



This same promise Jesus made to the disciples applies to us today. Through the gift of the Holy Spirit, God continues to dwell among His people, guiding, strengthening, and comforting us in every generation.

Those who are blessed with loving and supportive families experience how important it is to belong. A caring family helps a person grow in confidence, develop a sense of identity, and face life's challenges with courage. Unfortunately, not everyone experiences this kind of support. Some elderly persons live alone, some are homebound because of illness, and others feel forgotten and invisible even while living among many people.

Here, our Christian faith calls us to practice accompaniment. In our BECs and neighbourhoods, we are invited to notice those who may be lonely or isolated. A simple visit to an elderly neighbour, bringing a copy of the parish bulletin or the Herald to a homebound, offering a listening ear, or helping with daily needs can become powerful signs of God's love. In these small acts of care and attention, the **Holy Spirit works through us to remind others that they are not forgotten or alone.**

The Holy Spirit is a real person who loves and cares for us. He strengthens us in times of trial and encourages us when we feel weak, just as He strengthened the apostles in their mission. Through the Holy Spirit, Jesus continues to be present in every generation and in every personal situation.

Faith also unites us with one another. Through faith, we are no longer orphans but brothers and sisters in Christ. Our natural longing to belong finds its ultimate fulfilment in God's glorious family, which begins here on earth in the community of believers and will be perfected one day in Heaven. ✚

NEWBEC

NEW WAY OF BEING CHURCH | 6th Sunday of Easter | 10 May 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: FAMILY: Accompaniment



Jesus promises that those who love Him and keep His commandments will experience His presence and the presence of the Father. Jesus reassures his disciples, "I will not leave you orphans." Though he will no longer be physically present with them, they will not be left alone to struggle with their faith. The Father will send the Holy Spirit to remain with them and guide them.

SCRIPTURE of the DAY

Acts 8: 5-8, 14-17

Psalms 65: 1-7, 16, 20

1 Peter 3: 15-18

John 14: 15-21



✚
"Through the Holy Spirit we are restored to paradise, led back to the Kingdom of heaven, and adopted as children of God."

- St Basil the Great



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.(Priest address)
1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

Dear Parishioners and Friends

THANK YOU very much for helping to raise the needed funds to repair the roof fascia board. We asked for *RM50,000/-*; and we have collected **RM52,530/-**.

The roof work has been completed and the project details are posted at the Notice-board.

Thank you very much for your generosity.

(Parish Priest)

CLERGY MEETING

All priests will be away in Penang for a meeting on Tues. 12 & Wed 13 of May,2026. There will be no 7 a.m Mass on Wed. 13 May,2026.

ASCENSION THURSDAY

(HolyDay of Obligation)

(Date) **Thurs 14 May, 2026**

(Time) 6.30 a.m. Mass
7.30 p.m. Rosary
8.00 p.m. Mass

GOTONG-ROYONG

In preparation for the coming Feastday of Our Mother of Perpetual Help, there will be a Gotong-Royong on

Sun. 24 May, 2026 @ 2 p.m

All ministries & parishioners are invited. Please bring your mops, brooms, towels, buckets etc. for cleaning. More hands make light work!

MAY THE MONTH OF ROSARY

We will pray the rosary as a community.

SCHEDULE for ROSARY

Weekdays-

* 6.40 a.m Rosary, Mass at 7.00 a.m

Weekends -

* Sat. 7.10 a.m Rosary, Mass at 7.30 a.m

* Sun. 7.40 a.m Rosary (E); Mass @ 8.00 a.m
9.30 a.m Rosary (I); Mass @ 10 a.m
11.10 a.m Rosary(C); Mass @ 11.30 a.m

PARISH ACTIVITIES & MEETINGS: (MAY 2026)

- * 10/5/2026 – 1.00 p.m. – Learning Centre (2nd Fl.)
- * 10/5/2026 - 6.00 p.m - Sunset Choir practice (church)
- * 10/5/2026 – 7.00 p.m - PPC meeting (St.Mk.Rm.)
- * 12/5/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 12/5/2026 - 8.00 p.m. - Tamil Charismatic (church)
- * 13/5/2026 – 7.30 p.m. – Caritas OMPH (St.Mk.Rm.)
- * 15/5/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 17/5/2026 – 11.30 a.m. – Tamil Apostolate (St.Mk. Rm)
- * 17/5/2026 – 1.00 p.m. – Learning Centre (2nd Fl.)
- * 17/5/2026 – 6.00 p.m - Sunset Choir practice (church)
- * 19/5/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 19/5/2026 - 8.00 p.m. – Liturgical Committee (Parish Hall)
- * 19/5/2026 - 8.00 p.m. - Tamil Charismatic (church)
- * 21/5/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 21/5/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 21/5/2026 - 8.00 p.m. – Tamil Choir practice (St.Paul Rm.)
- * 22/5/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 24/5/2026 – 2.00 p.m. – Gotong-Royong (church)
- * 26/5/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 26/5/2026 - 8.00 p.m. - Tamil Charismatic (church)
- * 26/5/2026 - 8.00 p.m. – Communication & Media (St.Mk.Rm.)
- * 29/5/2026 – 8.00 p.m. – Area Coordinator (St.Mk.Rm.)

MAY/JUNE 2026 COFFEE MORNINGS:

- 10/5/2026 - BEC St.Jude
- 17/5/2026 – BEC St.Philip
- 24/5/2026 – Tamil Hospitality Ministers
- 31/5/2026 - Hospitality ministry (E)
- 7/6/2026 - BEC St.Anthony
- 14/6/2026 - CGS
- 21/6/2026 - RCIA

BIBLE REFLECTION & HOME-GATHERING:

- * 15/5/2026 – 8 p.m – BEC St. Francis De Sales; Home of Michelle Koak.
- * 17/5/2026 – 8 p.m – BEC St.Francis De Sales; Home of Janet & Cecilia Richards

ETERNAL HAPPINESS TO:

+ Rose Chen Siew Yin departed on 9 April, 2026



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.
Next meeting: Fri 29 May, 2026 at 8 p.m. in St.Mark room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

EVENING FOR THE ENGAGED 2026.

Please see your Parish Priest for registration.

Couples planning to get married in the year 2026, please take note of the EE Weekends english during the year.

You are requested to register six (6) weeks before the weekend

EE148 7-9 Aug.,2026

EE 149 13 – 15 Nov.,2026

For enquiries: Tel: 016 4413494

Nicholas (after 6 p.m only)

Tamil Catholic Marriage Preparatory Course 2026

(TCMPC)

1. Aug Fri 21 to Sun 23

2. Nov Fri 6 to Sun 8

(venue) Domus St.Anne, B.M

MONTFORT BOYS TOWN

Admission open for youth ages from 16 – 19 years old;

It will be held on 23 & 24 July 2026.

The course offers electrical, hospitality, automative, bakery & pastry, facilities maintenance and graphic design & multimedia.

Application forms can be downloaded from –

www.montfort.org.my

or, Contact: 03-5519 1735/36 (office)

PENTECOST TRIDUUM 2026

Come, let us prepare for the outpouring of the Holy Spirit and the Birthday of the Church.

PREACHED MASSES @ 7.30pm @ OMPH IPOH

Day 1 - Wed 20th May

" **Personal and Communal Renewal**"

Day 2 – Thurs. 21st May

"**The Gift of Unity**"

Day 3 - Fri 22nd May

"**Empowered for Mission**"

OMPH IPOH CHANNEL (Whatsapp)

In celebration of World Communications Sunday, members of our Communications and Media Ministry will carry out **TUTORIAL 2.0** on how to access and follow this official channel of our parish activities on Whatsapp. This will take place on Saturday **16th and Sunday 17th May 2026 Masses.** Should you need assistance, members of our team stationed at the booth near the bell tower after Mass will gladly assist you.

CHOICE is a weekend live-in experience for Single Adults (21 – 40 years) developed through the generosity and selfless love of the Worldwide Marriage Encounter Family.

Choice is a self enrichment experience. It is a weekend getaway from the busy lifestyle. It's about making choices, looking into every aspect of our relationship with the significant people in our lives. Our weekend experience gives young single adults the opportunity to meet like-minded people, and be able to look at the various relationships in our lives, in a relaxed and informal environment.

CHOICE English Weekend #63

Date: 4 Sept 2026 (Fri), 6.00pm – 6 Sept 2026 (Sun) 5.00pm

The Weekend will be held in Minor Basilica of St. Anne, Bukit Mertajam.

Contribution: RM150 per person (inclusive of stay-in).

Closing date: 30/7/2026

Registration/Enquiries: Please contact Esther Boo at 017-7946901.

CHOICE Mandarin Weekend #13

Date: 14th Aug 2026 (Fri), 6.00pm – 16th Aug 2026 (Sun) 5.00pm

The Weekend will be held in Minor Basilica of St. Anne, Bukit Mertajam. Contribution: RM150 per person (inclusive of stay-in).

Closing date: 5/7/2026

Contact: Lawrence Soon (018 7913225) or Agnes Lim (012 3986918)

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(10 May 2026) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
 (All in *English* unless stated otherwise.)

SUN.10 SIXTH SUNDAY OF EASTER (Year A)

7.40 a.m Rosary; 8.00 a.m Mass (E)
 9.30 a.m Rosary; 10.00 a.m. Mass (T)
 11.10 a.m Rosary; 11.30 a.m Mass (C)

MON.11 6th Week of Easter (Wk 2)

6.40 a.m Rosary; 7.00 a.m. Mass

TUES.12 6th Week of Easter (Wk 2)/SS. Nereus & Archilleus/St.Pancras

6.40 a.m Rosary; 7.00 a.m. Mass
 8.00 p.m Tamil Charismatic (church)

WED.13 6th Week of Easter (Wk 2)/Our Lady of Fatima

~~NO 6.40 a.m Rosary; 7.00 a.m. Mass~~

THURS.14 THE ASCENSION OF THE LORD

6.30 a.m Mass
 7.30 p.m Rosary; Mass at 8.00 p.m.

FRI.15 6th Week of Easter (Wk 2)

6.40 a.m Rosary; 7.00 a.m. Mass.

SAT.16 6th Week of Easter (Wk 1)/B.V.M

7.10 a.m Rosary.
 7.30 a.m Mass. (Novena intentions)
 9.00 a.m Novena devotion to Our Mother of Perpetual Help. (church)
 5.00 p.m Novena devotion to Our Mother of Perpetual Help. (church)
 5.45 p.m Mass (E)

SUN.17 SEVENTH SUNDAY OF EASTER (Year A)

7.40 a.m Rosary; 8.00 a.m Mass (E)
 9.30 a.m Rosary; 10.00 a.m. Mass (T)
 11.10 a.m Rosary; 11.30 a.m Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 10/5/2026 - 8.00 a.m – Mass in Tamil.

2nd COLLECTION: 10/5/2026 – For parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS:..... Year A) (WEEKDAY READINGS :..... Year 2)

SUNDAY 10	(10 May – 17 May, 2026) (a) Acts 8: 5-8, 14-17. (Ps 65: 1-7, 16,20) (b) 1 Pt 3: 15-18 (c) Jn 14: 15-21
MONDAY 11	(a) Acts 16: 11-15. (Ps 149: 1-6, 9) (b) Jn 15: 26 – 16: 4
TUESDAY 12	(a) Acts 16: 22-34. (Ps 137: 1-3, 7-8) (b) Jn 16: 5-11
WEDNESDAY 13	(a) Acts 17: 15, 22 – 18: 1. (Ps 148: 1-2, 11-14) (b) Jn 16: 12-15
THURSDAY 14	(a) Acts 1: 1-11. (Ps 46: 2-3, 6-9) (b) Eph 1: 17-23 (c) Mt 28: 16-20
FRIDAY 15	(a) Acts 8: 9-18. (Ps 46: 2-7) (b) Jn 16: 20-23
SATURDAY 16	(a) Acts 18: 23-28. (Ps 46: 2-3, 8-10) (b) JN 16: 23-28
SUNDAY 17	(17 May – 24 May, 2026) (a) Acts 1: 12-14. (Ps 26: 1,4,7-8) (b) 1 Pt 4: 13-16 (c) Jn 17: 1-11