- Socials
- Excursions
- Speakers
- Individual Advocacy
- Systems Advocacy
- Computers
- Employments services
- Guest speakers
- Outreach programs

Core Components

To maintain continued recovery success, the ACTS Firemen's Hall programs components include:

- Strength-based approach
- Recovery plans
- Peer-led support groups
- Peer coaching and mentoring
- Increasing Informal support networks
- Increasing community resource
 utilization