

Education: BS in Criminal Justice with minor in Psychology from Marist College. MS in Counseling from Long Island University. Advanced Degree in Mental Health Counseling from Long Island University. NY State Licensed Mental Health Counselor.

Previous Experience: Counselor in Criminal Justice Informed Agency; Counselor with VCS Rockland working with Batterers and Domestic Violence.

Areas of Focus: Cognitive Behavioral Therapy (CBT), Aggression Replacement Treatment, and Motivational Interviewing Skills. Experienced with trauma informed care.