

**Excerpt from an Interview with Author Brenda A. White by
Dr. Michael L. McFrazier at The Final Offer Book Launch regarding
THE BEST I HAVE TO OFFER BLING T-SHIRT**

Dr. M. McFrazier: Tell us about the T-Shirt that some of the women are wearing here.

Brenda: In writing the book, *The Best I Have to Offer*, I wanted to inspire people to give their best in every relationship, friendship, or any endeavor. That was essentially what Gary and Mia had promised to each other even through their trials (and they had plenty). As in any relationship, they experienced a lot of adversity and challenges, but they were determined to stay connected. They learned three underlying lessons in the story -

1. BE THE BEST YOU,
2. KNOWLEDGE EMPOWERS YOU
3. FORGIVENESS IS FOR YOU.

So, as an extension of the message that I hope people got out of reading the book, my intent was that *The Best I Have to Offer Bling T-Shirt* would be inspirational to those who wear it and to all who see it. When you wear it, I hope it brings a “walk tall – head up – chest out” kind of confidence and serve as a reminder that you are the best you have to offer anyone. So, I encourage you to always be your best and always do your best by giving whatever you endeavor to do, your very best shot in that moment. Whether it’s physical, mental, spiritual, or emotional, always give it your best. Take care of yourself so that you’re offering your complete self in a healthy state of mind and body. We are human and we will make mistakes, we will have challenges, but in everything that deserves your attention, give it your best and continue to be the best you while striving for continuous improvement.

I have recently added an additional T-Shirt style, coffee mugs, and canvas totes to *The Best I Have to Offer line* with **I AM THE BEST I HAVE TO OFFER.**

#BetheBestYou

#TheBestIHavetoOffer