


AGENDA
Southeast Washington Regional FYSPRT
04/03/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.	<div>Ground Rules</div> <ul style="list-style-type: none">Attendees should have a chance to speak and express their own ideas freelyEveryone has an equal opportunity to shareFYSPRT encourages a variety of points of view to be put forward and discussedAttendees should work to remain open-mindedStay true to the FYSPRT Mission and VisionAll respectful feedback is welcomedAll are welcome at FYSPRT meetings
https://www.southeastfysprt.org/home.html			
Agenda Items		Discussion & Notes	
Welcome & Introductions (5 minutes) (Alyssa)		Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.	
Meeting minutes		Review of meeting minutes from: <u>March</u> Motion made by: <u>Kaila Epperly</u> Seconded by: <u>Nicole Murphy</u> Did the vote carry? <u>Yes</u>	
Presentation(s)		Office of Behavioral Health Advocacy: “Know your Rights.” Alex Baccus, Washinton State Thurston/Mason advocacy coordinator -CPSS, email: alex@obhadvocacy.org Presented on Rights of Youth, Self Advocacy: Speaking Up, Setting Boundaries in a Therapeutic Setting.	
FYSPRT Updates		Seeking Tri-Leads for youth and family, Tabling this month in Selah at a Community Resource event and KiBe event.	
Standing Items		Crisis: MOT in Yakima is going well, no new updates. Behavioral Health Providers: MCOs: n/a	

AGENDA
Southeast Washington Regional FYSPRT
04/03/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	<p>WISE: Kaila/ Lutheran has expanded scope to outpatient services, accepting Medicaid only but hope to open to additional insurance in future, appointments for youth only and mostly telehealth option, also they have contracted for 2 more clinicians to be placed at schools</p> <p>YARP: making connections in all 9 counties, tabling 3 events this month</p> <p>Schools/ESD: n/a</p> <p>DSHS/DCYF/DDA: n/a</p> <p>Other: Cindy/GCBH: participating in meetings representing people with lived experience, Advanced Directive update and contact Alyssa for contact who is expert at assisting others</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/YX6PNVG
Closing Announcements	Went over FYSPRT goals and provided information on state FYSPRT meetings.
Regional FYSPRT meeting dates 	<p>Thursday, April 3, 2025, 3:30-5pm</p> <p>Meeting ID: 893 4070 2913</p> <p>Passcode: 114818</p> <p>https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon</p>
State FYSPRT meeting dates	<p>Tuesday April 1, 2025 via zoom from 3 p.m. - 5 p.m</p> <p>All are welcome to attend the State FYSPRT meetings!</p> <p>https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>