



The Effect of **Negative Ions**



Physical Performance	Improved
Endurance	Increased
Reaction Time	Improved
Recovery Time	Faster
Vitamin metabolism	Improved
Pain	Relieved
Cicatization (Healing)	Accelerated
Sleep	Improved
Fatigue	Reduced
Alertness	Improved
Mood	Positive
Sex Drive	Improved
Vitality	Improved
Allergies	Relieved
Gastric Acidity	Decreased
Cholesterol/Glucose	Lowered
Asthma	Improved
Skin Diseases	Improved

